

COMMUNITY NEWSLETTER

MAY 2023



Winter season is well underway and along with it the inclement changeable weather that comes in this Autumn to Winter transition. Netballers are a hardy bunch – a good pair of wellies and umbrella means netball always goes ahead.

It is exciting to hear team numbers are on the rise so heading to our overall Zone goal of returning to 2019 numbers looks promising. The formal membership return will go out to Centres in the next week or so with a deadline of 2 June but don't leave it to the last minute..you can send in your return as soon as your numbers are finalised. The Zone will share Return 1 participation numbers with you all in our June newsletter.

Increasing participation brings with it the challenge of more coaches, more umpires and in some cases, more volunteers to run games. The NNZ Volunteer Management plan template is available on NNZ website, was given to Centres on the Resource USB at either NNZ Conference or Northern Zone AGM and Zone Centre Relationship Managers can work with you to draft and implement a plan that meets the needs of your Centre.

We encourage all Centres to work with our Coach, Umpire and NetballSmart staff to ensure your Centre has a coach and umpire development plan. Ensuring Centres offer support for coaches and umpires help bring more volunteers on board and keeps them coming back. Providing a quality experience for all netball participants is the key to retention and helps with participation as members will recommend netball to others.

The ANZ Premiership is getting to the final stages with three rounds left it's a tight contest. Our MG Mystics have two more home games – this Saturday 6 May at Trust Arena against the Southern Steel – it's a 7pm game so plenty of time to get here after your own netball game. Our last home game is at Eventfinda Stadium on Monday 22nd May, 7pm and will be a great contest against Mainland Tactix. Look out for one of our very own Centres showcasing the futureFERNs Year 5&6 game at half time...

Our Mystics Men are back taking on the Stars Men in their first game as the curtain raiser this Saturday 6 May, Centre pass is 5pm. Tickets for both Mystics Mens and MG Mystics game can be found here: Tickets at: [Ticket Purchase](#)

With AGM's all behind us many Centres have new committee members or Board Members. Northern Zone CEO Phil Vyver and Board Chair Mary Gardiner would love to visit your next Board Meeting to meet new members and support Governance at your Centre. Centre Relationship Managers Karyne Ross and Amanda Dyason are also available to all committees and Centre leaders to assist with centre capability be it organisation structure, strategic and operational plans and all those things needed for a successfully run Centre.

Best of wishes to all our Centres and members for an enjoyable and quality winter netball season.

Karyne Ross, Community Netball Manager

Lois Bush

A message from Mary Gardiner, Northern Zone Chair:

I share the sadness at the passing of Lois Bush, who was truly an icon of Auckland Netball and of netball in NZ.

I was inspired at Lois's massive love of netball and everyone involved in it. She demonstrated humility, dedication and absolute generosity throughout her many, many years of volunteering for netball. I can't imagine that anyone else goes close to the longevity and hours of contribution.

Lois loved being in the Auckland Netball control room, which allowed her to meet everyone and ensure everything was well run and super organised. It can be a busy, noisy place with lots of questions being asked and feedback being provided. But Lois was always calm, methodical and very patient with everyone.

Not long ago there was a surprise birthday celebration for Lois at Auckland Netball - with a large and very esteemed guest list. It was quite a feat to organise. The only hitch was, despite the best laid plans the guest of honour did not (or would not) attend. The event was filmed and the wonderful tributes recorded, which meant Lois could enjoy the event in her own way.

Thank you Lois for all you have accomplished - you have inspired many and will certainly be missed!

