COMMUNITY NEWSLETTER

June 2022





Kia ora koutou katoa

It's hard to believe we are in the middle of the winter season – where did the year go!

June – July is filled with representative netball with local circuit tournaments culminating in attendance at National tournaments. We tip our hats to the many volunteers that contribute to rep programmes – from the coaches, managers and umpires, to the cooks, cleaners and control room helpers, and to the parents – everyone has a role to play and play it well they do! Thank You!

We wish all our teams safe travels and an enjoyable tournament experience.

The Zone Community team has been busy too with the umpires attending all rep tournaments as well as running Umpire Coaching modules. NetballSmart have been out and about as well as continuing to develop their resources for Sport Tutor and the NetballSmart website. Karyne and Amanda, as Centre Relationship Managers, have been checking in on Centres with our annual health check alongside providing targeted mahi that meets each individual Centres' needs. Our new Coach Lead, Tania Heap starts on Monday 11th July and will be out to meet the Auckland regional centres over the next 6 weeks.

The Health Check has served as a stark reminder to ensure all Incorporated Societies compliance is met in a timely fashion, alongside effective financial budgeting and reporting.

With the completion of the first Membership return, analysing the numbers and looking at participation trends is one focus in the coming months. We are keen to discuss and brainstorm opportunities for growth at your Centre, share learnings from around our Zone and look ahead to what new initiatives or actions are needed to grow our game in 2023 and beyond.

Nga mihi,

Karyne Ross, Community Netball Manager

ZONE NEWS FROM OUR BOARD

During the last month I have visited Waitakere and Rodney Netball Centres on a Saturday – it was fabulous to see netball being enjoyed. There was lots of laughter, fun and grit being displayed on court and great support and encouragement from friends and family on the side lines. I enjoyed the conversation and good coffee and seeing real evidence of the power and value of netball.

Thank you to all centre staff and volunteers, team coaches, umpires, managers and administrators who make this all possible!!

Board annual plan

There always seems to be so much to do and it is easy to be busy doing whatever is in front of you and be surprised by deadlines or reporting requirements. We use a board annual plan to schedule the dates of our board meetings a year in advance and set the agenda or key discussion topics for each meeting in advance.

We include the board annual plan in every board pack, so we all (board members and CEO) know what is coming up.

Our board annual plan considers topics under the following headings:

- Governance e.g. AGM planning, policy and charter review, board performance
- Finance e.g. budget assumptions, draft and approval, reforecasts, funding plan
- Community e.g. community plan and KPIs, membership fees
- Performance e.g. coach appointment, pre, mid and post season reviews
- Other e.g. contract reviews, sponsor and stakeholder engagement

You may also find the attached Sport NZ example helpful

https://sportnz.org.nz/resources/step-2-develop-the-work-plan/

Attend centre board and committee meetings - please invite us

As promoted in previous newsletters we (members of the Zone Board) would like to participate in a board or committee meeting at every centre this year. This is part of our effort to enhance communication and collaboration, specifically with a governance focus, so complementary to the community advisory group and Centre Connect workshops and other regular collaboration.

We are keen to attend in person later in the year or online if that is how the meetings are being run for now. Please contact Phil Vyver — phil.vyver@netballnorthern.co.nz to schedule this participation.

Take care everyone, noho ora mai, Mary Board Chair

MONGONUI NETBALL CENTRE – PLAYER DEVELOPMENT PROGRAMME

Estelle Thompson at the Mangonui Netball Centre is the PDP (Player Development Programme) Facilitator and in her 4th season in her role. They have had steady numbers over the past years with around 36 players both male and female participants. They will send 3 teams to Festival days around the motu this year with help of the Far North Rural Travel fund they acquired for the first time this year.

They have 3 dedicated coaches, who are as passionate about the development of our players as Estelle is. As well as coaches and players, we are using the opportunity to develop their umpires under our Centres Coordinator Renee Walters. Together they are using this as an opportunity to develop as a Centre. They see these players are the future of their centre and we plan to bring through a really high quality of players, coaches and umpires.

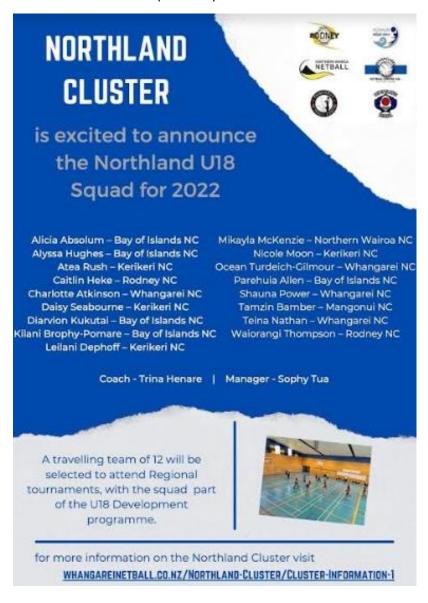
Estelle arranged to have Guest speakers lined up to spend time with the PDP group every weekend. In conjunction with Netball Northern they arranged Mystics players Sulu Fitzpatrick and Grace Nweke to zoom in. They answered many questions the girls had and spoke about "Early Specialisation & the Pressures of Performing at a High Performance levels". Alexandra from NetballSmart who spoke about Netball Tournament Preparation, Joanne Urlich from Te Hauora o Te Hiku o Te Ika on focused on nutrition and Far North Physio, the importance of avoiding injury and recovery.

