

All the latest news proudly brought to you by



Centres have got off with a roaring start to the winter season with grading, pre-season tournaments, and umpire and coach development modules. A timely reminder to everyone to ensure Good Sports messaging is a constant across all your events and communications. We particularly liked the latest Good Sport video from Jimmy Rees – a humorous look at a serious topic that no doubt many parents related to! If you haven't seen it check out Northern Zone Facebook page.

We are looking forward to kōrero with our Centres on Sunday at our first Centre Connect event for 2024. It will be informative, interactive and most importantly a time for connection with your fellow Centre colleagues. And of course, a chance to support our MG Mystics as they take on Te Wānanga o Raukawa Pulse.

Over the past months Northern Zone have been refreshing, with the expertise of consultant Visitor Solutions, and input from all our Centres, the Auckland Regional Netball Facility plan. We are excited to present the findings and recommendations at our Centre Connect Event on Sunday 5th May. This week Phil and Karyne have attended two major facility presentation events.

Thank you to Howick Pakuranga Community Sports Centre for your consultation on Draft Plans for the expansion of your current indoor facility. It was a pleasure to discuss with other codes the current plan, check code needs and korero with the funding consultants. Indoor court space is a concern across the whole of Auckland and this project will provide some relief in that space.

Thank you to Ngāti Whātua Ōrākei Marae for the warm powhiri, and presentation of concepts for the new Sports and Hauora Centre. As above more indoor court space is welcomed by all codes across Tāmaki Makarau, and we look forward to supporting you on this journey.

We are excited to announce two new additions to our Community Team. Joining us are Michelle Spooner and Leah Lazarus.

Michelle takes up our Communications and Marketing role assisting with all things comms, social media and administration support for the community team. Michelle is also returning to the netball court this season, playing for the Warkworth Club at Netball Rodney. Centres will start to see comms coming from Michelle in the near future.

Leah is well known in our Zone and is doing a short contract to support the Counties Manukau Centres in Umpire Development. The specific focus is on the administration of the CM Cluster Umpire Group, and the CM Umpire Coach Group. Leah will also work to complete our Umpire Convenor 101 Guide, a project stated by Brianna last year.

Karyne Ross, Community Netball Manager

FROM OUR BOARD

Board Induction

Following our Zone AGM where Sulu Fitzpatrick and Anna Richard were elected to the Netball Northern Zone board, we have also welcomed three new co-opted board members to our board team. Our new board members are:

Heidi Wilde – has experience in finance, marketing and events in the charitable sector across health and sports, including roles with Paralympics NZ and Disability Sport Auckland. Heidi participated in the Active Women's Leadership Development Programme.

Anton Tyers – a passionate netball fan and coach of several teams for the Fusion netball club in Pukekohe. Anton brings extensive HR, health and safety skills.

Simon Laphorne – brings over 20 years legal experience as an employment, health and safety and privacy lawyer. Simon has played and coached soccer and supports his wife and daughters at netball.

We have found co-opting board members an effective way to organise our succession planning and provide good support while new team members learn about the Zone and how we operate. We are really excited to have Sulu, Heidi, Simon and Anton join our board team!

A key step to ensure our new board members get up to speed quickly is a good induction process, which we commenced this week.

Our board charter describes induction as a combination of reading, discussions and experience on the job, as follows:

- Upon joining the board and prior to the first board meeting provide: Board Charter, Constitution, governance or board approved policies, Netball NZ and Zone strategy, last three meeting papers, latest financial reports, organisation chart, key contacts and annual board plan.
- Induction workshop with, at least, our chair and CEO covering: board charter and policies including code of conduct and interests register, overview of netball in NZ, strategy, key partners, financial situation.
- Team new member with a buddy for support during meetings and a sounding board between meetings.

There are lots of great resources available, including Sport NZ's Nine Steps to Effective Governance, which can be accessed <https://sportnz.org.nz/sector-guidance/nine-steps-to-effective-governance/>.

Netball NZ Centre Management toolkit also provides templates for Centre Induction for Boards which can be accessed via this link: <https://www.netballnz.co.nz/netball-nz/community/centre-management.html>

Enjoy the netball competitions at your centre and we encourage you also to head to a game and support the MG Mystics and Stars in person!