Mary Gardiner

Northern Zone Chair and Auckland Netball Centre Chair 2012-2019

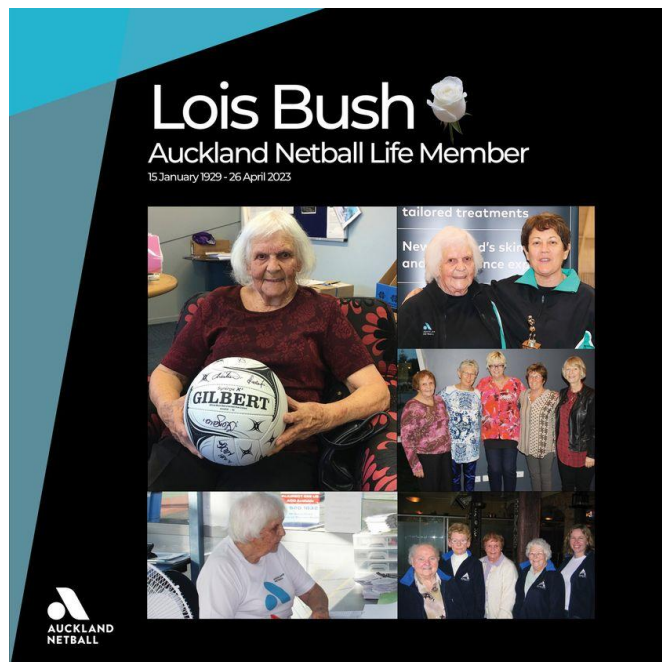
A message from Auckland Netball:

Lois was an icon at Auckland Netball. Over the many, many years with Auckland Netball, Lois had been a coach, manager, umpire, player and an administrator. She was loved and respected by so many people who have been a part of Auckland Netball fraternity. She had so much wisdom and a wealth of knowledge about the game and was happy to pass this on to others. Lois you will always be in our hearts and will be missed by many.

A message from Greg Bush – Lois son:

To all of you who have shared your stories, memories and condolences for our dear Mum, we want to say that we are truly grateful. It has been heart warming to read what each and every one of you have to say about her. Your beautiful words have opened our eyes to how much our mother was respected and idolised by many more people than we ever thought.

We always knew Netball season was on because there was a pot of shinbone and vegetable soup on the stove, and the clothesline was full of a thousand bibs! Mum would be out the door by 7am and back at whenever... School girl Netball was her passion and she enjoyed doing all the draws for the season MANUALLY! Netball filled her with pride and purpose and lead her to some of the greatest achievements in life such as being awarded her Lifetime membership to the Auckland Netball Association and meeting the Governor General to receive her Queens Service Award.



Netball Smart

NetballSmart has been running Developing Physical Capacity workshops both at HPNC and ANC. This is an overview of all things NetballSmart which gives coaches a good base understanding of the 6 principles that help create both a physically and mentally healthy athlete. It is a great workshop to kick start including NetballSmart into your coaching practices. All the coaches that attended were really engaged and interactive in the workshop. It was great to see the passion the coaches brought to embedding NetballSmart into their coaching.

