

# COMMUNITY NEWSLETTER

SEPTEMBER 2023



It has been great to have netball back on our screens, albeit with mixed results for our Silver Ferns. Looking forward to the Constellation Cup to see how we go against Australia!

This week we are pleased to be supporting Netball NZ with the hosting of the NZ Secondary Schools Netball Champs. The matches run throughout the week with the final set down for 1.40pm Friday afternoon. Get along to Trusts Arena, Henderson, to see our best Secondary School players in action.

A special mention to the five teams competing from our zone - Howick College; Saint Kentigern College; Avondale College; Mount Albert Grammar School; and Waitakere College – all the best for the week!

I also acknowledge the many volunteers that are helping this week, including a number of umpires, bench officials and statisticians. Thank you for the contribution you make to our sport.

Our newsletter this month includes some great information about the Incorporated Society changes – the key message being we have plenty of time, and help is coming!

We also cover the recent development day held in Northland for identified players and coaches. A similar day will be held at the end of the month here in Auckland. Part of our Talent Identification programme, these days provide great exposure for our up and coming talent.

The draw for the 2024 ANZ Premiership has been released this week – going back to its traditional winter season – we look forward to hosting the MG Mystics at both Trusts Arena and Eventfinda Stadium. Our crosstown rivals the Stars will also be in action at Pulman Arena, Papakura with one match at Auckland Netball Centre.

Hopefully I will see many of you at our Centre Forum next week. We will also engage with our Northland Centres later in the month. The forums are a great opportunity to get together, share ideas and experiences and improve.

There is still plenty on in the coming weeks, so read on and we look forward to continuing our purpose to grow and strengthen netball.

Phil Vyver

CEO

## FROM OUR BOARD

### Incorporated Societies Act

On 14 September Sport NZ via Sport Tutor hosted its second webinar with Martin Sneddon (NZ Cricket) and Tenille Burnside (Golf NZ), updating on the Sector Approach being led by Sport NZ on the Incorporated Societies Act 2022.

Here are some key points from the webinar and links to some resources.

Main messages:

1. There is plenty of time and resources including templates will be available.
2. Sport NZ suggest changes are cascaded from NSOs, then RSOs, then sports clubs, associations and centres.

The new Act impacts on over 100 NSOs, over 600 RSOs and more than 6,000 centres, clubs and associations.

The Sport NZ project team have undertaken pilots with Tennis NZ, Snow Sports NZ and NZ Cricket, along with a multi-layer pilot with Squash NZ. Knowledge gained during these pilots will be shared including template constitutions, checklists and guidance. A key insight from the pilots is that NSOs should go first. The project team are aiming to issue template constitutions and guidance in October for NSOs and in November for RSOs.

Based on the pilot work there are two key aspects that may require thought:

1. Dispute resolution - Dispute resolution procedures should be in constitutions. The pilot found in some cases these processes are in policies, regulations or less formally documented. The scope of complaints will be wider including members, officers and the organisation itself.
2. Integrity. The new Integrity Sport and Recreation Commission which must be operational by 1 July 2024 and will issue a voluntary integrity code. Sport NZ recommend allowing some time before progressing review and updates of our constitutions to follow the new integrity in sport code.

Northern Zone will keep you updated and, in the meantime, further information can be found here:

<https://sportnz.org.nz/resources/incorporated-societies-act-2022-and-regulations/>

<https://sportnz.org.nz/resources/governance-regulation-and-compliance/>

[A Sector Approach PDF](#)

Mary Gardiner, Board Chair

## MG Northern Mystics

The 2024 ANZ Premiership Draw has been confirmed and was released earlier this week!

The season will begin on Saturday 13 April and will be played over 15 weeks with the final series to be played at the beginning of August.

The MG Mystics will host a total of eight (8) home matches next season. Six (6) matches will be held at The Trusts Arena, Henderson and two (2) matches at Eventfinda Stadium, North Shore.

