

# COMMUNITY NEWSLETTER

JUNE 2023



Wow what a fantastic finish for our MG Mystics – the final showed just what a team can do when all that training comes together in one game. It was exciting for all our Northern Zone Board, staff, volunteers, supporters and whanau to watch the final game live then celebrate together later Sunday evening.

On the community front winter season is in full swing with netball courts pumping along with the normal parking and traffic woes. Breathe deep, leave five minutes early and carpool for a more relaxed experience!

Netball New Zealand have released their Good Sports resources and are running a social media campaign utilising videos and tiles to support the messaging. Northern Zone, in collaboration with Aktive, Netball NZ and Sport Auckland, is looking forward to running our first Good Sports Workshop at Auckland Netball Centre and you can find all the details for this later in the newsletter.

The Auckland region rep circuit is underway with both Papakura and Pukekohe hosting wonderful tournaments. The prestige of having the best food is highly contested and our teams' management, umpires and umpire coaches truly appreciate the efforts to keep them well fed during the busy days.

The Northern Zone scouts will be out and about during rep season including both local and national events. We introduce you to our scouting team further in this publication. Information requests were sent to all Centres to help aid the scouting group and if you have any questions don't hesitate to contact Pete McInnes, Zone Athlete Development Lead.

As always if you have any questions or need support don't hesitate to contact any of the Northern Zone team – we are here to help! Keep up the good work, remember to be a Good Sport and don't forget to acknowledge all the many volunteers out there keeping community sport humming.

Nga mihi

Karyne Ross, Community Netball Manager

## Northern Mystics

### GRAND FINAL WRAP

The MG Mystics have claimed ANZ Premiership grand final glory in the perfect send off for retiring captain Sulu Fitzpatrick, dominating Tāmaki Makaurau rivals the Robinhood Stars 74 to 56 at a sold-out GLOBOX Arena in Hamilton.

Speaking at the final whistle, head coach Tia Winikerei said it was her team's most complete performance of the season and the timing could not be better.

The Mystics led at the close of each quarter, despite a strong fight back from the Stars in the second chapter.

Goal-shooter Grace Nweke was named Most Valuable Player with a near perfect performance, shooting 70 out of 73 attempts with an outstanding percentage of 96%.

It is the Mystics' second ANZ Premiership title adding to their 2021 win which featured seven of the current squad – Grace Nweke, Peta Toeava, Tayla Earle, Sulu Fitzpatrick, Filda Vui, Phoenix Karaka and Claire O'Brien.

Read Full Report: <https://anzpremiership.co.nz/premiership/news/latest/mystics-grand-final-win-provides-perfect-send-off-for-fitzpatrick.html>





## END OF SEASON FUNCTION AWARDS

### MYSTICS

#### **MG Motor Fans Choice – Phoenix Karaka**

*This award is decided by the ‘people’ – our loyal fans and supporters.*

#### **He Kakano – Carys Stythe**

*For the player whose performances are in the spirit of our zone’s whakapapa. They have shown the potential to grow into greatness, like those who have represented our zone previously, imprinting on us the meaning and legacy of wearing the Northern Marvels dress.*

#### **Manawaroa – Peta Toeava**

*For the player who has displayed the courage, grit and determination required to grow either their game or themselves through being open to learning, through experience, and through the support of others.*

#### **Barfoot & Thompson Fitzpatrick Medal - MVP – Grace Nweke & Peta Toeava**

*This award is for the player who has consistently performed for the team at a level that contributes significantly to the team’s success. This year This award is impossible to separate. The thread is invisible. The precision undeniable. The speed exceptional. The catch world class. The pressure relentless.*

#### **He Toa Matarau (Supreme Award) – Michaela Sokolich-Beatson**

*The Supreme Award for the person who has consistently displayed the team values during the season. Being relied on by the team in challenging moments, displaying the attitude required to succeed, being dedicated to improving our team’s netball performance and always being confident to be their true authentic self.*



## **MARVELS**

### **Players Choice – Storm Gilmer**

*For the player who is voted by their peers who has consistently performed for the team at a level that contributes significantly to the team's success.*