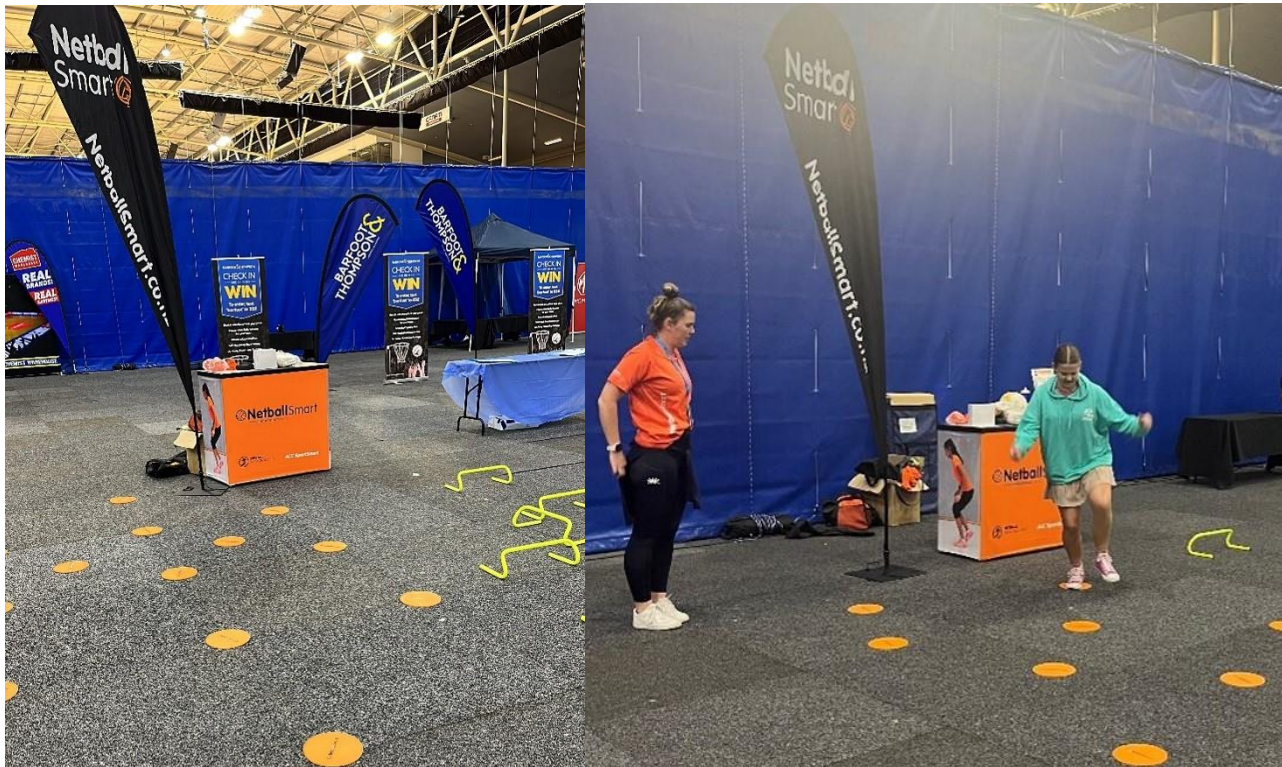
If you would like to learn the fundamentals of NetballSmart and how these can help shape your coaching practice. Please send an expression of interest and we can get you into the next available workshop!

Email to: netballsmart@netballnorthern.co.nz



Netball Smart has been busy at the MG Mystics home games running fun jumping and landing activities for all the MG Mystics fans to have a go. Some lucky and active punters were lucky to get prizes for answering NetballSmart questions and winning the 40cm Lateral hop test.

Practicing good landing techniques ensures players land well and can handle the demands of netball, consequently reducing the number of injuries seen in netball. It is great to see the younger generation getting involved and practicing their landing skills.



Centre Connect – Sporty

The first centre connect series for 2023 was all about sporty tips and tricks! We had 9 centres attend, with 21 people in total!

Centre Experts provided help to answer questions on Game Day App, Team Builder, SKED and SuperCRM. Jo Perry from Sporty provided more technical responses. Thanks to Anne Nicholson, Auckland NC and Gail Griffith, Ann and Alastair Todd Netball North Harbour for sharing their knowledge.

Northern Zone have created a cheat sheet of links that answers the questions raised through this session, and a full recording of Session 1 and 2 will be available on our website.

<https://www.netballnorthern.co.nz/northern/community-netball/centre-connect-series/centre-connect-sporty-tips-and-tricks.html>

Based on the feedback from the first two sessions, the Zone will run a session about push alerts through the Game Day App in early June. This will be run alongside Sporty. More information to follow.

Kaipara Netball Centre- Player Development Programme

The team at Kaipara Netball Centre ran their Player Development Program during the school holidays on the 20th and 21st April. There was lots of action with over 40 Year 7&8 players attending from surrounding schools and lots of valuable coaching on offer. Big thanks to all Kaipara CCAL1 coaches, Netball Northern coach lead Tania Heap, MG Mystics player Michaela Sokolich-Beatson and Northern Marvels Training Partner, Jamie-Lee Binks.

