

COMMUNITY NEWSLETTER

JULY 2023



It has certainly been a wet few weeks, which has been a challenge for what is largely an outdoor sport. As a parent on the sideline, I can only congratulate the commitment of everyone involved on those wet days!

Not escaping the bad weather was the recent North Island Champs down in Taranaki. Congratulations to all the Northern Zone teams, along with your coaches, umpires and other support personnel, that performed so well at these championships. I know how much effort goes into the preparation prior to tournament week. I hope it was an enjoyable experience for you all. Congratulations to Netball Waitakere for winning both the Under 14 and Under 16 titles!

Good luck to those heading down to the Under 18 Championships in Hamilton next week. It is sure to be another great tournament, and it is great to see a Under 17 Boys division included for the first time. Good luck to Howick Pakuranga and Waitakere who have entered teams in this division.

As noted later in this newsletter we also have a number of umpires attending the Under 18 tournament. Good luck to all of you as well. Our Talent Identification group will also be in attendance, looking out for those talented players with an eye to NNL and ANZ Premiership opportunities over the next few years.

Later this month we are running a series of Centre Engagement sessions and we hope to see all our Centres represented at these meetings. They are an important opportunity for us to hear from you, so that we can continue to improve and refine the work that is done by the Zone with each Centre.

Our refresh of the Auckland Netball Facilities Plan is also about to get underway. Keep an eye on your inbox for further information on this important topic. Anita Coy-Macken from Visitor Solutions is leading this project for us.

Finally, I want to wish our Silver Ferns all the best for the World Championships that start later this month!

Phil Vyver
CEO

FROM OUR BOARD

Board annual plan

Our Zone Board has two active committees:

1. Funding – participates in development, delivery and monitoring of funding plan including grant funding and sponsorship.
2. Finance and Risk – focussed on financial reporting including the budget, control environment, external audit and risks.

Our Board Appointments Committee and Governance Committee generally meet once a year.

With the participation of our volunteer board members in committees as well as board meetings and being conscious of the burden on Phil and our staff team for reporting, we have decided to trial a change from monthly board meetings to bi-monthly board meetings. The two committees will meet in the non-board meeting month.

We have updated our board annual plan to include board and committee meeting dates and agenda items so that we can be collectively well prepared. We have spread topics such as policy reviews and stakeholder and staff engagement across the six planned meetings. We do expect there will be some approvals and engagement by email between board meetings, but expect the reduced plan to be more efficient.

We are happy to share the board plan if it is of interest to you. Here is the link to Sport NZ resources on the topic:

<https://sportnz.org.nz/resources/step-2-develop-the-work-plan/>

Attend centre board and committee meetings – please invite us

We (members of the Zone Board and CEO Phil) would like to participate in a board or committee meeting at your centre. This is part of our effort to enhance communication and collaboration, specifically with a governance focus, so complementary to Centre engagement workshops and other regular collaboration.

We are keen to attend in person later in the year or online if that is how the your meeting is run. Please contact Phil Vyver – phil.vyver@netballnorthern.co.nz to schedule this participation.

Thank you to you for all that you do for netball, enjoy the season (and hopefully some more sunshine) and take care everyone!

Go the Silver Ferns!

Mary
Board Chair

Umpires

Congratulations NNZ U18 Northern Umpires

The Celebration Box Netball NZ U18 Championship is Netball New Zealand's largest netball competition and an important opportunity for talent development and identification. The outdoor competition is held over four days in the second week of the July school holidays. The competition is a key steppingstone for players and umpires along the development pathway.

Congratulations to these Northern Umpires who were selected to travel to Hamilton for the 2023 Celebration Box NNZ U18 Champs from 10th – 13th July.

Kian Manilal	Kira Morrison
Ginny Peek	Catherine Simpson
Sam Clarke-Winiata	Taasha Clifton
Caitlin Edwards	Julia Lim
Emily Stinger	Laura Mallon
Greer Thomas	Zayna Patel



We hope you have a great tournament and know that you will do well representing Northern Zone and your Netball Centres.

Bench Officials

Our bench officials not only work hard throughout the year at the Synergy Hair Netball League, ANZ Premiership, local tournaments and in their local netball centres, they are also selected to go to national tournaments.