### **He Kakano – Charlotte Manley**

*For the player whose performances are in the spirit of our zone's whakapapa. They have shown the potential to grow into greatness, like those who have represented our zone previously, imprinting on us the meaning and legacy of wearing the Northern Marvels dress.*

### **MVP – Catherine Hall**

*For the player who has consistently performed for the team at a level that contributes significantly to the team's success.*



## **MYSTICS MEN**

### **Players Choice – Eriata & Te Reiwhati Vercoe**

*For the player/s who is voted by their peers who has consistently performed for the team at a level that contributes significantly to the team's success.*

### **MVP – Joh Tukaki**

*For the player who has consistently performed for the team at a level that contributes significantly to the team's success.*





## Netball Smart

Netball Smart has been very busy with lots of delivery preparing players for the Representative season.

The highlights from the previous month were attending Puni Reo Poitarawhiti a full immersion Māori speaking tournament. 64 teams participated across multiple grades. NetballSmart actioned a mass warm-up which was translated into te reo Māori – a great opportunity to co-deliver and allow for participants to continue to learn reo. It was fabulous to see the Whanaungatanga between the players and umpires.

NetballSmart had the chance to get the whole team together and complete a cultural competency course with Janelle Riki from Riki Consultancy. This was a very insightful session and allowed the team a safe space to share thoughts and past experiences on Māori culture, which will be pivotal in how NetballSmart becomes more inclusive in the future.



## Coach Developer Hui

Recently our Centre Coach and Umpire Coach Developers had the opportunity to join us for our Coach Developer Hui - Kitenga & Korero, Live Observation.

It was a day for them to connect, add tools to their kete and put into practice what they learnt, which will enhance their provision of support to the coaches and umpire coaches in our community.

This is what a couple of attendees had to say:

### Leah Lazurus – Netball North Harbour

Coach Developers should not do squats!! This coach developer hui was yet another avenue for self – growth and to share and reconnect with other coach developers in the zone. I like how we can have fun learning and can then use that to support our coaches.

### Karen Aulelio – Auckland Netball

When you're an old dog, it's easy to get stuck in old habits. For me, coming to these hui's reignite why I am a coach developer. I reconnect with great people and find new tools and knowledge to add growth as a coach developer.



# Umpire

## Junior umpires



Milly at Windmill Road on a Wednesday afternoon umpiring one of her first 6 v 6 games.

How awesome to see Milly out on the netball court giving it a go and giving back to her sport in another way. Junior umpires at Auckland Netball wear a yellow jacket to indicate that they are new to umpiring and has a reminder on the back of the values sideline supporters should hold towards umpires and players on the court. The vest says **'Encourage don't discourage. No excuse for sideline abuse'**

Keep up the great work Milly, and we look forward to seeing more junior umpires around the courts!

If you are interested in becoming an umpire, contact your local netball centre for more information.

## Representative Coaching Panels

Representative season is well under way, kicking off with Papakura and Pukekohe before the long weekend.

It has been great to see the umpires umpiring different teams and being so open to development. Northern Zone puts together a coaching panel for each tournament to provide a space for not only umpires to develop, but also umpire coaches.

Reps allows for coaches to work alongside different coaches, and develop their coaching skills with a range of umpires. Coaches receive development on the sideline from an umpire coach developer, providing them a space to ask questions and learn from others.

Thanks to all coaches who attended Papakura and Pukekohe and we look forward to the remaining tournaments.



## Umpire Coach Interviews

It's time to get to know our umpire coaches! Our aim is to highlight the work the umpire coaches do in supporting umpires in their development and that umpires are coached the same way that players are, both being athletes in our sport.

Meet our next Umpire Coach!



**Name:** Roxanne Adams

**Netball Centre:** Auckland Netball Centre

**Umpire Coach Qualification:** Centre Coach Assessor

### **About you:**

I love netball and have played since the 1970's. Injuries have happened for me, and I was unable to play, so ventured on the pathway of umpiring in 2012. I have had brilliant mentors supporting my umpiring journey and showing me the ropes. This had opened my eyes to more opportunities for rangatahi in my community to take this pathway too. I have coached many rangatahi and adults over the last 5 years and continue to bring more umpires to support this wonderful sport. I am a social worker, and I am always on the lookout for keen rangatahi who want to do umpiring.