Mary Gardiner, Board Chair

6 v 6 TO 7 v 7 TRANSITION INFORMATION

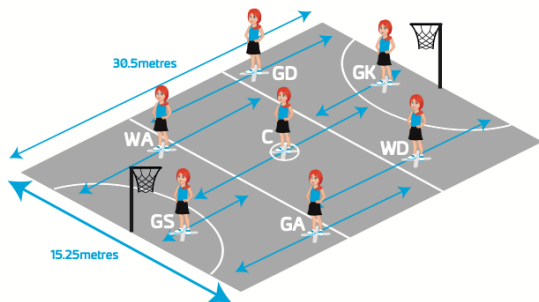


What is 7 v 7 Netball?

It's super easy to get involved in the Woolworths futureFERNS programme.

Philosophy of Mother Earth futureFERNS

- HAVE FUN!
- Learn new skills, knowledge and understanding
- Be motivated and confident to play
- Develop a life-long love of Netball



What are the changes between 6 v 6 and 7 v 7?

Woolworths futureFERNS grows as the players grow.

6 v 6	7 v 7
<p>6 players per team</p>	<p>7 players per team</p>
<p>GOAL HEIGHT 2.6M</p>	<p>GOAL HEIGHT 3.05M</p>
<p>SIZE 4 BALL</p>	<p>SIZE 5 BALL</p>
<p>8 minute quarters</p>	<p>10 minute quarters</p>
<p>Team changes at HALF TIME</p>	<p>Team changes at QUARTER TIME</p> <p>Substitutions can be made at an interval, half time, or injury, also tactical substitutions may be allowed after a goal is scored.</p>
<p>ROLLING SUBS</p>	<p>ROLLING SUBS</p>
<p>Pass with Ball within 5 secs</p>	<p>Pass with Ball within 3 secs</p>
<p>DEFEND 1m AWAY</p>	<p>DEFEND 0.9m AWAY</p>
<p>CENTRE PASS is by the non-scoring team</p>	<p>CENTRE PASS is alternated between teams</p>

How to Introduce 7 v 7 to players

For a full version of the rules visit www.futureFERNS.co.nz

TIP 1:

Provide opportunities for players to experience a variety of positions. They don't need to specialise yet.

TIP 2:

Let players play and enjoy themselves. We can't predict adulthood success from childhood success so develop the love for Netball first.

TIP 3:

Create a positive environment that focuses on development to get the best out of the players.

Options for introducing 7 v 7

- Run a taster session at your School/ Club/ Centre of the 7 v 7 game.
- Run a Fun Day for parents and players, give everyone a go at the game.
- Run 3 week pre/ post season sessions of 7 v 7
- Give players and parents the flyer of 7 v 7 Netball
- Have 2-3 sessions on all areas of the court, try out some games/ activities for those areas e.g. Week 1- GA, GS
- Set it up as part of Term 1 holiday programme for Year 7s
- Buddy a Year 7 with a Year 8 to introduce the rules

Creating Year 7 & 8 Teams without Trials

These options will give you an idea of physical skills, knowledge, motivation, coach-ability and teamwork skills of players. Fun and Friends are most important to this age group.

- Invite all Year 7 & 8 players and run a range of small sided games e.g. (Ball Tag, Touch Down, Treasure, Fives)
- Have a Fun Day at your School/ Club
- Run weekly sessions with the coaches to introduce players to different areas of the court (Attack, Defence Midcourt)
- If players want to form a team with their friends that's okay.
- Teach the NetballSmart Warm-Up to see fundamental movement skills
- Run a specific session for those new to Netball

CENTRE STORIES

Netball Rodney: Taster for Coach & Netball Smart Workshops

Netball Northern Zone Amelia and Tania led a fun engaging session for participants who took part in the Information Day at Rodney Netball Centre.

The session highlighted the significance of learning through play. By simulating game scenarios, the activities aimed to teach vital skills in a context that mirrors actual gameplay. This approach to learning is both effective and enjoyable, as it helps in retaining new skills because they're practiced in a game-relevant setting.

Moreover, the emphasis on adapting activities to suit varying skill levels and motivations addresses a crucial aspect of coaching—keeping players engaged and challenged. This not only aids in skill development but also in fostering a problem-solving mindset among players, enhancing their game intelligence.

In addition to the practical skills, the session also covered the importance of warm-ups and cool-downs, highlighting their role in player performance and recovery. We touched on why we do what we do and how important that we all have a good experience.

