COMMUNITY NEWSLETTER

FEBRUARY 2022





Kia Ora Everyone

It has been an incredibly difficult start to the year with so much uncertainty created by the Covid pandemic. However, I know that each and everyone of you is committed to doing your best to get the community netball season up and running this year. Thank you for your energy and commitment to this task. We can only hope that the current spike in positive cases peaks quickly and then drops even quicker!

The Zone staff have been working hard to keep connected with our Centres. I hope you appreciated and enjoyed the recent Centre Connect session on health and wellness. It was also great to see many of the Auckland Centres join the korero on the Representative Programme.

The Board has endorsed the creation of a Centre Advisory Group to the Zone. Keep an eye out for more information to come on this subject. We will also shortly be sending out information on our upcoming AGM – scheduled for 27th March at 10.30am.

It has been a privilege to attend a number of Centre AGMs recently. Whilst it has been a tough time for many, it is also great to see the many positive things that are happening. It is always great to hear about the wonderful people that receive Service Awards. Congratulations to you all, and especially to those from our Zone that received New Zealand Service Awards at the Netball New Zealand AGM.

The MG Mystics and Northern Marvels have been working hard in preparation for the start of the season. Unfortunately, with so much covid around the first round of NNL matches scheduled for this weekend had to be cancelled. Both teams will now start their respective campaigns down in Hamilton on Sunday 13th March. Good Luck!

Stay connected and if there is anything we can help with please do reach out.

Phil Vyver

CEO

ZONE NEWS FROM OUR BOARD

Board composition and skills matrix

A focus of our board team has been ensuring we have the right skills on the board in order to carry out our responsibilities. This is particularly important as three of the foundation members of the Zone Board: Raewyn Henry, Dianne Williams and Murray Lockwood have served the maximum nine year terms and will be retiring at our AGM on 27 March.

We assessed the strengths and skill gaps on the board team using a skills matrix which includes:

- functional skills such as: marketing, sponsorship and fundraising and high performance sport
- skills e.g. problem solving and communication skills,
- attributes such as team player and inquisitiveness
- experience and
- meeting performance e.g. meeting preparation and being able to disagree agreeably.

The skills matrix was helpful to focus our succession planning and search process, led by the appointments committee of our board. If you would like to know more about the skills matrix, evaluation or search process please get in touch.

Attend centre board and committee meetings – please invite us

Along with attending your centre AGMs, informal visits to centres (when we are able to do so) and your regular engagement with our Zone staff team, we (members of the Zone Board) would like to participate in a board or committee meeting at every centre this year. This is part of our effort to enhance communication and collaboration, specifically with a governance focus, so complementary to the community advisory group and Centre Connect workshops and regular working together.

We are happy to attend in person later in the year or online if that is how the meetings are being run for now. Please contact Phil Vyver — phil.vyver@netballnorthern to schedule this participation.

Keep going

As we watch COVID case numbers increase, work at home and in split groups, test and isolate, try to keep up with changing requirements and face feedback about who can and can't play where and when - life feels difficult and challenging. Stay positive and keep going. Connection, having fun and recreation are critical. Everything you do to support that in our communities is sincerely appreciated and valued.

Take care everyone, noho ora mai,

Mary Board Chair



SAVE THE DATES:

Series #	Monday 7.00-8.30pm	Tuesday 10.00-11.30am
1	February 28 th	March 1st
2	March 21st	March 22 nd
3	May 9 th	May 10 th
4	June 20 th	June 21st
5	August 22 nd	August 23 rd
6	September 19th	September 20th
7	October 17 th	October 18 th
8	November 21st	November 22nd

INTRODUCTION TO UMPIRE COACHING

The Introduction to Umpire Coaching module is the first step on the coaching journey and the foundation on which umpire coaching is based. It is aimed at new umpire coaches, or umpire coaches who would like to refresh or better understand the principles of coaching. The module includes philosophies that underpin how we coach.

