NEWSLETTER

MARCH 2024



FROM OUR CEO

I hope everyone had a very enjoyable Easter break. The weather turned out pretty good, which made it even better!

It marks the end of summer and the beginning of netball season for most! The ANZ Premiership and Synergy Hair National Netball League is just a couple of weeks away from starting, and I know all the Centres will be humming with activity as the winter season gets underway.

As a parent of two daughters who are keen netballers, I know I will be spending plenty of time courtside this winter!

Thank you to everyone that joined us for the Zone AGM last week. It was a pleasure to see you all online, and hopefully many will be able to make the Centre Connect session on the 5th May.

Thank you to those of you that made a submission to the Auckland Council Long Term Plan. Whilst it might seem that one submission won't make a difference the collective voice of Sport and Recreation certainly can. For those of you in Northland you still have time, with submissions to the Northland Regional Council LTP closing on the 19th April. Read on for more information!

As you will see throughout the newsletter, there is plenty going on, and there are plenty of opportunities on offer to upskill our very important volunteers. Please encourage the people in your Centre to take up these opportunities. It was great to see the Good Sports workshop get underway at Papakura Netball Centre – there are resources available to help anyone that wants to know more about this important area.

We are pleased to launch an extended Scouting Group this season. We are calling for Expressions of Interest for representatives who would like to be part of the Northern Zone scouting group. The objective of this group would be to identify players with the potential to play performance and high-performance netball in the future. More details can be found later in the newsletter. Please encourage any interested people to put their name forward.

Good luck for the season ahead – I look forward to seeing the courts filled with happy people and giving netball their best.

Please do get in touch if you need support or assistance from the Zone team. We are here to help!

Phil Vyver

CEO

FROM OUR BOARD

Thank you to everyone who joined us online for the Northern Zone AGM on Monday, 25 March. Some updates from the meeting:

- Phil presented a review of the year and highlighted our progress on the targets in our strategy. There were some
 really strong achievements of which we are proud: such as winning the ANZ Premiership, engaged media presence,
 and strong representation in performance pathways. There are also some areas we continue to work on, such as
 our drive towards 50,000 (currently 44,425) in a competitive environment and aiming to collaborate to grow the
 amount of funding for netball.
- We were able to report a break-even financial result for the year, maintaining our equity. We have in conjunction
 with Centre board chairs reset our reserves target to \$215,000, which we aim to work towards over the next three
 years with the aim of improving our resilience, while at the same time supporting and enhancing Centres
 resilience.
- Two new Zone Service Award recipients were acknowledged for their enthusiastic, valuable, and dedicated service
 to our Zone. Congratulations and thank you: Louise Houltham and Carollynn Frew!! See the pictures below of
 these two wonderful people!
- Sulu Fitzpatrick and Anna Richards (previously co-opted) were elected to the Northern Zone board. Raewyn Henry
 will continue as Netball Northern Zone Patron. We acknowledged and farewelled Maria Sopoaga and Lynette Gubb
 from our Board team, both of whom have contributed their unique perspectives, in a thoughtful and considered
 manner and they will be missed.
- We look forward to spending time with you in person on 5 May at the Centre engagement workshop, prior to the MG Mystics vs Pulse game at The Trusts Stadium. Please mark the date in your diary, with details to come soon.

On a different topic, I have been involved in a couple of project groups with a facilities focus, both of which I hope will support good decision-making on facilities investment, particularly in Auckland where there is a critical shortfall in sport and particularly indoor court facilities. Sport NZ will shortly release its updated national strategy on indoor sport and active recreation facilities and I commend Aktive for the focused approach to lobby for facilities funding and to update a prioritised list of projects across our region.

It is now Northland's turn to advocate for continued support for facilities with a proposal in the Northland Regional Council Long Term Plan 2024-2034 to stop the Northland Sporting Facilities rate – read more about this further below.

We wish you all the best for the coming season!

Mary, Board Chair



We recognised the supreme contribution made by Bev Douglas who was acknowledged with a Netball NZ Life Membership – we can't think of anyone more deserving!