The positive feedback, characterized by laughter and active participation, suggests the session was a resounding success. The follow-up survey indicates a forward-thinking approach, aiming to tailor future workshops to the specific needs of coaches and centres.



Tournament planning at Mangōnui Netball Centre

A small group of dedicated coaches from Mangōnui Netball Centre attended a Tournament Planning Workshop, in preparation for the upcoming Representative Netball Season.

The core focus areas included strategies to enrich player's experience, both on and off the court, which is crucial for building team morale and individual confidence.

Coaches were equipped with insights on the importance of optimizing physical and mental preparedness, a balanced approach that acknowledges the demands of netball tournaments on our players.

Additionally, discussions took place on key planning, processes, and considerations, to create well-thought-out successful tournament campaign.

The atmosphere of authentic sharing and caring created an enriching experience, where coaches could exchange ideas, challenges, and strategies, fostering a community of learning and mutual support.

The commitment demonstrated by these coaches in attending the workshop underscores their dedication to their netball community.



Mangōnui – Introduction to Umpiring & New Rules

There was a great turnout at Mangonui Netball Centre on 20th April for the Introduction to Umpiring workshop. We worked through what makes an effective umpire, what the role of an umpire is and then hit the court to practice the whistle, calling infringements using communication and hand signals and when to move down the side line and onto the goal line.

Thanks to everyone that attended that gave everything a go with enthusiasm!

It was also another great opportunity to talk about the new rules and get a good understanding for how they may play out on court.



We can't wait to see you umpire your first games.

Amma Spice Tournament

Get your entries into this tournament in recognition of a wonderful nettie and community champion, taken way too soon, and remembered with love.

**MANGERE OTAHUHU NETBALL
AMMA SPICE TOURNAMENT**

10 year anniversary

Sunday 12th May 2024
Start Time 9am

Please enter your interest by emailing registration & payment
Bank details: Mangere Otahuhu Netball (GST# 025-320-806) ASB
12- 3076-0392884-02 Ref: Club/School Name
Email: mone.netball@gmail.com

- § Grades (Yr5, Yr6 – 6 aside rules) Open Intermediate, Open College Mixed, Men's, Open Women's,
- § Entry fee \$70.00 per team incl GST
- § A qualified umpire must accompany each team (Centre Badge)
- § Each team to supply a correctly inflated ball
- § Sponsored prizes for winners

Paving a new pathway for Māori and Pasifika Netball Coaches



Hitting the netball courts on a Saturday morning is a tradition shared by many kiwi whānau. From the early rises and hustle to get out the door, to the post game team chants signalling a game well played, this sport has been a unifying force bonding communities across generations.

For years Māori and Pasifika players have dominated the courts showcasing their talent and aptitude in the game of netball. They represent their regions in national competitions and have risen to international acclaim as Silver Ferns. When it comes to the people coaching in the higher echelons of the sport, however, there's a sizeable drop in numbers. Healthy Families Waitākere Systems Innovator, Ruta Tonumaivao explains.

“To make the jump from community coach to performance coaching, you must complete an accreditation programme run by Netball New Zealand. The insights we've gathered from community coaches have highlighted the need for experienced Māori and Pasifika facilitators, and to introduce culturally appropriate methodologies into the programme”.

Healthy Families Waitākere has partnered with Netball Northern Zone and Netball New Zealand to trial a new approach using te ao Māori principles in the accreditation programme.

“One of the biggest changes we've made to the programme has been to explore a tuakana-teina approach, which focuses on building solid connections within the programme and drawing on the coaches' skills and experience to support and mentor each other”, says Tonumaivao.

Te ao Māori principles such as whakawhanaungatanga, manaakitanga, and practising karakia and mihimihi have also been woven into the programme to nurture a space for open, honest communication. Netball Northern Zone Coach Lead, Tania Heap explains.

“Implementing whakawhanaungatanga helped to create a sense of belonging and a safe space to share experiences and work together. In doing so, it strengthened the resolve of each member of the roopu.”

“The element of care and authenticity supported the coaches to thrive”, adds Leigh Gibbs, Community Coaching Manager Netball New Zealand.

“The programme has been transformative, we've never seen anything like it”, says Rob Wright, High Performance Coach Lead Netball Northern Zone.

Northland Netball – Under 18 Campaign

Northland Netball is excited to have Madelaine Moulds appointed as Head Coach for the 2024 Under 18 Campaign.