### **When did you start coaching umpires and why did you decide to become an umpire coach?**

2018 I started coaching. As a social worker in my community, I thought I would be able to do more for the rangatahi that I work with and help them gain skills, confidence and financial gain. Umpiring has definitely been a vehicle to better outcomes for youth in my community.

### **Why do you enjoy coaching?**

The struggles for the young, new umpires are real and they sometimes don't want to do umpiring anymore. If I can support and encourage them to be brave to blow the whistle, don't give up and lend some support to them in some way, that has made my time worthwhile. Umpiring starts at this junior level and unless we put some effort in to support them, we will start losing umpires and missing the upcoming talented ones too.

### **What skill areas have you enjoyed developing as a coach?**

To be patient, listen carefully, umpired centred not coach centred, care for others and be understanding about where they are at as an umpire. I am continuing to develop more skills for myself as a coach.

### **What has been your best experience?**

That the umpires are at the games, and they are enjoying themselves. That they ask questions and willing to learn more about what umpiring involves. That they have had a good game.

### **What would be your best advice for new umpire coaches and for umpires just starting to work with a coach?**

Keep coming back every year. Be confident and ready to do their best. Reach out for support from the coaches at ANC and keep reading the rules and asking questions if you don't understand. I will continue to support umpires wherever it is needed.



## Parade Days

Thank you so much to Papakura and Manurewa for inviting us to your opening Parade Days. It's always a special day for your members and we truly enjoy seeing all the banners, dress ups and smiles to start off the netball season.

Both Centres put us under pressure as judges as it's always so difficult to choose! A lovely morning at both Centres, fantastic to connect with your community and share kai after the parades. We wish you all the best for another successful season.



## Good Sports

Netball Northern Zone have a focus on Good Sports this year as have many Centres. Ahead of our running Centre based workshops we wish to collate some background data to build a picture of baseline understanding of Good Sports across our zone.

If you would please send the following survey to your full membership that would be much appreciated. Analysis and summary of findings will be shared with all Centres.

**Zone Good Sports Survey:** <https://www.surveymonkey.com/r/WVQVZXG>

### Share the message!

Netball New Zealand have launched Good Sports resources, that are now available on their website:

<https://www.netballnz.co.nz/netball-nz/community/good-sports.html>. NNZ will be posting Good Sports videos on NNZ Social media pages throughout the season and we encourage all Centres to share these with your community.





## Auckland Netball Centre -Northern Zone – Sport Auckland - Good Sports Workshop

The Good Sports Workshop on the **19th of June** aims to engage key volunteers such as games, umpire, and coach/rep committees, large club personnel, and school coordinators, as well as anyone interested in supporting Good Sports initiatives.

The workshop is designed to be highly interactive and will last approximately 2.5 to 3 hours. Prior to the session, participants will receive pre-work materials covering the background and philosophy of Good Sports and Balance is Better. This will help attendees familiarize themselves with the concepts before the workshop.

During the workshop, participants can expect to engage in various activities and discussions related to implementing the Good Sports philosophy. By the end of the session, the expectation is that each centre represented will have developed a Stakeholder Engagement Plan and a preliminary plan of Key Initiatives to integrate the Good Sports Philosophy into their respective centre.

This workshop provides an excellent opportunity for individuals to progress their involvement in Auckland Netball and support the Good Sports initiatives. It is particularly beneficial for those who are eager to contribute to the development of a positive sporting culture and create a supportive environment for all participants.

To take part in the workshop, interested individuals should register their attendance. This will ensure they receive the necessary materials and updates leading up to the event.

To Register: <https://bit.ly/42l5RmO>

A promotional poster for the Good Sports Workshop. The top left features the 'GOOD SPORTS' logo in blue and white. The background is a photograph of two women on a sports field at dusk; one is wearing a red and black netball uniform, and the other is in a black jacket with a colorful scarf. Text on the left reads 'Interactive Forum' and 'Auckland Netball Centre'. Text on the right reads 'Monday 19th June' and '5:30-8:00pm'. At the bottom, it says 'Delivered by' followed by logos for 'NETBALL NORTHERN' (with the tagline 'Integrity. Unity. Loyalty. Excellence.'), 'AKTIVE', and 'SPORT NEW ZEALAND' (with the tagline 'IHĪ AOTEAROA').