NORTHERN ZONE SERVICE AWARDS

Louise Houltham

- Respected member of the Northern
 Zone Bench Officials team for many years
- Nationally qualified bench official since 2002
- Officiating for National League games, ANZ Premiership games in and at National and Regional tournaments in our Zone.
- International Tests for NNZ where Northern Zone were responsible for the volunteers.
- Long involvement with Netball
 North Harbour as an official



Carollynn Frew

- Respected member of the Northern Zone Bench Officials team for many years
- Nationally qualified bench official since 1998
- Officiating for National League games, ANZ Premiership games in and at National and Regional tournaments in our Zone.
- International level test matches, two Netball World Cups and one Commonwealth Games (Manchester)
- Service Award recipient at HPNC in 2014



NORTHLAND REGIONAL COUNCIL

FUNDING FOR SPORTING FACILITIES AT RISK!!

Northland Regional Council Long Term Plan 2024-2034 - Public Consultation

Please see below from Sport Northland:

Kia ora all, We need your help!

Northland Regional Council (NRC) have recently released their draft Long Term Plan (2024-2034) in which funding contributions to both the emergency services and sporting facilities are proposed to be withdrawn and redirected back into other council business. Sport Northland does not support this proposal and is encouraging all Northlanders to make their voices heard and submit feedback on this important decision.

The final LTP needs to include the continuation of the Northland Regional Sporting Facilities Rate, ensuring a dedicated funding stream focused on priority projects, providing a secure future for the development of quality Northland Sporting Facilities.

Sport Northland also recognise the critical role emergency services play in our communities, therefore we strongly encourage you, and your friends and whanau to submit their feedback in support of Option 3 (Continue to fund both the Emergency Services and the Regional Sporting Facilities Rate).

Sport Northland have an information pack that provides some background on the rate and how to make a submission which you can access from our website:

https://www.sportnorthland.co.nz/newsarticle/139196?newsfeedId=1386684

We encourage you to read this, make a submission and encourage you to share as widely as possible.



CENTRE STORIES

Bay of Islands Netball Centre - Netball is On

After a rocky start to the 2024 year, it is super exciting to see BOINC hold a full attendance AGM and fill all roles on their committee for the upcoming year.

After consultation with their membership, all netball will move to a Thursday – fantastic to see locally-led initiatives actioned to meet the needs of their community.

Here is message from new President = Dallas King...

Kia ora tātou,

Here is our committee for 2024 along with an opening pānui.

Importantly, on behalf of the committee I want to thank those who served on our BOINC Committee in 2023 and acknowledge the work you all did to keep our game and our centre going! Ngā mihi tino nui ki a koutou.

I look forward to seeing you all in the first week of May, and if you can think of some way you might like to tautoko our centre, its operations, and its success please do get in touch.

Nāku iti noa, na

Dallas



Bay of Islands NC is committed to supporting Northland Netball to ensure a pathway and development opportunities for their players, coaches, and umpires. Northland Netball will field an Under18 team for Netball NZ National Tournament with five of six Northland centres now committed. Watch the website and Facebook page for Trial dates coming soon... https://www.sporty.co.nz/northlandnetball/home-1

GOOD SPORTS

CLM and Northern Zone delivered a Good Sports Korero and Kai kindly hosted by Papakura Netball Centre on Thursday 21st March.

Intended as a collaboration for our Counties Manukau Centres the objective was to create a consistent message and actions to promote all things Good Sports.

With engaging, energetic netballers from Papakura, Waiuku and Auckland netball Centres and ably facilitated by Mack from CLM it was a valuable and productive evening.

We discussed what Centres are currently doing well, what are the key success areas for Good Sports as both a Centre and a Coach and spent time brainstorming key messages that could be created into a Good Sports Tagline.

It was identified rangatahi voice was needed hence Centres have taken the messaging back to their communities to engage youth in the creation of the messaging.

The aim is to have a tagline or Good Sports message – maybe a series of hashtags – that Centres can all use. This creates consistency across messaging which will have greater impact being heard many times over.

The group present were fully engaged and enthusiastic to keep momentum flowing on this project and have agreed to meet again in June. We welcome other Centres to join the party!



