



BEKO Netball League

The Northern Zone Elite Performance Programme is the platform for any aspiring athlete, coach, or manager who wishes to apply for a position or be considered for selection for the Northern Zone BEKO netball league teams; the Northern Marvels and the Northern Comets.

This document outlines the selection and appointment criteria for in 2017-2018, as well as some frequently asked questions (FAQs).

Athletes	<ul style="list-style-type: none"> • An annual commitment to actively participate in the NZEPP. • Registered with one club and one netball centre in the Northern Zone* • Meets the selection criteria of the NZEPP Selection panel. These criteria include the selection balance of athletes who: <ol style="list-style-type: none"> 1. Have the experience to perform at the required level to win the BEKO Netball League. 2. Are driven to work hard in training to grow their capacity as an athlete. 3. Are developing players who are open to learning opportunities to grow their game. ** <p style="text-align: center;">It is important to note that being selected in the NZEPP does not guarantee eligibility for BEKO selection</p> <p><i>*NB If your club team plays across two netball centres on different nights, you may only register at one centre.</i></p> <p><i>**NB Developing players who are still at school can only be considered for BEKO after approval is granted from Northern Zone HP Advisory panel and Netball NZ. Trial eligibility will be granted on a case by case basis for 2018 and beyond.</i></p>
Managers	<ul style="list-style-type: none"> • Are engaged and committed to contributing to NZEPP. • Preferably either industry experience in a professional environment and/or relevant tertiary management qualification. • Preferable to have previous experience and success working in a performance environment. • Willingness to be led by a Head Coach within a positive learning environment. • A sole commitment to only managing BEKO during the campaign* <p><i>*NB While being a manager of a BEKO campaign they will not commit to managing any other team.</i></p>

	<p>The Managers position will be contestable each year and advertised through the NZEPP.</p>
Coaches	<ul style="list-style-type: none"> • Are engaged and committed to contributing to NZEPP. • NNZ Performance Coach Qualification Pathway (currently engaged or working towards). • Previous experience and success working in a performance environment • Willingness to grow self-awareness through learning • A sole commitment to only coaching BEKO during the campaign* • A tertiary coaching qualification(s) is desirable, but not essential. <p><i>*NB While coaching in a BEKO campaign the coach will not commit to any other team.</i></p> <p>BEKO Head Coach – contracted every 2 years To support the learning and development of the BEKO coaches, Netball Northern Zone will</p> <ul style="list-style-type: none"> • Seek to appoint the Head-Coach role as a two- year contract cycle. • Undertake a review process annually at the conclusion of the season *. <p>*NB the re-appointment in year two will be made following:</p> <ol style="list-style-type: none"> 1. A comprehensive and satisfactory performance review 2. An updated Coach Development Plan 3. An updated Performance Plan <p>The Assistant Coach position will be contestable each year and advertised through the NZEPP.</p>
FAQs	<p>Do I have to be part of the NZEPP to be eligible for BEKO trials? Yes</p> <p>How will BEKO trials be administered? Northern Zone BEKO trials are combined for both Northern Comets and Northern Marvels. Trials will be held on February 1st and February 3rd, 2018. An individual's eligibility to trial for BEKO will have been determined through the NZEPP prior to trials occurring and all trialist's will be considered for the Northern Marvels and the Northern Comets.</p> <p>Who are the BEKO selectors? There are three distinct groups of selectors:</p> <ol style="list-style-type: none"> 1. Northern Comets Head and Assistant Coach, plus one other 2. Northern Marvels Head and Assistant Coach, plus one other 3. The Independent BEKO Selection Panel (up to four individuals who have the selection skills, knowledge of Northern Zone athletes and extensive selection experience) <p>What is the role of the independent selection panel? The independent panel is primarily responsible for:</p> <ul style="list-style-type: none"> • Ensuring two competitive squads are selected, which include the best 24-30 eligible athletes in the Northern Zone • Ensuring current performance and developing future high-performance athletes are the driving factors behind selection • Hear and weigh evidence from the other two selection groups as to why athletes should be selected in one or the other team

What if I cannot play for either one of these teams?