It is fantastic to see upcoming player Jamie Lee Binks giving back to her local community as Kaipara Netball Centre was her home centre in her junior years of playing community netball.



Kaipara Netball Centre - Give It A Go Day

Kaipara Netball Centre had a great turnout at their Give It A Go Day with over 40 kids attending! Netball superstars Sulu Fitzpatrick and Peta Toeava from the MG Mystics got involved with the futureFERNs activities.

Thanks to everyone who came along and supported the event to give the sport of netball a go! We can't wait to see them around the Kaipara Netball courts this year!



Waiuku Netball Centre – Opening Day

Waiuku Netball Centre started their winter season with an official opening of their latest two courts to be rubberised. The Centre is looking good with just two more courts to be done in the off-season along with new carpet and blinds in the pavilion. Many thanks to the committee who spent hours completing the funding applications and managing the contractors to complete these important renovations.

Netball is intergenerational with whanau following in their ancestors footsteps, becoming or staying involved in the Centre at the heart of their community. Waiuku is no different and it was a pleasure to have Noeline Ramsey open the newly refurbished courts on Saturday.

Noeline is a Life Member of Waiuku and now Patron.....just as her mother Jean, was before her. Below is the newspaper clipping from April 1992 showing Jean Seeger, Noelines mother, officially opening the then new Waiuku Courts. Fast forward to April 2023, Noeline is shown cutting the ribbon on refurbished courts with Centre president, Rachel Browne-Cole.



We know there are many stories of generations of families providing service to our netball Centres and we'd love to hear them – please email stories to: Karyne Ross, karyne.ross@netballnorthern.co.nz

MG Mystics

It's a rematch against our Southern opponents the Ascot Park Southern Steel and the Community Round of the competition. We will be celebrating our netball community with plenty of foyer activities and on court activations to entertain the whole family thanks to our match day partner MG Motor.

Tickets include the curtain raiser between the Mystics Men vs Stars Men at 5pm.

Doors Open: 4.30pm

Mystics Men vs Stars Men: 5pm

MG Mystics vs Steel: 7.15pm

Tickets at: https://www.ticketfairy.com/event/mg-mystics-vs-ascot-park-hotel-southern-steel-6thmay?_ga=2.64772655.1256457892.1682470257-1045826079.1593734784



Mystics Men 2023

We are pleased to announce the Mystics Mens Team for 2023. The team have been putting in the mahi under Head Coach Helene Wilson as they prepare to go head-to-head with Stars Men for two invitational games you don't want to miss.

Get down to support our men and stay on to see the women's team in action for a jam – packed double – header of netball! 5pm, Saturday 6 May, The Trusts Arena.

Congratulations to those selected:

- Quintin Gerber
- Gert Higgins
- Te Reiwhati Vercoe
- James Brown
- Jonah Tan
- Kevin Bell
- Eriata Vercoe
- Susnaton Seta
- Liam Dalton
- Joseph Tukaki
- Troy Skipworth
- Arama Jackson

