COMMUNITY NEWSLETTER

February 2023





Kia ora koutou katoa

Happy New Year and welcome back everyone. After a positive start back in the office on 11 January things in the last few days have certainly once again pushed Auckland and Northlands resilience, and we feel for our colleagues as the wild weather makes it presence felt down country.

Whilst all our staff have come through unscathed, bar some garage water destroying boxes of photos for, Mangere-Otahuhu suffered some flooding of their office, meeting room and toilets quickly cleaned up by their wonderful volunteers and members. Those cold concrete floors were a blessing. Not so lucky for our friends at Netball North Harbour with severe flooding across their ground floor which is mostly carpet and we feel for them as they move into major clean up mode. Thankfully the arena was not impacted however still a tonne of work to do to clean and dry carpets. We are thinking of you.

All the Zone Community Team are now back on deck after their Christmas break and will be touching base with all our Centres and various personnel as we lock in priorities for 2023. It's a busy start to the year, as always, and we are excited by the mahi ahead. We look forward to seeing everyone at the AGM and outlining our key strategic priorities for this Year of the Rabbit.

Stay safe, if anyone is in need of assistance please, please contact us if you think we can help. Moral support and a friendly voice is sometimes just what you need to lift spirits ©

Nga mihi, Karyne Ross, Community Netball Manager

It certainly has been a challenging few days for our region, and my thoughts are with everyone that has been impacted by the recent flooding and associated damage.

Following consultation with our Centres and Netball NZ during last year, the Board approved an updated Strategic Plan (please see a copy at the back of this newsletter). As a result, we now have a more focused plan for the next 12 months and I wanted to highlight some key priorities we have as a Zone.

From a community netball perspective our top 10 priorities are as follows:

Participation:

- 1. Reduce amount of inappropriate behaviour to ensure a quality experience for all
- 2. Increase participation and awareness of opportunities to play netball

Coaching:

3. Improved coaching pedagogy and quality of coaching improves the experience for players contributing to enjoyment leading to longevity in netball engagement with a focus on Coach Developers

Technical Officials:

- 4. Umpires stay engaged in netball and enjoy a quality experience with a focus on Coach Developers, Umpire Coaches and Assessors
- 5. Build the capability in the official's space at netball centres with best practice umpire processes and development plans.

Capability:

- 6. Valuable engagement with Centres focused on Centre needs Partnership Plans.
- 7. Enhance sustainability of Northland Centres by reducing workload for volunteers and removing duplication of services
- 8. Reduce workload for volunteers and share expert knowledge through Centre Clustering

NetballSmart:

- 9. Cohesion within Zone and effective delivery of workshops
- 10. Reduce number of injuries in 19-33 age group social netball focus

We of course have a number of other areas where we provide support as well as business as usual activities. At the AGM in March we will present our renewed Strategy in more detail and welcome discussion at that time.

Phil Vyver, CEO

FROM OUR BOARD

Firstly I acknowledge everyone who has been impacted by the dreadful weather and flooding last Friday and over the weekend. You are in our thoughts and we hope repair and recovery goes smoothly. Please do contact Phil or Karyne if we can be of any support or assistance.

Role, purpose and opportunity of AGM with members

I hope you have our Northern Zone AGM in your diaries – it will be held at **1pm on Sunday, 26 March at The Trusts Arena**. All Zone AGM attendees are invited, as our guests to the NNL game commencing at 2.10pm and the MG Mystics vs Robinhood Stars game, commencing at 4.10pm, following the AGM.

Like you, our Centres, our constitution requires us to hold an AGM with our members yearly. Per the constitution members have the opportunity to determine major strategic direction, alter the constitution, review our performance and when there are vacancies, to elect board members. We welcome feedback and questions on the annual report and financial statements, along with our refreshed strategy.

Importantly AGMs are also an opportunity to celebrate success as we recognise service awards recipients, hence they also provide an important opportunity to acknowledge each other.

We look forward to attending your AGMs and welcome you at ours.