To contact Mack at CLM: Mack Cammock Mack@clmnz.co.nz

CLM: https://www.clmnz.co.nz/clm-community-sport/

Don't forget you can access Good Sports Resources via Aktive and Netball New Zealand:

Aktive: https://aktive.org.nz/what-we-do/good-sports/

Netball NZ: https://www.netballnz.co.nz/netball-nz/community/good-sports.html

SCOUTING GROUP

Netball Northern Zone is calling for Expressions of Interest for representatives who would like to be part the Northern Zone scouting group.

The objective of this group would be to identify players with the potential to play performance and high-performance netball in the future.

Scouts would part of a group who attend tournaments and competitions within the Northern Zone region. This could be:

- At your local netball centre; in the school or club competition.
- At representative tournaments held in the Northern Zone.
- At and school tournaments held in the Northern Zone.

Further opportunities to scout include:

- The National U18 tournament
- The National Open Age tournament
- Regional Secondary Schools Championship (UNISS)
- National Netball League (NNL) matches.

Scouts will be provided with professional development about the Northern Zone scouting philosophy and process and given the opportunity to contribute to the succession planning for the Northern Zone region.

The scouting group would share the load and the initial step can be as simple as collecting information about players from your local netball centre.

We are looking for people who are interested in talent identification, and have any of the following attributes:

- Want to learn more about scouting.
- Coached or are currently coaching.
- Played at an elite level and may be coaching.
- Understand athlete development is progressive and takes time.
- Willing to look outside of here and now. E.g. can look at a player and see their potential to be great in the future (with time and training)
- Willing to work collaboratively with zone and other netball centres to build a database of understanding about Northern Zone players.
- Is open minded, will listen to diverse thinking, and share their honest opinion.

If this sounds like you, please register your interest by sending an email saying why you are interested, along with a brief CV, to athletelead@netballnorthern.co.nz by April 17, 2023.

REP TOURNAMENT DATES 2024

Auckland Region		Northland Region	
Centre	Date	Centre	Date
Waitakere	19 th May		
Pukekohe	26 th May		
Auckland	9 th June	Northern Wairoa	9 th June
North Harbour	16 th June		
Papakura	23 rd June	Mangonui	23 rd June
		Kerikeri	28 th July
		Whangarei	4 th August

A reminder that all Auckland Region tournament play 2 x 40minute games. There are no rep teams for Year 7 and 8 these are participation teams (Festival Days), and students of Year 7/8 age should not be playing in Under14 rep teams.

NETBALLSMART

In our recent NetballSmart sessions with student coaches at multiple high schools, we delved into the core principles behind the NetballSmart warm-up, emphasizing the crucial 'why' behind each exercise. Beyond just going through the exercises, we aimed to instil a deeper understanding of the importance of proper warm-up routines in injury prevention and performance enhancement. It was important for the student coaches to understand this so they can pass the knowledge down to their players.

Additionally, we addressed the significance of practicing jumping and landing techniques in pre-game activities, equipping the coaches with essential skills to impart to their teams. Through interactive activities and practical demonstrations, the session created a learning environment ensuring that these future coaches left equipped with both knowledge and practical tools to elevate their teams' performance. Overall, it was a rewarding experience, and the engagement and of the student coaches made the sessions successful.

If you have student coaches that need support with coaching their teams for the 2024 season, please don't hesitate to contact us.

Amelia: netballsmart@netballnorthern.co.nz Katie: netballsmartdo@netballnorthern.co.nz







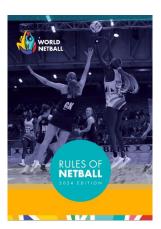


UMPIRES

New Rules Workshops

The new rules workshops throughout the Zone are chugging along with many players, coaches, umpire, umpire coaches and club delegates attending. It's been great to see the mix of people coming along to learn about the rule changes and clarifications.

So far, we have completed 25 workshops with over 680 participants and I'm sure there is much more informal learning happening through the videos and resources available!



Netball Northern Umpire Development Group 2024

We are excited to announce our Netball Northern Umpire Development Group for 2024.

The umpire performance vision for Netball Northern is to continuously produce umpires that are capable of being selected for and performing well at Netball NZ national events; and to feed into Netball NZ High Performance Squads and Talent Identification programmes.