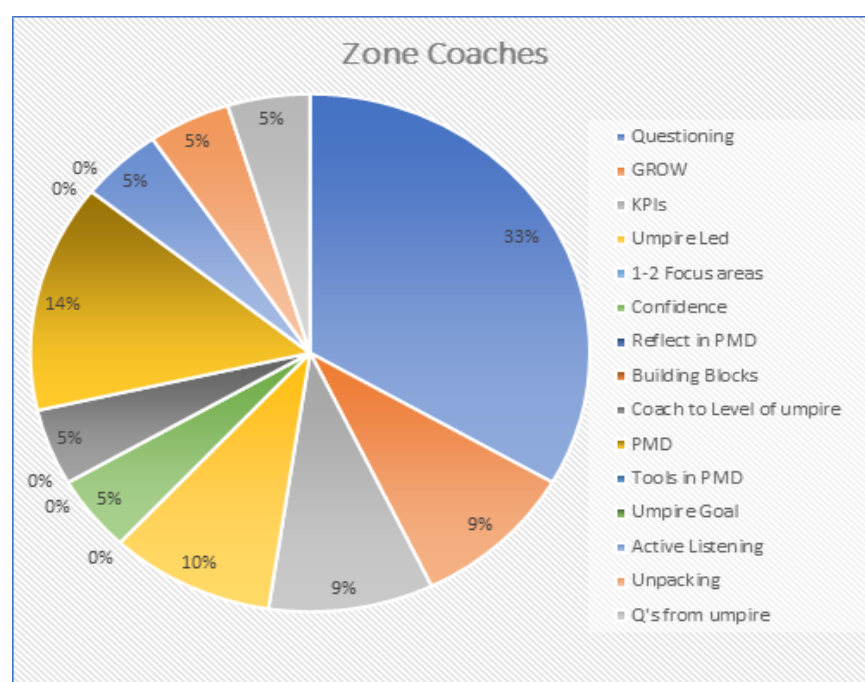
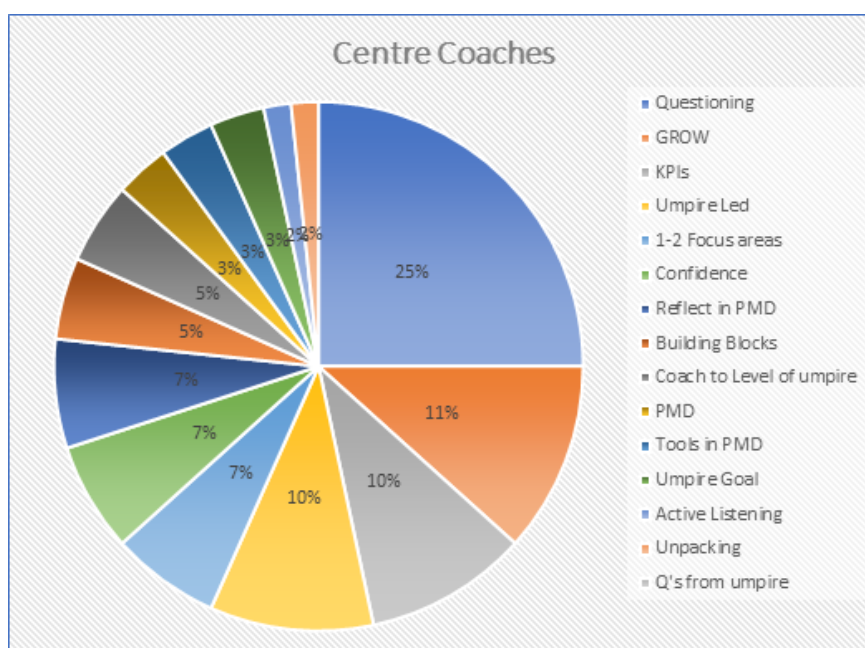


Umpires

Developing Umpire Coaches

Each year the umpire coaches in our Zone take part in formal and informal development opportunities with our Umpire Coach Developers. Together the umpire coach and umpire coach developer work through the strengths and development areas for the coach. After the umpire coach developers complete their reports, we look at the patterns of development areas for the umpire coaches across our Zone. This helps us identify where the most need is to run workshops or develop further resources. The information from the Umpire Coach reports and Centre reports on workshops delivered all feeds our insights into Umpiring needs across the Zone, and nationally.

These graphs highlight which areas our umpire coaches require further development. Our Umpire Coach Developers will run workshops, as well as focus informal development on questioning skills this year.



Umpire Coach Interviews

It's time to get to know our umpire coaches! Our aim is to highlight the work the umpire coaches do in supporting umpires in their development and that umpires are coached the same way that players are, both being athletes in our sport.

Meet our next Umpire Coach!