**GOOD SPORTS**

Interactive  
Forum  
Auckland Netball  
Centre

Monday 19th  
June  
5:30-8:00pm

Delivered by

**NETBALL NORTHERN**  
Integrity. Unity. Loyalty. Excellence.

**AKTIVE**

**SPORT NEW ZEALAND**  
IHĪ AOTEAROA

## Auckland Netball Regional Facilities Working Group

Following our AGM presentation by Anita Coy-Macken from Visitor Solutions Ltd, Northern Zone are pleased to advise a review of the Auckland Regional Facilities Plan will be undertaken this year. The first step will be gathering updated information from our 11 Auckland regional centres. To that end a questionnaire will be sent to all Centres for your completion. It is envisaged engagement with your facilities staff, centre or general managers, executive committees and Board members will be required to fully complete the questionnaire. Our deadline for information gathering is 31 July.

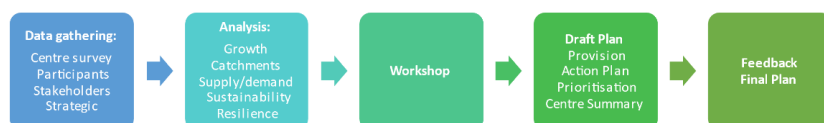
Following Centre and other Stakeholder (Auckland Council, Aktive and RST's) data collection there will be further meetings held with some individual Centres in early August. Once analysis has been completed a workshop open to all Centres will be run in September to present findings.

### Why do we need a plan?



### 2023 Review of Plan

- Update supply and demand analysis → right number of courts and in the right place
- Assess facility provision relative to levels of play:
  - Outdoor court surfaces
  - Covered courts / indoor courts
  - Supporting amenities
- Review sustainability and resilience of netball centres
- Support asset management planning for netball centres



All communications regarding the Auckland Regional Facilities Plan can be directed to : Karyne Ross, Community Netball Manager, Netball Northern Zone

### Netball NZ Court Guidelines Update

Netball NZ are currently updating their Court Guidelines, and will be sending Centres nationwide an online survey to complete in the very near future. We appreciate that there may be some cross-over or duplication between Northern Zone Questionnaire and NNZ Survey however this is unavoidable and we are working to our best ability to ensure it has limited impact for Centres. The national court guidelines will provide clarity from netball's national body of court surface and covering requirements for the different levels of play.



## Coach

**The challenge of getting coaches to attend workshops is very REAL!!**

**Einstein's famous quote:**

***'Insanity is doing the same thing over and over again and expecting different results.'***

Following is how three of our centers have tried different ways of getting those busy coaches to attend modules .

Being super busy is a fact; what with work commitments, looking after our whanau, weather events, voluntary work, other learning commitments, making time for friends and let's not forget the most important thing; self-care'; it is not surprising that going to a coaching module/workshop, in the wintertime, battling traffic, leaving your family at home; is low on our priority list.

Howick Pakuranga Netball Centre has had up to 20 coaches register to attend their workshops. On Wednesday and Saturday competitions, Shante the HPNC Coach Developer personally invites coaches to attend the workshops. People love that face-to-face contact – a connection that builds trust and transparency, allowing opportunity for discussion on the workshop that is taking place. Shante has created a Howick Pakuranga Netball 'Community of Support' Facebook Page that while has only been up for a few months already has nearly 100 members. This page is also an opportunity to let coaches know when workshops are taking place. She has revamped the website to make it easier to follow. Shante observed when most coaches were training and in doing so, set the workshops to take place directly after their training, thus coaches only coming out once a week.

Pukekohe Netball Centre has been getting a few coaches to workshops. Kat West had a brainwave and invited Ivana Rowland, Waikato BOP Magic Team player, to be a guest speaker at a Shooting Module that she was delivering. It was no surprise that Ivana was an awesome draw card, with almost 20 coaches attending the workshop. Ivana shared her journey and experiences as a professional athlete in our game. This was a valuable experience for all those attended, acknowledged by the following feedback:

*'It was inspirational listening to Ivana and her journey', 'Great ideas shared amongst the coaches', 'Loved the activities and will be implementing them at my trainings.'*



Auckland Netball Centre just recently hosted guest speaker Sue Hawkins who has had many coaching accolades including past International English Roses Coach and Tactix Coach. An international coach is always going to be an epic draw card and Sue was no exception. She offered some helpful ideas on Attack and Defence, that would support all coaches in their training session.