The goal for the season is to extend knowledge as well as building a Netball Community focused on development. Estelle hopes that the programme will grow throughout older age groups and retain players as they get older and provide the pathway for them in the Far North. Well done Estelle and Sarah for you innovation and passion for development!!



NORTHLAND CLUSTER TEAM

Northland Netball Centres have been working collaboratively to form a Northland Cluster U18 team. A working group in 2021 was formed along with Zone representatives spearheading the project with a representative from each of the 6 netball centres working together to sort through policies and procedures to set for the team, management finances and funding. With each centre buying in to get it off the ground, Coach, manager and trial selectors applications went out with the successful appointment of Trina Henare as Head Coach and Sophy Tua as Manager. Trials were held at Bay of Islands College in a development setting and 16 girls attending. The team were taken through the NetballSmart warmup followed by activities that promoted whanaungatanga and then into skill development and ended with fitness testing and trial games. A full day of development for on and off the court. Selections were made as a squad with travelling and non travelling reserves. The team went to the North Harbour tournament on the 19th of June where they played two hard games that tested the team however some nice play and connections were made – a great effort considering it was their first time out on court together. With a break for training last weekend they team will play at the Papakura Netball Centre Rep Tournament on Sunday 3rd July. Great work and collaboration from all the Northland Centres working hard to make this team happen and open up a pathway for their athletes. Congratulations to all those selected to represent your centres and Northland.



UMPIRES

Representative Tournaments



Across May and June the umpires have been busy with 4 representative tournaments held at Pukekohe, Auckland, Netball North Harbour and the first Matariki festival tournament at Waitakere. It has been wonderful to see all the umpires at these tournaments stretching themselves and being so open to coaching. At these tournaments the umpires panels have completed practical assessments. Congratulations to all those assessed and well done to all umpires who came out and thank you all for your time!



To support and develop our umpires, at each tournament we have a panel of Umpire Coaches who provide live support to our umpires and work with umpire coach developers to broaden and strengthen their skills. A massive shout out of thanks to all our umpire panel members, our umpire coaches and umpires for their time and commitment. It has been fabulous to see the development of our umpire coaches from our extraordinary umpire coach developers.

Introduction to Umpire Coaching

This month we ran our second ITUC course for those wanting to become an umpire coach for their centre. The Introduction to Umpire Coaching module is the first step on the coaching journey and the foundation on which umpire coaching is based. It is aimed at new umpire coaches, or umpire coaches who would like to refresh or better understand the principles of coaching. The module includes philosophies that underpin how we coach.

We had a great turn out with 25 new umpire coaches across 10 centres! How awesome to be able to have so many come along and add another tool to their kete. We can't wait to see them all coaching at their netball centre!

CENTRE CONNECT



Youth Voice

Our June Centre Connect focused on Youth Voice, with fabulous insights from guest speakers Ciccone Hakaria-Turner, member of Netball New Zealand Youth Board, and Marvels player Jessie Taylor. It was inspiring to learn about their experience as youth in our sport. The series posed three questions to those who attended:

- 1. How do we get Youth Voice at Centre level?
- 2. How can Youth be great er supported in sport?
- 3. What do Youth want to see at their Centre?

We would like to gather more information in response to these questions so have created a survey: https://www.surveymonkey.com/r/6VQCPDQ.

Centres we ask you to share this survey link with all youth members at your centre – survey closes 10th July.

VOLUNTEER AWARDS – SPORT NORTHLAND

How awesome to see these wonderful volunteers within Northland Netball Centres nominated and recognised for their work within their various netball centres.

Congratulations to Amber, Christine, Sophie, Kyla and Stacey and thank you for all your time!



CADBURY VOLUNTEER OF THE MONTH

Don't forget to nominate your volunteers for the July Volunteer of the Month award! Coaches, Managers, Umpires, Coordinators- all those people that keep your School/Club running. Nominations close 10th July, but you can nominate anytime (nominations after this date go into next month). Volunteers can be nominated by a Club/School, player or supporter here: http://www.netballnz.co.nz/get-involved/volunteering



NETBALLSMART

NetballSmart have been very busy this month, working their way around the centres to deliver rep workshops to players, coaches and parents for the U14, U16 and U18 representative teams. These workshops are designed to educate players and coaches on how to prepare and manage tournaments. Jessie and Ala attended the Fujifilm Netball Experience day with some of the Mystics Players – this was a great day out and players all learnt a lot about skills and jumping and landing. We are launching into PDP season and NetballSmart are on hand around the Centres to help support the running of these sessions and implement some injury prevention strategies.

It's not too late to book a rep workshop, there is still plenty of time to learn! Contact Ala or Katie on netballsmart@netballnorthern.co.nz to organise one! We are looking forward to a busy month next month with the NetballSmart Team heading to Christchurch for the U18's tournament. The girls will be dressed in bright orange so don't be afraid to have a chat!







FESTIVAL DAYS

Netball Northern Zone with the support of Netball NZ was super excited to bring Festival Days to five of our Auckland regional centres. A fun day for Year 1-6's to learn new skills, play netball and meet some of the Northern Mystics

This wonderful initiative has generated interest from many youngsters now wishing to take up netball – an awesome outcome to grow participation in the junior space.

Thank you to the five Centres for all your hard work to make these days such a enjoyable experience:

Netball Waitakere, Waiuku Netball Centre, Howick Pakuranga Netball Centre, Manurewa Netball Centre and Auckland Netball Centre











WITH THANKS TO OUR FUNDERS...



