Name: Alastair Tod

Netball Centre: Netball North Harbour

Umpire Coach Qualification: Zone Coach/Assessor

About you: I am a secondary school teacher who became involved with Netball as I had 3 daughters playing on a Saturday during their high school years as well as a wife who was umpiring. As an example to players from my school I picked up a whistle and began umpiring myself.

When did you start coaching umpires and why did you decide to become an umpire coach?

I started coaching umpires when Netball New Zealand brought in their formalised umpire coaching courses. I followed in my wife's footsteps and we spent time together on the side-lines watching umpires and helping them develop. I became an umpire coach as I enjoy helping people develop their skills.

Why do you enjoy coaching?

The enjoyment comes from watching new umpires, young and old, develop their skills and understanding of umpiring and making progress in their umpiring qualifications.

What skill areas have you enjoyed developing as a coach?

The biggest skill I have enjoyed developing is that of me talking less and getting the umpire saying more when having post-game discussions.

What has been your best experience?

Any time an umpire leaves a discussion with a smile on their face because they have found value in what we have discussed.

What would be your best advice for new umpire coaches and for umpires just starting to work with a coach?

My best advice for new umpire coaches is to get to know the umpires you are working with and find out their goals. For umpires just starting to work with an umpire coach, be open and honest in discussions. If you don't understand what is being said, say so.



Umpire Coach Workshops

This month we ran four Introduction to Umpire Coaching (ITUC) courses for those wanting to become an umpire coach for their centre. The Introduction to Umpire Coaching module is the first step on the coaching journey and the foundation on which umpire coaching is based.

It is aimed at new umpire coaches, or umpire coaches who would like to refresh or better understand the principles of coaching. The module includes philosophies that underpin how we coach.

We had a great turn out with 22 new umpire coaches across 9 centres! How awesome to be able to have so many come along and add another tool to their kete. We can't wait to see them all coaching at their netball centre!

Introduction to Umpiring workshop



Rodney Netball Centre's participants

Across the Zone we have had multiple Introduction to Umpiring (ITU) workshops held this month. The ITU was held at Auckland Netball Centre, Howick Pakuranga Netball Centre, Kaipara Netball Centre, Papakura Netball Centre, and Rodney Netball Centre. How great to see several people across the centres passionate about learning the starting skills to become an umpire. Howick Pakuranga had a great turnout with 47 participants, and Kaipara Netball Centre ran their workshop alongside PDP and had 30 new umpires attend! We look forward to seeing the umpires around the courts this season.

If you are interested in attending an Introduction to Umpiring workshop please contact your local centre. We love hearing about any umpire workshops you have held and sharing them with our members. Please send through any photos and stories to include in our next newsletter.

New Zealand Secondary Schools Team Announcement

Netball New Zealand Emerging Talent Selectors along with New Zealand Secondary Schools head coach Pelesa Semu have named a team to head to Australia later this year.

Congratulations to those from Northern Zone who have been selected for the team:

- Le'Oxeayn Maiu'u (Northern) – Avondale College
- Summer Temu (Northern) – Mt Albert Grammar
- Priscilla Rasmussen (Northern) – Avondale College
- Lili Tokaduadua (Northern) – Howick College

The full article can be read here: <https://www.netballnz.co.nz/netball-nz/news/2023-nz-secondary-schools-team-announced.html>

Coach

Student Coaches –Netball Waitakere

It always brings immense joy when young people step up into leadership roles. In April Sport Waitakere organized a Leadership Workshop with secondary schools in the Waitakere region. After lunch they split off into their chosen sport code and undertook a coach workshop.

In the netball space we had eight bright student coaches, which were educated by Amelia Pasco from the Zone on the 'NetballSmart Warm up and Cool Down', and with the assistance of Pete McInnes, Coach Developer for Netball Waitakere, delivered a netball activity from the NNZ Year 9 & 10 Season Starter Programme Resource.

In this time, they learnt how to ADAPT the netball activity to meet the needs of their players, understand the purpose of the activity and how to provide feedback using questioning.