Congratulations to Alison Tranter and Bobby-Jo Buchanan who were selected to travel to the NNZ Open Champs in Dunedin from 5th – 9th September.

Congratulations to Adele Edmonds, Carollynn Frew, Louise Houltham, Susan Moke and Therese Dixon who were selected for the NNZ Secondary School Champs to be held at Trusts Arena, Auckland from 3rd – 6th October. Also to Rachael Smith who will be the Bench Official Co-ordinator for NNZ Secondary School Champs.



Auckland REP Tournament – Coaching Panels

With it recently being Volunteer Week in NZ, we would like to take this opportunity to thank the umpire coaches in each of our netball centres that support, and coach umpires each week. A lot of them do this whilst also being players and umpires themselves (netball whanau wear so many hats!). Many of them also volunteer their time to travel to other centres to coach and assess umpires when needed, they volunteer at our local REP tournaments and answer the zone's request for help when smaller centres need assistance or travelling away to tournament to be part of a panel.

Special thanks to the umpire coaches that joined us on the REP circuit this year.

Tracey Raututi, William Hudson, Stephanie Maxwell, Elsie Tua, Ann Tod, Rebecca Callaghan, Eleanor Kitching, Amie Pooley, Zak Middleton, Cory Nicholls, Debbie Shoebridge, Raewyn Vile, Jan Skilton, Alastair Tod, Becky George, Sam George, Darren George, Kira Morrison, Arisa Parr-Whalley, Leah Lazurus.

Thank you! You may never have any idea of the support and impact you have on our up-and-coming umpires.

NetballSmart

Representative teams NetballSmart workshops

As the rep netball season is kicking into gear NetballSmart has been visiting each team across the Zone to prepare them for their upcoming tournaments. The workshops focused on what it looks like to be a good athlete both off and on the court. The key focus areas were around correct hydration and nutrition, and the effect poor nutrition and hydration can have on the athlete's performance. As little as 5% in reduction in total body water can decrease performance by up to 30%. The U18 teams had an analysis of their warm-up to ensure they were meeting the physiological demands of netball and were confident with the correct movement patterns. NetballSmart then attend the Netball North Harbour representative tournament and it was great to see the teams implementing the feedback they had been giving at the workshops. It was great to have some informal conversations with coaches, managers, and parents about NetballSmart and how they can support their athletes. Good Luck to all the teams attending Envirowaste North Island Junior Netball Championships and the Celebration Box U18 Champs!

NetballSmart will be running AIMS workshops in August for teams attending AIMS workshops please look out for the dates these will be held. They will be held at Netball Centres and cover the NetballSmart Power warm-up as well as tournament tips for players.

Please don't hesitate if you have any questions on this: netballsmart@netballnorthern.co.nz



Centre Engagement Sessions

Northern Zone is always keen to hear from our Centres so please Save the Date for our Centre Engagement Sessions.

Auckland Area Centres:

Monday 24th July, 10.00am—12.30pm, Auckland Netball Centre


OR

Tuesday 25th July, 6:00pm – 8:30pm, Pukekohe Netball Centre

Northland Area Centres: Sunday 30 July, 3pm-5pm, Kerikeri Netball Centre

Invite is open to all Centre personnel – staff, key volunteer, board or executive committee members – to connect, share and provide insights to feed the Zone and NNZ key areas of priority.

<https://www.sporty.co.nz/viewform/241494>

**NETBALL
NORTHERN**

Auckland/Northland Centre Engagement


Monday 24th July
10.00am—12.30pm
Auckland Netball Centre

or

Tuesday 25th July
6.00pm-8.30pm
Pukekohe Netball Centre

or

Sunday 30th July
3.00pm to 5.00pm
Kerikeri Netball Centre



Purpose is to bring together our Auckland/Northland regional Centres to enable discussion and feedback on the key areas of priority for netball in our Zone in 2023 and planning for 2024.

Attendance is open to any members of netball centres in Auckland/Northland be they paid or volunteer staff, Board or Executive committee members.

The sessions will run between the times above which will include time for connection . For catering purposes and a SWOT survey link to be sent out please make sure that the below registration link is completed.