The MG Mystics start their season against WBOP Magic in the opening match of the 2024 ANZ Premiership at Globox Arena, Hamilton on **Saturday 13 April, 7pm.**

[Draw 2024 | MG Mystics \(northernmystics.co.nz\)](https://northernmystics.co.nz)

# 2024 DRAW

### VS MAGIC

Sat 13 April | 7pm  
Globox Arena

### VS STEEL

Mon 22 April | 7pm  
ILT Stadium Southland

### VS TACTIX

Mon 29 April | 7pm  
The Trusts Arena

### VS PULSE

Sun 5 May | 4pm  
The Trusts Arena

### VS STARS

Mon 13 May | 7pm  
Pulman Arena

### VS MAGIC

Mon 20 May | 7pm  
The Trusts Arena

### VS STEEL

Sun 26 May | 4pm  
Edgar Centre

### VS TACTIX

Sun 2 June | 4pm  
The Trusts Arena

### VS PULSE

Mon 10 June | 7pm  
Te Rauparaha Arena

### VS STARS

Sat 15 June | 7pm  
The Trusts Arena

### VS MAGIC

Mon 24 June | 7pm  
The Trusts Arena

### VS TACTIX

Sun 30 June | 4pm  
Wolfbrook Arena

### VS STEEL

Sun 7 July | 4pm  
Eventfinda Stadium

### VS PULSE

Sat 13 Jul | 7pm  
Eventfinda Stadium

### VS STARS

Sun 21 July | 4pm  
Pulman Arena



## Stars

The Stars begin their 2024 season with a home game against the Pulse on Sunday 14th April at Pulman Arena. This is followed by a further six home matches, all but one at Pulman Arena. The other home game will be held at Auckland Netball Centre on Monday 3 June.

For further information on the Stars season visit - <https://www.starsnetball.co.nz>

# 2024 Home Games

**STARS** | **ANZ PREMIERSHIP**

<b>ROUND 1</b>	<b>VS PULSE</b> SUN 14 APRIL   4:00PM PULMAN ARENA	<b>ROUND 9</b>	<b>VS STEEL</b> SAT 8 JUNE   7:00PM PULMAN ARENA
<b>ROUND 3</b>	<b>VS MAGIC</b> SAT 27 APRIL   7:00PM PULMAN ARENA	<b>ROUND 13</b>	<b>VS TACTIX</b> SAT 6 JULY   7:00PM PULMAN ARENA
<b>ROUND 5</b>	<b>VS MYSTICS</b> MON 13 MAY   7:30PM PULMAN ARENA	<b>ROUND 15</b>	<b>VS MYSTICS</b> SUN 21 JULY   4:00PM PULMAN ARENA
<b>ROUND 8</b>	<b>VS MAGIC</b> MON 3 JUNE   7:30PM AUCKLAND NETBALL CENTRE		



# 2023 NETBALL NORTHERN CENTRE FORUM

Moving Forward  
Together



Tuesday 10th October  
0400 PM to 07:00PM

Howick Pakuranga Netball Centre

## DISCUSSIONS AND INSIGHTS

ROLES AND RESPONSIBILITIES  
ZONE OPS PLAN OVERVIEW  
INFORMAL CONNECTION TIME

Invite extended to all key  
volunteers and staff

## REGISTRATION

[https://www.sporty.co.nz/viewform/  
255161](https://www.sporty.co.nz/viewform/255161)



## INTERACTIVE WORKSHOPS

Volunteer  
Management Plan



Umpires



Good Sports



It would be great to have as many people as possible from different centres there, we want to move forward together and collaborate in 2024. If you are interested in attending, please see the link below.

[Netball Northern Zone-Netball Northern Zone \(sporty.co.nz\)](https://www.sporty.co.nz)

## Northern Zone - Northland Development Day

The Northern Zone team had a great day up at Kerikeri Netball Centre running the Northland Development Day. Both coaches and players were invited to attend the day and the morning started with coaches and players split. NetballSmart educated the players practising different performance-based tests that they are likely to come across as they develop their netball. The players all got stuck in and had a go at participating in the testing as well as coaching each other on how to get the best score. They were an awesome group of players and were eager to know how they could best perform in fitness/strength testing.