Mary Gardiner Board Chair

CENTRE ENGAGEMENT

Northern Zone AGM

A reminder our AGM will be held Sunday 26th March at 1pm. The meeting will be held inperson at Trusts Arena, Henderson, Auckland. The date of the AGM ties in with us hosting the NNL match between the Northern Marvels and Comets (2.10pm), and the ANZP match between the MG Mystics and the Robinhood Stars (4.10pm). Attendees at the AGM are invited to stay on and watch both of these matches as our guest.

Zone Service Awards

A reminder that we are currently seeking nominations for Zone Service Awards with nominations closing on the 8th February. Please have a think about people in your centre that would be worthy of a nomination.

For more information refer to email sent from Phil Vyver, CEO to all Centres on Wednesday 25 January, or contact our Office Administrator, Trish Harkins on trish.harkins@netballnorthern.co.nz.

Our service award recipients in 2022:

Debbie Shoebridge



Murray Lockwood



"Debbie has been a part of umpire development in the Northern Zone for many years. She has spent many hours working with umpires and umpire coaches in our Zone. Coaching umpires from community to performance, Debbie has had a huge impact on the development of umpires and umpire coaches".

"Murray was highly engaged in the consultation and establishment process of the Zones as part of the Netball NZ Working Group and has been an active and dedicated member of the Zone Board ever since. He has worked closely with a number of Centres over those years"

Centre Advisory Group - CAG

As mentioned in our last newsletter the CAG reviewed progress and committed to convening in the New Year – which is now!

The review confirmed its purpose was to feedback to Zone/NNZ about Centre issues, connect with other Centres to take a collaborative and cohesive approach to address similar barriers, identify key projects to work together on and gather as a Zone to support each other. This aligned with the original Terms of Reference and Scope as outlined below.

1. PURPOSE:

 To provide strategic feedback and input to Grow and Strengthen netball in the Northern Zone.

2. SCOPE of the Centre Advisory Group is defined as:

- Focus on zone initiatives and concepts for:
 - Community/Centre Development
 - Participation
 - Programme development e.g., Umpires, Coaching, Youth etc.
- Performance development (transition space) strategy for Centre into Zone
- Initiatives and agreement of support for Mystics and Marvels/Comets
- Sharing of best practice

Expressions of Interest are now open to those Centre personnel – be they paid or volunteer – to form the 2023 CAG. The EOI process ensures there is sufficient representation across the Zone including Centre size, geographic location and member demographics.

Please email EOI to Community Netball Manager, Karyne Ross on karyne.ross@netballnorthern.co.nz stating your Centre, Role at the Centre and preferred meeting time – business hours or after hours. EOI closes on Friday 24 February.

We look forward to supporting the CAG in progressing many of the topics raised in 2022.

PARTICIPATION

Give it a Go Day - Marketing Campaign



The "Netball is Back" campaign is taking off and great to see Centres utilising the resources on their social media.

The weekend of 24-26th February will be action packed with 9 Centres hosting Give it a Go Days. This is a wonderful opportunity to encourage new junior members to try netball and tips for a success included:

- Posting on your local community facebook pages
- Emailing all your local schools the flyer with details of the day
- Having a 'free play" area on the day with balls, hula hoops, fun equipment for children or siblings to engage with
- Staggering the start times for different age groups to cope with numbers
- Engage your clubs to come and promote their offering and help support delivering the day

We will bring you all the good news stories and photos in our next newsletter.

Participating Centres:

Howick Pakuranga; Waiuku; Mangere-Otahuhu; Manurewa; Auckland; Papakura; North Harbour; Waitakere; Northern Wairoa



Good Sports Introduction Course – Netball Northern Zone Trust Stadium – Saturday 4th March 10.00am-4.45pm

Purpose

The Good Sports introduction course supports our Centres to work with key adult influencers with a focus on Parents. The course aims to grow a collaborative workforce who are aiming to influence positive change in sport.

We are excited to deliver this course to our Centres and their key personnel as we all work towards ensuring a quality enjoyable experience for all our participants.

Full information will be emailed to Centres detailing the content of the day and how to register – plus the bonus of complimentary ticket to the Mystics game!