Madelaine is a highly regarded and experienced coach, having attended National tournaments and worked in the CoachForce Programme under the previous Netball North structure.

She is a familiar face to Northern Wairoa, Rodney and Whangarei Centres having coached various teams alongside contributing to committee and volunteer roles.



Trial Registrations:

Registrations are open and close on Monday 6th May. Please ensure players have read and understood the Player Eligibility and Appointments and Selection Policies which can be found on the website:

<https://www.sporty.co.nz/northlandnetball/policy-documents/procedure-docs>

Trial registrations can be made here: <https://www.sporty.co.nz/northlandnetball/player-registrations-trials/registrations>

Trial 1; Sunday 12 May 2024, 10am-1pm, Kaikohe Sportsville, Lindvart Park

· Trial 2; Sunday 19 May 2024, 10am-1pm, Whangarei Netball Centre

· Trial 3 (if required); Wednesday 22 May

Rep Tournament Dates and Entry Links

Pukekohe Netball Centre: Counties Energy Representative Tournament

Tournament details:

Date: Sunday 26th May

Entry fee: \$85 per team

Payment Due: Monday 20th May

Registration link: [Click here](#)

Grades: Female grades U14, U16, U18

Entries Close: Sunday 19th May

Entries close on Sunday 19th May. In order to ensure a timely release of the draw, **no late entries will be accepted**. We aim to make the draw available by COB Wednesday 23rd May.

Waitakere Netball Centre

Tournament Grades: Under 14, Under 16 & Under 18 women's Grades

Under 18 Men's Grade

Date: Sunday 19 May, 2024

Venue: Netball Waitākere, 31-35 Te Pai Pl, Henderson, Auckland

Cost: \$90 per team

Registration Link: [Netball Waitākere-Netball Waitākere \(sporty.co.nz\)](#)

Entries Close: Tuesday 14 May, 2024



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*Terms and conditions apply.

The advertisement features a blue and white color scheme. On the left is the PIC Insurance Brokers logo. The main headline 'SPORTS CLUB REBATE' is in large, bold, dark red letters. Below this, the text 'ATTENTION SPORTS CLUBS' is in white on a dark red background. The promotional message follows in white text on the dark red background. At the bottom, the website and phone number are provided in white. On the right side, there is a white silhouette of two netball players in action, with one player jumping to shoot the ball into a hoop.

VOLUNTEERS

Working Bee Whangarei Netball Centre

Gone are the days of messy, unkempt plants and litter scattered about. With each passing moment, we're witnessing the transformation unfold, thanks to the dedication and hard work of some truly remarkable individuals. Led by Theresa Cochrane and accompanied by a spirited group from the Nga Puhi Ahi netball club, along with the enthusiastic assistance of my two grandsons, we tackled the mess that had plagued our front gate for far too long.

Theresa and her team embody their values with unwavering commitment, and their offer to lend a hand at the centre speaks volumes about their dedication to community service. In the words of Tee, this initiative showcases the true essence of Manaakitanga, fostering a sense of belonging and care within our community. Volunteers like Theresa, the Nga Puhi Ahi club members, and countless others serve as the lifeblood of our community, breathing vitality and purpose into our shared spaces.

Expressing gratitude feels inadequate in the face of such generosity and goodwill, but nonetheless, we extend our heartfelt thanks to all who contributed to this endeavour. Their efforts have not only beautified our entrance but have also strengthened the bonds that unite us as a community.

Tino pai rawa!!!!!! Awesomeness.



NETBALLSMART

We are excited to share the success our recent coaches workshop at Kaipara Netball Centre, where we had the pleasure of hosting a dynamic group of new coaches in collaboration with coach developers and staff from the centre. The session was not just informative but also practical, as we took our activities outdoors and delved into inventive warm-up techniques. The energy and collaboration amongst coaches truly embodied the spirit of community and growth that we love to see. We look forward to seeing these coaches inspire and help their players to grow.



UMPIRES

Northern Umpire Development Group

Our Northern Umpire Development Group have been busy working together to start their season. They have already engaged with NetballSmart to work through strength and conditioning, recovery, yoyo preparation, nutrition and hydration, smart health, and injury management. Thanks to NetballSmart for working with our umpires to gain knowledge and further understanding in this space.