Selection is based on current performance and potential to develop, availability to attend National and Zone events and trainings, and a desire by the umpire to progress their umpiring into the performance space.

Umpires who are selected at any level must:

- Be open to learning and being stretched.
- Show an ability to self-reflect.
- Demonstrate competent understanding of umpire techniques and effective application of game management.
- Demonstrate the ability to engage with umpire coaches.
- Show potential to progress on the umpire pathway.
- Display positive role modelling and professionalism both on and off the court.
- Develop and/or maintain a level of fitness for the appropriate level.

Congratulations to the following umpires that have been selected by the Netball Northern Umpire Selector Group:

Kian Manilal Al Fox

Gemma Groenewald Maia Cavanagh
Kira Morrison Keyle Brown
Caitlin Edwards Greer Thomas

Niamh Galligan

We wish them all the best in their development this year.

<u>Community of Support – Zone Umpire Coach Group</u>

It was great to get our new Community of Support underway for our Counties Zone Umpire Coach Group recently. The purpose of this group is to create a Community of Support for umpire coaches in the Counties Cluster and to develop their skills in umpire coaching together as they lead their own development.

The umpire coaches opened themselves up to talk about their strengths and development areas and have made a plan on how this group can work together over the season. It is awesome to see umpire coaches leading their own development and wanting to challenge themselves in the coaching space.

New Umpire Coach Developers

It was great to have our CD Hui in March for new coach and umpire coach developers. We had five new UCDs join us for a fun day of learning and development that they can take back with them to support umpire coaches in their area. Umpire Coach Developers support our umpire coaches through workshops, observations, and formal and informal development.

New Umpires - Kerikeri Pre-season

Kerikeri Netball Centre held a pre-season tournament on 24th March with many intermediate and high school teams taking part. It was a great day and an awesome opportunity to get many new umpires on court for the first time with support from their umpire coaches. These new umpires built their confidence throughout the game and welcomed coaching and discussions afterwards, they all came off the court with a smile and looking forward to their next game.

Nice work Kerikeri Netball Centre on an awesome day for everyone!

Umpire Advisory Group

As mentioned last month, the Groups initial action is to form a full picture of the state of umpiring across the Zone. Please find attached link to survey to aid the collection of background information on Centre practices, payment of umpires being how much and by whom and process undertaken.

We look forward to receiving feedback from as many Centre key volunteers in the umpire space as possible to allow the Group to build a comprehensive view of umpiring across our Zone.

The survey takes only 4 minutes!!

Survey Link: https://www.surveymonkey.com/r/69HQVM7

Umpire Watch List Coach – Expressions of Interest

Northern Zone is calling for Expressions of Interest to fulfill the role of Watchlist Umpire Coach.

The role of the Watchlist Umpire Coach is to develop performance habits for the Watchlist Umpires, aiding their ability to transition to the Umpire Performance space. The Watchlist Umpire Coach works alongside and collaboratively with the Watchlist Umpire's local coach.

The Watchlist Umpire Coach is invited to attend the NNZ Watchlist Umpire Camp and be part of the Umpire Coach panel for NNZ Celebration Box under 18 National Championships.

Northern Zone, and NNZ, are seeking a Watchlist Coach who themselves have a view to long-term growth and will engage with the available development opportunities that present with being appointed a Watchlist Umpire Coach.

Northern Zone currently has two (2) umpires in the Netball NZ Umpire Watchlist group. Northern Zone aspires to grow this number of umpires over time.

Expressions of Interest are currently open and close on Friday 5th April 2024 and can be made by completing the Expression of Interest Form (emailed to Centres on Thursday 28th March) and along with an Umpire CV email to karyne.ross@netballnorthern.co.nz

COACH DEVELOPER TRAINING

Picture this – a crew of coach developer newbies gathered on a sunny Sunday, eager to crack the code on how to rock workshops for coaches – be they player coaches or umpire coaches.

The day was a whirlwind of laughter and brainstorming, as we cooked up zany ways to jazz up our coaching sessions. We dived into the secrets of L.E.A.R.N.S. and the Loch Ness Model, building from this and in doing so learnt how to make epic burgers and master the art of paper-plane making.