COMMUNTY TEAM PERSONNEL UPDATES

NetballSmart Development Office Ala Dysart will leave us on 31st March to head off on her big OE. Ala has been a fantastic addition to our team bringing a bright energetic approach to delivering NetballSmart. We will miss her but wow! - we are all jealous of the awesome journey she is undertaking.

Recruitment is underway for her replacement.

Auckland Umpire Development Officer Briana Valgre (Bri) returns to her role for another season with her first day back 1st February. Bri will support our Auckland Regional Centres in the umpire space, along with leading our Zone Umpire Capability Project, a key priority in our Operations Plan this year. Bri will also take the lead on a Zone Youth Advisory Group, utilising her experience as a Netball NZ Youth Board Member.

COACHES CORNER



For zoom workshop details and to register: WEDNESDAY 8TH https://www.sporty.co.nz/viewform/222514 FEB 7-8.30PM

Our Coach Leads from across the country are delivering a series of online preseason coach workshops designed to get you ready for 2023.

Each week on a Wednesday night starting on the 8/2/2023 we will spend an hour and half discussing and unpacking various coaching topics. You can register for only those you are interested in or all of them, it's up to you.

Wednesdays, 7 – 8.30pm Workshop

8 Feb	What makes for a good practice and season?
15 Feb	Who is at the center of all that we do as coaches?
22 Feb	How do we build effective relationships with players and parents, our schools, club and centre?
1 March	What vibe do you want to create in your team?

The workshops are designed to provide an interactive space where you will meet other coaches and discuss coaching topics.

Register online here: https://www.sporty.co.nz/viewform/222514

NETBALLSMART

The NetballSmart team have just finished 3 National Development Camps. The camps were a chance for the top 90 Secondary school players in New Zealand to showcase their skills and compete for 25 spots in the New Zealand Secondary Schools squad.

The role of NetballSmart at these camps was to carry out strength and fitness testing for each player as well as educate them on what it takes to be a Smart Player both on and off the court. Education that is vital to limit the risk of injury both in and outside the camp. It was awesome to see the players engaged and asking questions.

All the players pushed themselves and gave it their best effort! Good luck to you all.



We are looking forward to an exciting season ahead! It's never too early to be "NetballSmart". We are refreshed from the summer break and ready to hit the ground running! Get in contact with us for all things pre-season so your players are ready to hit the court and aren't trying to play catch up!

Contact the NetballSmart team via email:

Ala Dysart <u>netballsmartDO@netballnorthern.co.nz</u>
Amelia Pasco <u>netballsmart@netballnorthern.co.nz</u>

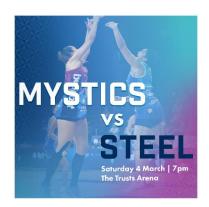
WORKSHOP/COURSE CALENDAR

Each month we update this calendar of available workshops or courses from around our Zone. We ask Centres to please email dates of their offerings to us no later than 26^{th} of each month to be included in the next newsletter issue.

Please go to the relevant Centre website for registration information.

CENTRE/ORGANISER	DATE	WORKSHOP / COURSE
Sport Tutor http://www.sporttutor.nz/netballnz	Ongoing	Netball NZ (NNZ) Online Learning is designed for everyone involved in Netball including coaches, umpires, volunteers, and players. Find your favourite Netball modules and resources as well as discover new learning experiences. Explore training in leadership, injury prevention, performance enhancement, coaching tools/tips for all age groups, umpiring and more
Pukekohe Netball Centre http://www.pukekohenetball.co.nz/coaches.html	2 March 6 March 8 March 22 March 23 March	CCA L1 - Building Effective Relationships Course CCA L1 - Attack Course CCA L2 - Mental Skills Course CCA L1 - Defence Course CCA L2 - Tournament Planning & Preparation Course
Howick Pakuranga Netball Centre	17 April 6 March 27 March	CCA L1 - Team Culture Course CCA L1 - Defence futureFERNS Coaching
https://www.hpnc.org.nz/ Sporty – in person Training Sessions 6pm - How to get the most from your Sporty Website and Mobile App followed at 7.15pm by	& 3 April 8 Feb 9 Feb 14 Feb 15 Feb 16 Feb	Auckland – Grammar TEC Rugby Club Counties – Kolmar Centre, Papatoetoe Waitakere – Netball Waitakere Whangarei – McKay Stadium North Harbour – Netball North Harbour
Online Registrations and Member Management https://www.sporty.co.nz/v2/workshops		All sessions are delivered by Sporty Trainers and start at 6pm till 8.30pm