The group went to a MG Mystics vs Stars pre-season game to discuss game analysis and see how umpires adjust to different scenarios. It was great to observe the post-match discussion between the umpires and their umpire coach, they got an opportunity to ask questions and get feedback from National Squad umpires.

They have worked on their own individual performance plans and taken opportunities to umpire at National Development Camp over the holidays. It's great to see our umpires leading their development and taking the opportunities available to them, great work team!



Congratulations



Congratulations to our Watchlist umpires for their recent appointments on the Synergy Hair National League games!

Kian Manilal – Sunday 14th April, Comets vs Central – reserve umpire
Gemma Groenewald – Sunda 5th May, Marvels vs Central – reserve umpire

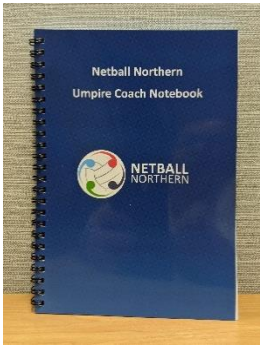
Rules Workshops

The new rules workshops have been going really well throughout the Northern Zone. It's been great to see umpires, umpire coaches, players, coaches, and all centre members taking part and using the resources to learn about the changes and clarifications.

Remember that all resources can be found here, feel free to keep sharing to your members. <https://netball.sport/game/the-rules-of-netball>

Zone	Workshops	Participants
South	9	306
Mainland	17	435
Central	30	792
WBOP	22	488
Northern	31	876
Total	109	2897

Umpire Coach Notebook



New Resource for Umpire Coaches -coming soon to your centre! Netball Northern have put together an umpire coach notebook with all the resources that umpire coaches need when they are out and about supporting and developing umpires.

We look forward to delivering these to centres very soon.

Starting Out Umpiring 2024

This resource has been updated to incorporate the New Rules 2024.

You will find umpiring rewarding and a way in which you can contribute positively to the game.

This guide looks at the basic Rules of Netball and is designed to help new umpires, including parents, players and coaches with the basics of Umpiring Netball.

It will give you a sound background of the rules, help you build confidence for when you umpire as well as helping you when you play.



Introduction to Umpire Coaching

It was exciting and rewarding to have 28 new Umpire Coaches attend our recent Introduction to Umpire Coaching workshops.

It was great to see people from 12 different netball centres come together to learn how to support and develop umpires in their centres.

If you have any more people that may be interested in coaching umpires, please let us know.

Umpires are athletes in their own right and they, just like players, need coaching!



COACH

Netball New Zealand Community Coach Award Level 1 & 2

Congratulations are in order for the dedicated coaches who have recently completed the Netball New Zealand Community Coach Award Level 1 and 2. This achievement marks a significant milestone in their coaching journey, demonstrating their commitment to enhancing their skills and knowledge. By engaging with the Netball New Zealand online modules on Sport Tutor and face to face/practical modules, these coaches have taken a comprehensive step towards refining their coaching techniques and understanding of the game.

The Community Coach Awards Level 1 & 2 require participants to complete a series of Sport Tutor online modules alongside practical components at a workshop. These modules cover a wide range of topics, including Player Centered Coaching, Attack, Defence, Building Effective Relationships, Developing Physical Capacity and so much more, aimed at fostering a holistic approach to coaching and physical literacy.

The emphasis on 'how to coach' rather than just 'what to coach' underscores the importance of developing effective coaching strategies that make a real difference in players' development and team dynamics.

For those inspired by these accomplishments and looking to follow in their footsteps, attending a Community Coach Workshop could be your next step. These workshops are regularly held throughout the zone and provide an excellent opportunity for aspiring coaches to gain support, share new ideas, and ultimately, achieve their Netball New Zealand Community Coach Award. Keep an eye on the Zone and Centre Websites, monthly newsletters, and Facebook pages for upcoming workshop dates and details. Embracing this opportunity could be the start of an enriching journey towards becoming an impactful and effective netball coach.