There is no denying getting coaches to workshops is a challenge; but it is our gift to hook those coaches, provide them with a good experience and they will never want to leave!

Contact us at the zone to discuss how we can support you in this space.

*'Ma te kotahitanga e whai kahaai tatau.'* In unity we have strength.

## **Congratulations and Celebrations to those Coaches who have completed the Netball New Zealand Community Coach Award**

Congratulations and celebrations to Kat West and Luke Gillies of Pukekohe Netball Centre for completing their Netball New Zealand Community Coach Award level 1 (CCA1). This is by no means an easy accomplishment, it is quite an extraordinary triumph, and it can take a few years to complete!

CCA Level 1 award requires the coach to complete the Sport Tutor online modules as well as the practical components at a workshop. The modules include Attack, Defence, Building Effective Relationships, Selecting, Skills Analysis, Shooting, Team Culture, Planning, Learning to Umpire and Netball Smart Module.

When I asked Kat what she loved about coaching, she shared... *'I love coaching because I believe I am helping to create a community of Netball Players that will love the game for life. If I can teach someone something that can help them be the netball player that they want to be then I will keep coaching'.*

To achieve the Netball New Zealand Community Coach Award Level 2 you are also required to complete online and practical components. They include, Developing Physical Literacy, Introduction to Mental Skills, Through-court, Tournament Planning, Centre Pass on Attack and Defence, Circle Work, Introduction to Game Analysis, and a practical coach observation.

Luke Gillies shares his views:

*'The module content is great, you little bit by little bit build a very sound base of netball knowledge and a greater appreciation for how to deliver a coaching session with a higher engagement from the players. I'm a firm believer in "you don't know what you don't know" so I am always looking for ways to add to my coaching toolkit and in every session I had 1 or 2 absolute lightbulb moments where I was like "oh I see, that's why that happens or "that's how to overcome this issue". I guess the alternative could be a lifetime of coaching or you accelerate your learning by attending these courses.*

*'Prior to starting CCA1 & CCA2 my coaching nature would have been to "tell" the players how to do something but now I definitely see great benefit in drawing the answers or solutions out of the players themselves, I don't think my coaching would have evolved this way had I not started these courses so I am grateful that the assistance is available.*

*I think in netball we are so lucky to have this system to learn in, I was recently at a meeting of coaches from many different sports and they were blown away when I told them what was available to us, also the support I have received from The Pukekohe Netball Centre, Kat West (our coach developer) and Netball Northern has been beyond what I thought would be accessible, I would encourage anyone involved in Netball coaching to make use of this resource.'*



As Kat and Luke have demonstrated, the coaches that attend and complete these modules show an exceptional, caring, dedication and motivation to be the best coaches they can be for their players. It is a real credit to them, and we are very fortunate to have them servicing our sport.

If we can keep our young people playing sport by creating a great experience, where they can learn and develop in a safe encouraging environment where their needs are first and foremost, then we know we are making a positive difference to their lives and in doing so contributing to healthy communities.



## Celebrating Volunteers

By Kim Voigt Waiuku Netball Centre

Volunteers are the heart and soul of any organisation or community, giving their time and energy to make a positive impact on others' lives. Recognising the invaluable contributions of these remarkable individuals is essential for fostering a culture of appreciation and inspiring continued commitment. To recognise their volunteers, Waiuku Netball Centre recently held a volunteer appreciation evening, getting together to enjoy fun, friendship, and fellowship.

The purpose of the evening was to show appreciation for our volunteers, serve as a source of inspiration, and reaffirm belief in the power of collective action. The event brought together our volunteers who are from diverse backgrounds, ages, and experiences which fosters a sense of unity and camaraderie.