<https://www.sporty.co.nz/viewform/241494>

Any queries please email: centrerm@netballnorthern.co.nz
or call Amanda 0273030604

Mangonui Court Refurbishment Opening

It was a moving and treasured day at Mangonui Netball Centres as the refurbished courts were blessed. As well as being a lovely sunny Northland day it was fantastic to hear the history of the Centre from Life Member Clare Stensness – the stories of volunteers over the years with their bake sales, dances and any variety of fundraising ideas resonates with many of our netball elders. Phil and Karyne are super appreciative of the invite and for being part of your special day.



Regional Netball Facilities Refresh

As mentioned at the Northern Zone AGM, we are undertaking a refresh of the Auckland Netball Regional Facilities Plan. Visitor Solutions Ltd have been engaged to undertake this project with first steps being fact finding! Shortly a Centre Survey will be sent to you that has been pre-populated with as much info as we could find. Centres need to check the information and complete the rest of the survey template. We strongly encourage Centres to engage key personnel, volunteers and committee/boards to provide as much detail as possible.

Any questions can be directed to Anita Coy-Macken of Visitor Solutions who will be circulating the email, or to Phil Vyver CEO Northern Zone.

Coach

Community Coach Award

The ideal Community Coach will:

- Nurture a love of Netball
- Coach in a Player-Centred approach
- Growth Mindset
- Focus on skill development, decision making and a nonlinear approach to skill development
- Reinforce ethical approaches to sport and recreation
- Understand they're in the business of creating not only better players, but better people
- Have a sense of working in a wider coaching community with similar goals

CCA Level 1 award requires the coach to complete the Sport Tutor online modules as well as the practical components at a workshop. The modules include Attack, Defence, Building Effective Relationships, Selecting, Skills Analysis, Shooting, Team Culture, Planning, Learning to Umpire and Netball Smart Module.

Congratulations to the below coaches for achieving their Community Coach Award Level 1:

- Arielle Renate – Netball Waitakere

To achieve the Netball New Zealand **Community Coach Award Level 2** you are also required to complete online and practical components. They include, Developing Physical Literacy, Introduction to Mental Skills, Through-court, Tournament Planning, Centre Pass on Attack and Defence, Circle Work, Introduction to Game Analysis, and a practical coach observation.

Congratulations to the below coaches for achieving their Community Coach Award Level 2:

- Katherine West – Pukekohe Netball Centre
- Jasmine Tukukino – Netball Manurewa

Good Sports – Auckland Netball



Good Sports is a culture change initiative aiming to create positive sporting experiences for children by educating and supporting the key adult influencers in youth sport.

Well aligned to Balance is Better, it recognises that supporting and educating adults is crucial to ensure Kiwi kids have the best chance of having positive sporting experiences and ultimately growing a lifelong love of sport.

Thanks to Auckland Netball Centre for hosting our first Zone Good Sports Workshop.

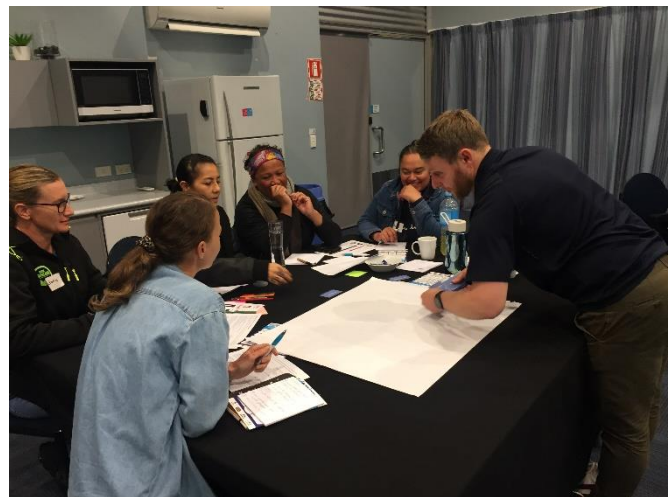
Staff, Coaches and Administrators from the Centres and schools at Auckland Netball Centre and Howick Pakuranga Netball Centre took part in learning more about Good Sports. Applying the Good Sports spine and BIB philosophies into our Centres and competitions along with championing others and looking at what's next were all key topics covered.