Icebreakers became our new BFF's, reflecting like Pros and we even uncovered the magic of different questioning styles. The feedback was a hit: a blast of learning in a safe space, mingling with fellow enthusiasts, and feeling pumped to take on that first module.

A huge shoutout to our rockstar coach developers who spent their Sunday to level up their coaching game, and to our fantastic trainers Rachel Browne-Cole, Leah Lazarus, and Bri Valgre, who made this day a total blast! We say thank you for our team from the Zone – our friendly umpire lead Sharleen, coach lead Tanz and the extraordinaire coach developer Rob.



COACHING

Congratulations to those coaches who completed the NETBALL NEW ZEALAND COMMUNITY COACH AWARD LEVEL 1 AWARDS .

The following coaches were busy over summer holidays completing Netball New Zealand online modules on sport tutor that went toward the achieving the Netball New Zealand Community Coach Awards.

Netball New Zealand Community Coach Award Level 1		
Julie Christensen	Papakura Netball	
Nicky Maera	Howick Pakuranga Netball	
Sera Wright	Netball North Harbour	
Sala'a Lologa	Papakura Netball	
Michelle Engelbrecht	Papakura Netball	

To achieve the Community Coach Awards Level 1 you are required to complete the Sport Tutor online modules as well as the practical components at a workshop. They include Player Centered Coaching, Attack, Defence, Building Effective Relationships, Selecting, Skills Analysis, Shooting, Team Culture, Planning, Learning to Umpire and Netball Smart Modules.

The modules are designed to ensure we take a holistic approach to coaching and physical literacy. What to coach? is helpful, but 'how to coach' is what really makes an impact. If you would like support, new ideas, on how to be an effective coach come along to a Community Coach Workshop.

Workshops take place regularly throughout the zone and are usually promoted on the Zone and Centre Websites, monthly newsletters, and Facebook page. Before you know it, you too could obtain your Netball New Zealand Community Coach Award!

Check out CCA1 workshops coming up at Howick Pakuranga later this month...



THE BENEFITS OF WORKING TOGETHER

Papakura and Howick Pakuranga Netball Centre Coach Developers recently came together to facilitate the NNZ Community Coach Award Level 1 Modules.





On Saturday the 2nd of March; Coach Developers' Serena Kafalava from PNC, and Denise Haulter and Kylee Long from HPNC, delivered the following modules: Player Centered Coaching, Team Culture, Building Effective Relationships, Skills Analysis, and Shooting. These modules took place at Papakura Netball Centre.

On the following Sunday the 10th of March, they delivered the remaining CCA 1 modules which included: Defence, Attack, Planning and Selecting ... at Howick Pakuranga Netball Centre. Over these two days they had up to 18 coaches attend from Waiuku to the Northshore, 4 coaches completed the NNZ Community Coach Award and 6 just need to complete the Sport Tutor online modules to achieve this award.

Advantages of a collaborative model when delivering the modules is that you have support from all the coach developers, they share the load when delivering which means you get an energetic, lasting, passionate coach developer who doesn't run out of steam by the end of the day. Coaches get to hear different stories, experiences, and different perspectives. The Coach Developers bring their own style of facilitating, which provides a different vibe. We all agree variety is the spice of life.



Here are what the coaches said about the two days of workshops:

"Lots of knowledge in the room, great to get to work with other coaches from other centres, great tips, ideas & new activities, enjoyed both weekends, Thanks so much"

Ko te manu e kai ana I te miro nonā te ngahere. Ko te manu e kai ana I te mātauranga nonā te ao

The bird that consumes the miro berry owns the forest. The bird that consumes knowledge owns the world.



MG MYSTICS

The ANZ Premiership is back and nothing compares to the atmosphere of a live MG Mystics home game – it's the best entertainment in town!

Take your pick of ticket options – either select and secure your seat in our Allocated Gold Zone OR find a seat on the day with our General Admission Blue Zone tickets.

Join our Mystics Nation, secure your tickets now and be 'Be the Crowd' – we'll see you there!

https://www.northernmystics.co.nz/tickets-2024/https://www.northernmystics.co.nz/tickets-2024/



WITH THANKS TO OUR FUNDERS AND PARTNERS...



































NORTHERN ZONE COMMUNITY TEAM

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