Given that the Netball World Cup is being held in Cape Town, South Africa this year, the theme for the evening was "Out of Africa". The scene was set with unique African style music and décor reflected the "Rainbow Nation" with animal prints, flags and proteas, the national flower of South Africa. To foster a sense of celebration and togetherness, fun and games included being quizzed on everyone's knowledge of national anthems and flags of the 16 teams attending the World Cup. A tasting table of traditional South African cuisine provided some challenges for the taste buds however the volunteers gave everything a go with some surprising results!



To add a further element of entertainment and relaxation, the evening featured some very special guests. Robinhood Stars players, Maia Wilson, Amorangi Malesala, Gina Crampton and Jamie Hume came to Waiuku for the evening, and it was a highlight to have them sharing their netball and life experiences with everyone. Waiuku fans were delighted to see the players and were very excited about them playing in the ANZ Elimination Final.

Attendees were thanked and recognised for their commitment, and each received a special soap acknowledging them as **SOAP-er Stars!** Everyone left the event armed with the Netball World Cup schedule and feeling upbeat about the Silver Ferns heading to South Africa.

The volunteer appreciation evening concluded with a heartfelt closing address from WNC President, Rachel Browne-Cole who emphasised the long-lasting impact of the volunteers' dedication to WNC and how they make a positive difference in the netball

community.

Rachel Brown-Cole Waiuku President wanted to add the following about Kim:

On behalf of WNC I would like to express our outmost thanks to Kim Voigt our volunteer coordinator extraordinaire, we are so blessed to have Kim at our centre. Kim's welcoming friendly, infectious smile has a huge impact on our volunteers.

The high standard of time and effort Kim puts into ensuring volunteers are valued and supported has a huge positive flow on affect at our centre.

We have a fantastic team of volunteers and that is a huge credit to Kim.

Thank you Kimmiveee you are a legend.

## Northland U18 Cluster Group

Northland Centres are excited to announce their squad selected for the U18 cluster group. The squad will attend the Auckland representative tournament and then a final squad of 12 will be selected to attend the Celebration Box Netball NZ U18 Champs tournament taking place in Hamilton.

Jo Hona has been appointed team manager, following the unfortunate withdrawal of Jessica Hita due to personal reasons. Trina Henare was re-appointed head coach from 2022 and is partnered with Kristina Tipene as Assistant Coach.

We look forward to following the Cluster's progress throughout the teams season. A big thank you to everyone who helped make this happen for another year.

# NORTHLAND CLUSTER


is excited to announce  
the Northland U18  
Squad for 2023

Parehuia Allen - Bay of Islands NC  
Aramia Vause - Bay of Islands NC  
Aisha Davies-Cooper - Kerikeri NC  
Leilani Dephoff - Kerikeri NC  
Mereana Huirama-Moore - Kerikeri NC  
Moana Rush - Kerikeri NC  
Atea Rush - Kerikeri NC  
Poshy Ngawati - Kerikeri/Whangarei NC

Shakani Murray - Mangonui NC  
Alexis Pure - Mangonui NC  
Arahia Subritzky - Mangonui NC  
Shakana Tau - Mangonui NC  
Odyssey Travers - Mangonui NC  
Liliana Antonio - Whangarei NC  
Waiaria Frape - Whangarei NC


Coach - Trina Henare  
Assistant Coach - Kristina Tipene | Manager - Jessica Hita

A travelling team of 12 will be selected to attend Nationals, with the squad part of the U18 Development programme.



for more information on the Northland Cluster visit

[WWW.SPORTY.CO.NZ/NORTHLANDNETBALL](http://WWW.SPORTY.CO.NZ/NORTHLANDNETBALL)





## Centre Engagement Sessions

Northern Zone is always keen to hear from our Centres so please Save the Date for our Centre Engagement Sessions.

### Auckland Area Centres:

Monday 24th July, 10.00am—12.30pm, Auckland Netball Centre

OR Tuesday 25<sup>th</sup> July, 6:00pm – 8:30pm, Pukekohe Netball Centre

**Northland Area Centres:** Sunday 30 July, 3pm-5pm, Kerikeri Netball Centre

Invite is open to all Centre personnel – staff, key volunteer, board or executive committee members – to connect, share and provide insights to feed the Zone and NNZ key areas of priority.

Registration links will be provided closer to date of sessions.