MG Mystics Assistant Coach Rob Wright took coaches through the 5 principles of a successful training session. In groups, coaches developed 2 different activities which they then coached the players through in the afternoon session. All the coaches got involved and it was great to see their reflections and learnings at the end of each activity. The day finished off with some game play. It was an enjoyable day up north and even better it didn't rain!

Thanks to Northland Cluster for organising the event, Kerikeri Netball Centre for hosting and Oxford Trust for funding to support development in the North.



## Northern Zone – Auckland Development Day

With the netball season wrapped up our scouts have met to finalise the players for our Auckland based Development Day on October 29. Players will be receiving invites later this week to register for our Development Day being held at Netball Waitakere. We thank coaches and parents for their support and all they do for their players to ensure they access these awesome development opportunities. The day will include sessions on testing, specifically why we test and how to perform the tests, skill sessions with our Northern Zone Coach Squad coaches and game play.

For further information please do not hesitate to contact Peter McInnes, Athlete Development and Pathways Lead, [athletelead@netballnorthern.co.nz](mailto:athletelead@netballnorthern.co.nz)



## Auckland Netball Centre - Give it a Go Day

On Sunday 17<sup>th</sup> September ANC hosted a futureFERNs 'Give It a Go Day'. It brought a wave of netball excitement to the community, offering a day filled with non-stop fun and action. This event was designed for everyone, including those who had never stepped onto a netball court before. It provided the perfect opportunity for people to experience the thrill of netball in a relaxed and enjoyable environment.

It was a lovely sunny afternoon attended by an enthusiastic mix of children from across wider Auckland. With a range age groups, from Year 1-6 participating, they were able to partake in fun-filled activities where they tried different netball skills such as shooting, pivoting and passing. This was followed by a fun modified game of netball where they could put their new skills to use.

Thank you to Netball New Zealand sponsors Tip Top and Woolworths who provided food for a sausage sizzle enjoyed by all, and vouchers to give away as spot prizes. Everyone had a great day and we hope to see them back at our courts over the upcoming Summer League and into next year for the Winter Season.

If you would like to participate in netball in 2024 please Contact Auckland Netball Centre to register your interest. <https://www.aucklandnetball.co.nz/>



## Woolworths futureFERNs Survey

The annual Woolworths futureFERNs survey is now open! The survey will close 15 Dec 2023 to allow as many people to complete this as possible.

We're asking for your help to get as many people as possible to complete this survey. NNZ have a futureFERNs programme review/sprint taking place shortly (starting late 2023 and early 2024) so the feedback this year is even more important.

Please share the post which can be found on NNZ Facebook page here:

<https://www.facebook.com/NetballNewZealand>

Please share the link on all your channels and ensure your Centre staff and key personnel complete:

Survey Link : <https://www.surveymonkey.com/r/87SKBCK>

## NETBALLSMART

Over the past six weeks NetballSmart has delivered a targeted warm-up player development programme for the Year 7 and 8s at Auckland Netball Centre.

The themes of the NetballSmart warm-ups were Squats and Lunges, Jumping and Landing, Core Strength and Stability, and Change of Direction. These themes all link to the Dynamic Warm-Up and the Power Warm-Up for Year 7s and 8s. Within these six weeks, players learned the correct technique of strength training and landing during the sessions. The NetballSmart warm-up is part of the Netball NZ Year 7 & 8 PDP programme, which includes ball and court activities to enhance further the players' netball skills and enjoyment.

The players now have a better understanding of NetballSmart, and why we do what we do. Players can now execute a correct NetballSmart warm-up and cool down, which they can take back to their own team and coach.

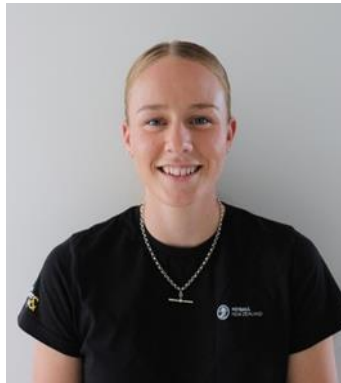
Overall, the players progressed and enhanced their netball development which is awesome to be a part of and watch.