It is exciting to see that we have great talented young coaches involved in our sport. If you would like support for your student coaches, contact your local Netball Centre.



Nailing it – Coaching workshop

Join Sue Hawkins at Auckland Netball for a coaching workshop about attack and defence with an opportunity to ask Sue Hawkins questions.

Follow the link to register: <https://www.sporty.co.nz/viewform/234430>

Nailing It

Sue Hawkins Coaching Workshop

Sue Hawkins - current member of INF Coaching Advisory Panel. Previous coach of the English Roses National Team, QLD Firebirds, NSW Swifts (specialist coach), Mainland Tactix, Auckland Diamonds teams, plus AIS National programmes.

- Friday 12 May 2023, 6-9:30pm
- Refreshments, 6-6:30pm
- Covering Attack & Defence and Q&A
- Cost \$45 per person
- Auckland Netball Centre

REGISTER HERE





Netball Waitakere Men's League

Netball Waitākere is showing its commitment to the men's game by starting the first male-only full season competition in Auckland, running alongside its female league.

Ten teams will feature in the competition, with players travelling from as far as Whangārei to take the court.

Thank you to the Netball Waitākere Community, Board & Membership for embracing this kaupapa and helping get Men's Netball embedded into our community.

There have been many people that have done a lot of groundwork to get Men's Netball to the levels it is at now. We couldn't do what we do without those that have come before us. This step will allow young tāne rangatahi a pathway and place to develop in the sport we all love.

Auckland Netball Job Vacancy

Awesome opportunity to join the Auckland Netball team as development programme officer. You will be responsible for developing, implementing, co-ordinating and delivering a range of programmes at St Johns and Windmill Road venues.

Follow the link for more information: <https://www.aucklandnetball.co.nz/about-us/job-vacancies-1>

WORKSHOP/COURSE CALENDAR

Includes NNZ Community Coach (CCA), Netball Smart and Foundation future Ferns Modules as well as other valuable netball workshops. Find the Netball Centre near you. **Everyone Welcome!!!**

CENTRE/ORGANISER	DATE	WORKSHOP / COURSE
Sport Tutor http://www.sporttutor.nz/netballnz	Ongoing	<i>Netball NZ (NNZ) Online Learning is designed for everyone involved in Netball including coaches, umpires, volunteers, and players. Find your favourite Netball modules and resources as well as discover new learning experiences. Explore training in leadership, injury prevention, performance enhancement, coaching tools/tips for all age groups, umpiring and more</i>
Waiuku Netball Centre https://www.waiukunetball.org.nz/coaching/courses	10 th May	CCA L1 - Team Building
Pukekohe Netball Centre http://www.pukekohenetball.co.nz/coaches.html	4 th May	CCA L1 – Shooting
Howick Pakuranga Netball Centre https://www.hpnc.org.nz/	8 th May 15 th May 22 nd May 12 th June 19 th June 26 th June	CCA L1 – Defence CCA L1 – Shooting CCA L1 - Midcourt CCA L1 - Centre Pass, CCA L1 - Through Court CCA L 1 - Circle Work
Auckland Netball Centre https://www.aucklandnetball.co.nz/	1 st May 3 rd May 4 th May 8 th May 12 th May 20 th May 27 th May	FutureFerns – Year 7&8 FutureFerns – Year 5&6 FutureFerns – Year 1 – 4 CCA L1 – Planning Season & Sessions CCA L1 – Attack & Defence CCA L1 – Building effective relationships CCA L1 – Skills Analysis & Shooting
Netball North Harbour https://www.netballnorthharbour.co.nz/programmes-1/coaching-courses Hibiscus Coast	3 rd May	Practical workshop – Y3 to Y6
Waitakere Netball Centre https://www.netballwaitakere.co.nz/	18 th May	FutureFerns – Year 1&2 FutureFerns – Year 3&4

WITH THANKS TO OUR FUNDERS...