We will hold this workshop online and over two separate nights for 1 ½ hours each time on these dates (participants must attend workshop 1 & 2):

Monday 28 th March, 7 - 8.30pm - Workshop 1

Monday 4 th April, 7 – 8.30 pm – Workshop 2

Thursday 31 st March, 7 – 8.30pm – Workshop 1

Thursday 7 th April, 7 – 8.30pm – Workshop 2

Use this link to register for workshop 1 & 2 - https://www.sporty.co.nz/viewform/195175

TRAIN WITH THE MYSTICS

The Mystics were excited to visit Auckland Netball Centre, Howick Pakuranga Netball Centre and Waitakere Netball Centre delivering a training session for college age students. Sadly Papakura was jinxed by isolation challenges -but we promise to make it up to you later in the year!

Feedback received shows players enjoyed the sessions...." Michaela and Grace we're really good with both groups on Thursday. We had 40 for the Academy which Michaela handled really well, keeping them all busy and engaged for the whole session. 25 turned up for the club night which Grace ran and was also really good"

A BIG thanks to all of the Mystics Team that helped out, you did an excellent job with all of the players!!







NNZ SERVICE AWARDS

Congratulations to the following Northern Zone members who were awarded Netball New Zealand Service Awards at the recent NNZ AGM. Thank you for the outstanding contribution you give to our sport!

Stephanie Bond
Julie Coney
Mary Gardiner (Northern Zone Board Chair)
Bernice Mene
Todd Miller
David Ronaldson (former Northern Zone Board)
Raewyn Ronaldson
Anna Stanley
Katherine West
Dianne Williams (Northern Zone Board
member)



NETBALLSMART

The NetballSmart team is excited to get back into the swing of things for 2022. We have plenty of exciting things happening in the pipeline and can't wait to share some of that with you.

As we kick into trials and pre-season, it is very important that we take care of our bodies. Making sure coaches, parents and players are ready for the season is super important. Check out our Preparation Programme for plenty of ways to get back into playing and coaching at your best this season.

https://netballsmart.co.nz/images/netballsmart/pdf/NS%20Preparation%20Programme 2020%20v2%20FINAL-web.pdf



HPNC DEVELOPMENT DAY

On Sunday 23rd of January Howick Pakuranga Netball Centre held a development day for their netball community. The day included 60 plus athletes, 8 coaches and 5 umpires. The athletes were supported by Northern Mystics player Fa'amu Ioane with NetballSmart movements. The coaches were able to pick the brain of MG Mystics coach, Rob Wright and the umpires had the expertise of Sharleen Morrell and Briana Valgre to draw from. Thank you to all who attended and to Paulette and Kathryn for putting on a wonderful day.



MARVELS

Unfortunately, the first round of NNL games were cancelled due to the impact of Covid. Marvels were not immune to this, and over the past two to three weeks the majority of the team have been in isolation as a result. The good news is we have continued training with those not in isolation and everyone else is nearing the end of this period. We look forward to getting back into regular training and the competition over the next few weeks.



MYSTICS INVITATIONAL MENS TEAM

Early in 2022 an opportunity to create a Mystics Invitational Men's Team was made possible. On Sunday 27th of March the Northern Zone and MG Mystics held the inaugural trials for the Team. The calibre of trialists from Kaitaia to Christchurch was very exciting to watch as we put them through their paces with the MG Mystics usual selection processes. Starting the day with routine performance testing and netball skill development

was welcomed by the Men, providing them with an initial insight to what happens in the elite netball training environment. For some Men, it was their first time doing a Yoyo test and although the jump testing was unfamiliar to everyone, they enjoyed this new experience with great enthusiasm. The skill development session was a good opportunity for the coaches to learn more about how the Men respond to different styles of coaching and netball activity. Game play was exciting! The athleticism the Men demonstrated was outstanding, and the selection panel were treated with displays of exciting speed, alongside quality skill execution. With four weeks lead into the game, we have time to blend this athleticism and the uniqueness of what Men bring to Netball, with the performance knowledge of the Mystics.





The game is scheduled for Sunday April 3rd and will played against the Robinhood Stars Invitational Men's Team.

2022 Mystics Invitational Men's Team

Caleb Vercoe
Dennis Napara
Ephraim Ormsby
Hikoirangi Paki
James Brown (Training Partner)
Joseph Tukaki
Joshua Vercoe
Kevin Bell
Kruze Tangira
Quintin Gerber
Thomson Matuku
Wiremu Britton-Rua

Head Coach: Tia Winikerei Assistant Coach: Ripeka Pirie



Team Manager: Nikola Kemp





WITH THANKS TO OUR FUNDING PARTNERS



