Netball New Zealand Community Coach Award Level 2	
Denise Haulter	Howick Pakuranga Netball Centre
Netball New Zealand Community Coach Award Level 1	
Kat Keelan	Papakura Netball Centre
Micaela Ellis	Howick Pakuranga Netball Centre
Mel Gardner-Brown	Howick Pakuranga Netball Centre
Clare Gibson	Howick Pakuranga Netball Centre
Nicole Jackson	Howick Pakuranga Netball Centre
Kathryn Johnston	Howick Pakuranga Netball Centre
Rishi Kasireddy	Howick Pakuranga Netball Centre
Christina Nicholls	Howick Pakuranga Netball Centre
Alex Palacios	Howick Pakuranga Netball Centre
Eleanor Singh	Howick Pakuranga Netball Centre
Neha Singh	Howick Pakuranga Netball Centre
Krystal Jeffery	Howick Pakuranga Netball Centre

NNZ CCA Level 1 weekend at Howick Pakuranga Netball Centre

Twenty enthusiastic coaches gathered at Howick Pakuranga Netball Centre to attend the Netball New Zealand Community Coach Award Level 1 Weekend. The workshop, facilitated by Kylee Long and Denise Haulter, was filled with laughter, learning, and the sharing of coaching practices. The atmosphere was described by attendees as incredibly supportive, fostering a safe space for the exchange of ideas, learning, and personal development.

Participants were unanimous in their praise for the workshop's holistic approach to coaching. It wasn't just about drills and game tactics; the weekend was a deep dive into how to empower and instil confidence in players, a crucial aspect of coaching. The practical components of the workshop were particularly highlighted, providing the coaches with hands-on experience that is invaluable in their growth and development.

By the conclusion of the weekend, coaches left feeling more confident in their abilities, armed with new strategies and insights to begin the season ahead.

As a result of this weekend, 10 coaches proudly completed the NNZ Community Coach Award with a further 7 just needing to complete the online component to achieve this.

The NNZ Community Coach Awards serves as a cornerstone for ensuring that coaches are well-equipped with the knowledge, techniques, and ethos to nurture and develop players, making a substantial impact on the community and the future of netball in New Zealand.



Northern Zone – Coach Squad : Game Analysis Workshp:

A small cohort of The Northern Zone Coach Squad attended a Game Analysis workshop focused on an ANZ preseason match between the MG Mystics and the Stars which offered a unique insight into the workings of netball coaching strategies. Participants learned about key statistics that coaches prioritize during game analysis, such as scoring efficiency off gains/turnovers, consistency in scoring from the team's centre pass, and the effectiveness of feeds into the circle. These metrics are crucial for evaluating team performance and identifying areas for enhancement.

The workshop also emphasized the significance of simplicity and positivity in coaching. The "less is more" principle highlighted the benefits of providing one or two clear directions during quarter breaks instead of overwhelming players with information.

This approach helps maintain focus and encourages players to replicate positive actions. Monitoring player compliance with instructions and adapting communication strategies when necessary were key takeaways for effective coaching.

Listening to team talks during breaks and interacting directly with the coaches of the MG Mystics and Stars provided valuable insights. Each coach shared their objectives, tactics, and decision-making rationale, offering a rare glimpse into the strategic planning that drives team management.

This experience not only deepened understanding of netball from statistical and tactical perspectives but also highlighted the human aspect of coaching. The generosity of those who shared their expertise and allowed access to the inner workings of the ANZ Netball League was greatly appreciated and left a lasting impact, creating an unforgettable learning opportunity for all participants.

Witnessing the high level of netball skills up close was truly mind-blowing.



National Tipu Series - Selfcare

Facilitated by:

Tania Heap: - Netball Northern Zone Coach Lead

Kylee Long - Health & Wellness Coach & Coach Developer for Howick Pakuranga Netball Centre

Our roles can be overwhelmingly demanding, making the need for self-care not just a luxury but a necessity. This session emphasized that self-care is inherently personal to each individual, it requires self-responsibility and to practice it, in a deliberate and holistic manner.

The workshop delved into the essence of self-care, highlighting that it must be practiced with self-awareness and initiated before reaching a point of crisis. This pre-emptive approach challenges the misconception that self-care is a reactive or quick fix to stress or burnout. Instead, it is a continuous process that encompasses various dimensions of one's life, including taha tinana/physical health, taha hinengaro/emotional well-being, taha wairua/ spiritual wellbeing and taha whānau/family & social wellbeing. The series made it clear that understanding and attending to personal needs in a thoughtful, consistent way is not only an act of self-preservation but also an act of self-respect.