Thanks to Ben Wu from Aktive, Michael Halliday from Sport Auckland, Alysha Jensen from Netball NZ for supporting myself and Karyne Ross in facilitating this workshop. We are very lucky to have the support of all of our Regional Sports Trust's who are working tirelessly with other codes and schools to deliver the Good Sports message. Netball Northern are also working with other Centre's to see where we can support in the Good Sports space.

Netball New Zealand have done a great job of putting together some messaging that all Centres, Clubs and Schools can use in the way of posters, videos and other resources. You can access these through this link.

[Netball New Zealand \(netballnz.co.nz\)](http://netballnz.co.nz)

Please reach out to Amanda Dyason, Centre Relationship Manager for more information on Good Sports.



2024 TEAM ANNOUNCEMENT



The triumphant MG Mystics squad of 2023 will once again pull on the blue dress next season with the announcement that nine of the current squad have re-signed, in addition to a promising young shooter, Hannah Glen.

Trident Homes Tactix young gun Hannah will make her way north to the Mystics, after sitting the 2023 season out with a knee injury she sustained prior to the first game, and will replace outgoing shooter Monica Falkner who is taking time away from the court as she prepares to welcome her first child in December.

Promising young defender Catherine Hall has received her first full contract having impressed during her time as a Mystics training partner and member of the Northern Marvels.

Full release: <https://www.northernmystics.co.nz/news/reigning-champs-return-for-2024-season-with-new-addition-to-the-shooting-circle/>

SEASON WRAP

Mystics

Many have said that 2023 has been a fairytale season for the MG Mystics and in particular for retiring skipper Sulu Fitzpatrick who is hanging up her dress after 154 national league matches and a swansong for the Silver Ferns at the Netball World Cup in Cape Town, South Africa next month.

From the outside looking in, that's exactly what it looks like. But to call it a fairytale would be to disregard the hard mahi, the road bumps, the highs and the lows and the downright unrelenting spirit of this team. Championship teams don't get there by luck, they get there on purpose.

To win the title was a vision held by every single member of the Mystics whānau at the outset and one driven by head coach Tia Winikerei in her debut season. To see that realised on June 4 certainly looked and felt every bit the fairytale, but here's the real tale!

Full article: <https://www.northernmystics.co.nz/news/the-real-tale-behind-the-mg-mystics-fairytale-season/>

Marvels

The Northern Marvels started and finished the season with strong wins. Having the opportunity to use the majority of the squad of 18 at some point during the season was an important piece to the Marvels campaign.

Some highlights of the season off the court were when Mystics and Marvels travelled to Dunedin and had dinner together. The Mystics players presented the Marvels players with their playing dresses.

Several Marvels players had the opportunity to train, travel and play with the Mystics throughout the season with Dani Binks, Catherine Hall and Holly Mather all taking the court in the ANZ Premiership. We also congratulate Catherine Hall on her ANZ Premiership contract with the Mystics for the 2024 season. We have loved seeing all the girls grow in the NNL environment this season and Catherine especially has shown all these players that if you work hard you can absolutely be successful.

Congratulations must also go to Pricilla Rasmussen and Le'Oxeayn Maiu'u who both made the New Zealand Secondary School Team. The NZSS team will travel to Australia from 27 June-3 July where they will be involved in the U19 Australian camp, providing some vital international play which has been missing in the past three years due to the global pandemic. Safe travels and good luck to you both.

High level result for the Marvels season was four wins and four losses finishing in 3rd place on the table. Very disappointing to not make the final as one more win would have seen the Northern Marvels in the final.

Highlight was soundly beating Manawa (eventual winners) by 10 goals in the last game of the season, showing the squads growth and development.

The development and improvements of the squad was great to see. While we did not achieve the objective of winning NNL our last game was a performance of high quality and a great result.

A summary of key results:

Opposition	For	Against	Result	Comments
Mainland	62	45	Win	Won 3 of 4 quarters, drew 1 st quarter
Waikato	49	46	Win	Won 3 of 4 quarters
Comets	47	61	Loss	
Southern Blast	43	46	Loss	
Manawa	44	53	Loss	Won 4 th quarter
Waikato	58	50	Win	
Comets	38	53	Loss	Won 3 of 4 quarters, large last quarter loss
Manawa	56	46	Win	Won 2 quarters, drew 1 and lost one.



WITH THANKS TO OUR FUNDERS...