You should contact the Northern Zone Performance Manager to discuss this prior to trials.

What if I am injured and cannot trial?

This will be considered on a case by case basis depending on the nature and anticipated recovery from injury. The NZEPP holds historical and current information on all eligible athletes, which will be available to the selection panel at the time of trials. This information may be referred to during selection.

Will athletes from outside of the Northern Zone be allowed to trial for BEKO?

Only if they are part of the NZEPP and have paid their NZEPP annual subscription prior to trials. There are a small number of athletes who are moving to Auckland for work or study in the New Year. These athletes registered with the NZEPP at the same time as athletes who are currently participating in the NZEPP, but because they are living out of Auckland or are overseas they cannot attend the NZEPP investment season programme. Some completed athletic testing in early November alongside all other NZEPP athletes. These individuals are being monitored in the same way as all NZEPP athletes and their BEKO trial eligibility will be determined alongside the criteria set.

If I am selected for BEKO what will training, and practices involve?**Pre-Season (from selection to May 2018)**

- Up to three team practices each week
- Two strength and conditioning (S&C) sessions
- 1 recovery session
- Pre-season games – dates and venue to be provided in 2018

In-season (May to August 2018)

- Up to three team practices each week
- Two strength and conditioning (S&C) sessions
- 1 recovery session
- Home game (a whole day)
- Away game (overnight travel, plus a day, which might include a week day for some South Island venues)

How many athletes will be selected in each BEKO squad?

Up to 15.

How many players are selected in the BEKO team each week?

10. This can include any eligible ANZ Premiership contracted players and training partners, as well as those who are in the BEKO squad.

How is the team selected for BEKO each week?

All BEKO squad athletes will be considered for selection each week leading up to the game. Selection is at the discretion of the coaching team and will be based on

the current performance of the athletes in the squad. It is critical for all athletes to attend training if they wish to be selected?

What if I am not selected to play in the BEKO team each week?

The BEKO Head Coach will work with your club coach to ensure you have access to your club team and can get game time with your club.

What will happen if one or other of the BEKO squads need to select extra athletes during the season?

The Head Coaches will look at non-selected who are part of the NZEPP athletes first. Performance readiness and the positional requirements of the BEKO squad will be the first consideration. Decisions about who and when to select new athletes into either one of the BEKO squads will be at the discretion of the Northern Zone Performance Manager and the principles which guide the NZEPP will be at the forefront of those decisions.

Can I play in another netball team or an alternative sport at the same time as playing BEKO?

It is most unlikely. The BEKO Netball League is designed to prepare athletes for elite netball. As such all BEKO athletes are expected to train like performance athletes; which requires a commitment to the level of training described above.

What if I trial and am not selected for a BEKO Squad?

You will remain a member of the NZEPP and the Zone will track and monitor your progress alongside your club or school coach throughout the netball season. Even if you are not selected for BEKO you may be invited to any events that are offered through the NZEPP. This may include, but is not limited to ANZ Premiership and BEKO training and games.

Will it cost me any money to play BEKO league netball?

The Northern Zone does not charge a fee to play BEKO. However, there is an annual subscription to be part of the NZEPP. This subscription must be paid prior to BEKO trials. If an athlete has financial difficulty paying this subscription they are encouraged to write to the NZEPP administrator @ NZEPP@netballnorthern.co.nz

These questions and answers are not the Netball Northern Zone BEKO Selection Policy, rather a resource to help you understand what the NZEPP and BEKO seek to achieve for elite performance in our Zone. Netball Northern Zone reserves the right to consider an individual's circumstances on a case by case basis; and to update this information at our discretion.

For further information please contact Tia Winikerei – Netball Northern Zone Performance Manager on tia.winikerei@netballnorthern.co.nz or 0211906320