## UMPIRES

### Congratulations NNZ Open Champs Northern Umpires



Congratulations to the Northern Umpires, McKynlee Breen, Kian Manilal and Kiani Smith who have been selected by Netball NZ for the 2023 NNZ Secondary Schools Tournament in Auckland from Tuesday 3<sup>rd</sup> – Friday 6<sup>th</sup> October.

Good luck to the teams attending from the Northern Zone: Avondale College, Howick College, Mount Albert Grammar, Saint Kentigern College, Waitakere College.

We hope you have a great tournament.

### Counties Manukau Umpire Cluster – Umpire Coach workshop

This month, the Counties Manukau Umpire Cluster came together to offer their umpire coaches an opportunity to attend an Umpire Coach workshop centred around the reflection model G.R.O.W and Post Match Discussion. 10 coaches from 4 centres attended and had the opportunity to collaborate with coaches from different centres. It was a great development opportunity for coaches and allowed them to add more learnings to their kete and an awesome informal space to learn from one another.

Collaborating with different centres to run workshops is a great way to share learnings with one another, and it provides coaches with a space to connect with other coaches at centres and allows the opportunity for many to attend. We look forward to seeing what more this Cluster can achieve together.

Ka pai Counties Manukau Umpire Cluster!

## UNISS 2023

UNISS this year saw over 120 umpires from Northern and WBOP Zones officiating 1,100 games for 116 schools. The umpires were able to showcase their skills and develop their techniques over the course of the week. Congratulations to all umpires who attended this year's UNISS and we hope to see everyone back next year!

Big thanks to the umpire coaching panel for supporting the umpires in developing their skills and techniques across the tournament. The umpire coaches also received coach development supporting their own learning and coaching goals throughout the week. It was great to see everyone step out of their comfort zone and build their coaching skills.

Congratulations to these umpires appointed to umpire a finals game:

D Grade Final – Peppa Pooley, Ashley Edwards and Morgan Herbst.



## COACH

### Through Court and Centre Pass workshop

Hosted by Netball Waitakere: **Through Court and Centre Pass** – presented by MG Mystics Coaching Team Tia Winikerei and Rob Wright.

Avoid sitting in the Labour Weekend traffic for hours and instead join us for a fun presentation kindly hosted by Netball Waitakere.

Coaches from all Centres are welcome.

Saturday 21 October, 12 pm-2.30 pm

Follow the link to register <https://www.sporty.co.nz/viewform/253041>





## Coaching Support Calendar

Includes NNZ Community Coach (CCA), Netball Smart and Foundation future Ferns Modules as well as other valuable netball workshops. Find the Netball Centre near you. **Everyone Welcome!!!**

### Sport Tutor

<http://www.sporttutor.nz/netballnz>

Netball NZ (NNZ) Online Learning is designed for everyone involved in Netball including coaches, umpires, volunteers, and players. Find your favourite Netball modules and resources as well as discover new learning experiences. Explore training in leadership, injury prevention, performance enhancement, coaching tools/tips for all age groups, umpiring and more.

### Northern Zone Centre Pass and Through Court - Attack & Defence

Facilitated by the Mystic's Coaches Tia Winikerei & Rob Wright

Venue: Netball Waitakere  
31 – 35 Te Pai Place  
Waitakere

Date: 21<sup>st</sup> October, Saturday

Time: 12pm to 2.30pm

Register link: <https://www.sporty.co.nz/viewform/253041>

### Auckland Netball Centre

#### CCA L2 Workshop

7<sup>th</sup> and 8<sup>th</sup> October

Venue: ANC, Alison Ferguson Drive, St Johns

#### Saturday 7<sup>th</sup> October

8:30am Introduction to Mental Skills

11am Circle work

1:30pm Developing Physical Capacity (NetballSmart)

#### Sunday 8<sup>th</sup> October

8:30am Tournament Planning

11am Game analysis

Register Link: <https://www.aucklandnetball.co.nz/development-netball/coaches/ccal1-workshops>

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