### Northland Cluster Centres Engagement

**Sunday 30 July  
3pm—5pm  
Kerikeri Netball Centre**

Invite is open to all our Centre personnel – staff, key volunteers, board or executive committee members – to connect, share and provide insights to feed the Zone and

NNZ key areas of priority.



### Auckland Cluster Centres Engagement

**Monday 24th July  
10.00am—12.30pm  
Auckland Netball Centre  
or  
Tuesday 25th July  
6.00pm-8.30pm  
Pukekohe Netball Centre**

Invite is open to all our Centre personnel – staff, key volunteers, board or executive committee members – to connect, share and provide insights to feed the Zone and NNZ key areas of priority.



## Scouting Group

The scouting group works in the age group competitions to identify and develop talent in our zone to help drive the overall improvement of netball in the Northern Zone, from Waiuku to Kaitia. We attend local and national tournaments to identify young athletes with potential and then invite them to development days across the zone.

Read below to hear about our Northern Zone's scouting group for 2023.

### **Carla Gordon:**

Kia ora tatou

My name is Carla Gordon and I hail from the far north of the North Island but have been a "westie" for over 20 years. When my daughters started playing at Netball Waitakere, I decided that instead of being a side-line critic, I might as well put my hand up to coach. That was around 18 years ago, and I have been involved with the clubs and representative programmes at Netball Waitakere ever since.

I have coached across the age groups in the representative space and also at high school UNISS level for a number of years. Last year I was voted in as the representative convenor for Netball Waitakere. This year I also have the honour of being a coach developer within our netball community and now a zone scout for 2023.

Every person that kits up to take the court brings an element of excitement and talent to the game that we are dedicated to, so I look forward to seeing what the nation's best at the u18 level will be putting out come July.

### **Liz Page:**

Liz has been involved in coaching Netball for over 20 years. Over this time she has coached and selected at Premier Secondary School, Premier Club and Representative Level in the Auckland, Waitakere and Wellington Netball Centres. Liz has been part of the National Development Camp Selections for the Northern Zone, along with being a selector at the Upper North Island Secondary School tournament and has previously been the Head Selector for the North Island Under 15 Representative tournament.

### **Pete McInnes:**

I began coaching in 2001 when a friend of mine said she wanted an assistant coach, and I thought it might be fun. I completed my Community Coach Award (CCA) in 2013 and the Performance Coach Qualification in 2016.

My coaching began at the Technical Netball Club in Christchurch and coached there before coaching Lincoln University in 2016 and 2017. I then went onto coach and Men's and Mixed teams in Canterbury.

I was invited to do the Sport NZ Performance Coach Advance program in 2016 and 2017 and then undertook Sport NZ coach developer training in 2017.

I coached the Mainland Beko team (National Netball League) in 2017 where we finished 2nd before moving to Auckland in 2018 for work and family.

Since moving back to Auckland in 2018 I have coached the Waitakere U19 team in 2018 and 2019, I spent 2 years with the Northern Stars as a resource and apprentice coach in 2020 and 2021. I currently coach AUT in the North Harbour premier competition and I am the Athlete Development and Pathways Lead for Netball Northern where I lead the talent ID and development programmes.



## Upcoming workshops



 **NETBALL  
NORTHERN**

# Tournament Tips Q&A

Where: Online (zoom)  
When: 9th June 6:30-8:00pm

An opportunity to connect with other coaches and ask our expert panel  
your burning questions

- MG Mystics Coaches
- Netball Smart
- Northern Marvels Manager
- Netball NZ National Squad Umpire

**INTERESTED?? register via the link below**

 **NetballSmart**

<https://www.sporty.co.nz/viewform/235174> – Tournament Tips registration link



**U18 Representative Coach  
National Zoom Workshop**

**WITH HEAD COACHES MARY-JANE ARAROA MAGIC, MARIANNE  
DELANEY-HOSHEK TACTIXS AND KIRI WILLS STARS.**

**HOSTED BY LEIGH GIBBS.**

**MONDAY 19 JUNE  
7-8.30PM**

<https://www.sporty.co.nz/viewform/235133> – U18 representative coach registration link

WITH THANKS TO OUR FUNDERS...