Perhaps the most powerful takeaway from the Tipu Series was the affirmation that "You are worth it." This simple statement serves as a reminder that the value of self-care is recognition of our worth as individuals. By fostering an environment where self-care is seen as essential and unique to each person, the series not only provided practical strategies for well-being but also celebrated the diversity of needs and experiences within the group. Embracing self-care is not a sign of weakness; rather, it is a testament to the strength and self-respect necessary to thrive in our challenging roles.

Thank you to those who participated and the courage and generosity of sharing your own self-care journey.



CCA Modules Across our Zone

North Harbour

Date: Sunday 26th May

Venue: Barfoot and Thompson Netball Centre, (downstairs Freeman Room) 44 Northcote Rd, Takapuna

Full Information: <https://www.netballnorthharbour.co.nz/programmes-1/coaching-courses>

Modules: *Player Centred Coaching (PCC), Planning, Shooting/Skills Analysis, Attack/Defence*

N.B. A minimum of 10 coaches registered per module block (or for the whole day) is required to be able to run this workshop.

Timeline: Open for Registrations at 8.30am with a finish by 4pm

N.B. All coaches must also complete the compulsory CCA1 online modules via Sports Tutor before attending the CCA1 workshop day on Sunday 26th May. To go to the NNZ Sports Tutor site [CLICK HERE](#)

Any enquiries contact michele@netballnorthharbour.co.nz

To register: <https://www.sporty.co.nz/viewform/289252>

Netball Manurewa

DAY	DATE	TIME	MODULE/ WORKSHOP
Wednesday	10/04/24	6.30pm – 7.30pm	Y5-Y8 Foundation
Saturday	13/04/24	10am – 11am	Y1-Y4 Foundation
Saturday	13/04/24	11am – 12pm	Y5-Y8 Foundation
Wednesday	17/04/24	6.30pm – 8pm	CCA1 – Planning
Wednesday	24/04/24	6.30pm – 8pm	CCA1 – Selecting
Wednesday	01/05/24	6.30pm – 8pm	CCA1 – Skill Analysis
Saturday	04/05/24	1.30pm – 3pm	CCA1 – Team Culture
Wednesday	15/05/24	6.30pm – 8pm	CCA1 – Attack
Wednesday	22/05/24	6.30pm – 8pm	CCA1 – Defense
Saturday	25/05/24	1.30pm – 3pm	CCA1 – Building Effective Relationships
Wednesday	29/05/24	6.30pm – 8pm	CCA1 – Shooting
Saturday	11/06/24	1.30pm – 3pm	CCA1 – Shooting

TO REGISTER:

<https://www.netballmanurewa.org.nz/Netball-Development/coach-development>

Coaches must pre-register online via the [NM website](#) see link above, in order to attend the workshops / modules.

NB: A minimum of 6 Coaches must be pre-registered in order for the workshop / module to proceed.

If you have any queries, please contact: SandIna Cameron – Netball Development Officer

Ph: 021 708 636 Email: developmentofficer@netballmanurewa.org.nz

Pukekohe /Waiuku Collaboration

Module: Tournament Planning

Date: Monday 20th May, 7pm

Venue: Pukekohe Netball Centre, upstairs

Registration: [Pukekohe Netball Centre-Pukekohe Netball Centre \(sporty.co.nz\)](#)



Be part of an exciting afternoon of netball action when we take on the Te Wānanga o Raukawa Pulse. Tickets include the curtain raiser match between our Northern Marvels vs Central in the Synergy Hair Netball League at 2pm.

With so much great netball action and a Kids Zone to entertain the young ones thanks to our match day partner Barfoot & Thompson, there's no better way to spend your Sunday.

Doors Open: 1.30pm
Marvels vs Central Game Begins: 2pm
Mystics vs Pulse Game Begins: 4pm

Tickets on sale: https://www.ticketfairy.com/event/mg-mystics-vs-te-wananga-o-raukawa-pulse-5thmay?_ga=2.202367000.864229267.1714081389-434123176.1691726416

Are you keen to help out? We are looking for volunteers to help with Game Day Set Up – its not hard work but it's active work and gives great insight into the behind the scenes happenings for sports events. It's an early start on Match days - 7am or 8am for up to 2 hours, but it's fun especially if you grab your team-mates or buddies! We have some incentives to volunteers so to find out more email Chris on chris.tennant@netballnorthern.co.nz

WITH THANKS TO OUR FUNDERS...



Northern Zone Community Team

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