NORTHERN MYSTICS



The 2023 ANZ Premiership is nearly here and the MG Mystics are opening the season against the Ascot Park Hotel Southern Steel in their FIRST home game of the season!

There will be a food truck/night market in the carpark from 5pm along with loads of entertainment for the whole family – including a Kids Zone, so grab your tickets now and head along early to enjoy the market atmosphere and help the MG Mystics start their season in style.

Tickets available at: https://www.ticketfairy.com/event/mg-mystics-vs-ascot-park-hotel-southern-steel-4thmarch?ga=2.160672953.548561895.1674793007-1045826079.1593734784

Market begins: 5pm Doors Open: 6pm Game Begins: 7pm

Mystics Home Draw 2023



NORTHERN ZONE STRATEGIC PLAN

OUR PURPOSE:	To grow and strengthen netball						
JUR PURPUSE:	Game - Community	Game - Performance					
SYSTEM SHIFTS:	Delivery, Formats, Participants	Presence Story, Brand and Voice	Financial Excellence, Efficiency and Share	Partnerships Relationships, Creativity and Collaboration	Performance		
STRATEGIC INITIATIVES:	Together with Centres focus on increasing participation, and initiatives that will improve the quality of the experience for both participants and volunteers.	Build the profile, engagement and appeal of netball in the Zone.	Improve the financial sustainability of the zone - growing members equity and ensuring the Mystics are not cross subsidised by the community game.	Collaborate and enhance meaningful relationships with Centres, Netball NZ, other Zones, other codes and community organisations	Successful elite teams that set the standard in the NNL and ANZP Competitions, winning regularly.		
	Grow and develop organisational capability and strength of Centres. Includes governance, organisation structure, volunteer management and promotion of Balance is Better principles.	Build the profile and appeal of the MG Mystics.	Provide benchmarking and support that will help to improve the financial sustainability of Centres.	Collaborate with HP partnerships and service provision (HPSNZ, NNZ, Sky and other HP codes) for mutual benefit	Identify, develop & support potential high performance coaches aligned with Netball N HP Strategy.		
	Grow and develop the capability of coach/umpire developers, volunteers & netball programme delivery personnel. Ensure NetballSmart Programme is incorporated within activities.	Create connection with the netball community by celebrating the achievements of our people.	Provide resources to enhance awareness and knowledge of funding opportunities	Advocate for enhanced netball facilities for both community and performance, including a 'home base' environment to support & deliver high performance outcomes.	High quality athlete development system in place. Dominant zone in Silver Ferns, U21's and NZSS Representatio		
By November 2024 we will achieve	Participation numbers grow to 5% above pre-covid levels - 50,000 participants	Increased satisfaction and engagement from our Mystics fans year on year	Minimum equity of \$150,000 and Mystics profitable	Partners report greater satisfaction and engagement with the Zone year on year	Mystics Win ANZP		
	Coach and Umpire Coach Developers Active in minimum 14 Centres	Year on year increase in stories told and shared through various media platforms	Growth in the amount of funding netball receives across the system (base to be agreed)	Facilities Plan refreshed with key projects identified	Marvels players transition to higher level (2 per year)		
	Good Sports Programme active in minimum 14 Centres				Zone players represented in national squads (Min 60%)		
	Embed	an internal culture of one team	including respect for Tikanga Ma	aori and Manaakitanga in all that	we do.		

COMMUNITY TEAM CONTACT

For all initial enquiries please contact the below:

Community Netball Manager Karyne Ross <u>karyne.ross@netballnorthern.co.nz</u>

Centre Relationship Manager Amanda Dyason <u>centrerm@netballnorthern.co.nz</u>