

COMMUNITY NEWSLETTER

SEPTEMBER 2023



A big congratulations to all our Centres for getting through another winter netball season! A season far less disrupted than we have seen in recent years – although with possibly far more rain than is usual!

The weather disruptions certainly make the Auckland Facilities Plan refresh even more important as we look to future proof our sport. For those Centres in Auckland, I hope you have taken the time to respond to the request for information. Anita from Visitor Solutions is continuing in the background with this piece of work, and we will provide a full update in the coming weeks.

Last month I attended the Howick Pakuranga Netball Centre 60th Jubilee. What a great event, with many wonderful netball people all in the same room, reminiscing about the game. The fashion parade of netball clothing through the years was a highlight, as was listening to Silver Ferns Phoenix Karaka and Amelia Walmsley.

The Good Sports project and the general behaviour of parents and spectators has been in the spotlight recently. You may well have read the articles “confessions of a netball dad” in the NZ Herald which are certainly worth a read. Certainly shows we have work to do in our sport to make it as an enjoyable experience as possible for all participants.

It was great to see the “positive vibes” campaign at UNISS. A really great job to keep the positive energy front and centre and to remind people how best to support!

We look forward to hosting the National Secondary School finals at Trusts Arena in early October. The best from around the country will be there, in what will no doubt be a closely contested event. There is not much that separates the top schools in Auckland, that is for sure!

This week the NetballSmart Netball NZ Open Championships are being held down in Dunedin. Good luck to the participating Centres and the Counties Cluster team of course. We hope it is a great event for all involved.

Closer to home we look forward to hosting another Centre Forum in October. Please complete the survey that has been sent out recently. This will help to inform what we discuss and to make the most of your valuable time.

As we head into Christmas (yes I said it!), if there is anything we can do to help at your Centre then please reach out.

Phil Vyver
CEO

NORTHERN ZONE COMMUNITY TEAM – PERSONNEL UPDATES

Netball Smart Development Officer – Katie Adamson

Katie returns to the Development Officer role she vacated 12 months ago. Katie has spent a year playing professional volleyball in Europe, representing NZ Volley Ferns on their international tour to Chile and amongst it all visiting some bucket list places!

Katie is full on back into it with attending UNISS and AIMS, followed in a couple of weeks by NZ Secondary Schools tournament. As we head into the off-season, as part of Northern Zone community team planning we will be discussing allocation of Development Officers to Centres, and will advise Centres in due course.

If you have an upcoming event or would like support from NetballSmart do not hesitate to contact Katie netballsmartDO@netballnorthern.co.nz. or Amelia netballsmart@netballnorthern.co.nz

Katie in action for the Volley Ferns



Umpire Development Officer, Auckland – Briana Valgre

It is with sadness and excitement that we advise Briana has taken a new role with the National Foundation for Deaf and Hard Hearing as the Programme and Communications Coordinator.

Bri joined the Northern Zone Community Team in January 2022. She has had a significant and positive impact in evolving umpire development across our Auckland regional Centres during her tenure. Bri was appointed to the Netball NZ Youth Board and has taken the lead on establishing the inaugural Northern Zone Youth Advisory Group.

This is a great opportunity for Bri to add to her kete of skills, continue mahi that has positive impact on communities, and provide another career avenue outside of sport. Bri's last day will be 29th September, however she is not totally lost to netball as will continue to lead the Zone Youth Advisory Group and enjoy umpiring at Howick Pakuranga Netball Centre.

Manurewa Netball Centre – Media Italia Tipelu

Northern Zone wish you and your whanau all the very best. We have enjoyed working alongside you and the Manurewa team, watching you grow the Centre and connections with your community.

NOTIFICATION OF GENERAL MANAGER RESIGNATION

The Board of Netball Manurewa (NM) wishes to inform our members, community & stakeholders that we have sadly accepted the resignation of our General Manager, Italia Tipelu.

Italia joined NM in February 2017, and has been instrumental in steering the organisation into a new operational era, doing so with compassion, determination, dedication and humility.

Some of Italia's key contributions to NM have been:

- Successfully leading organisational change from Executive Committee to Board of Directors
- Re-achieving Incorporated Society status
- Streamlining the annual audit process
- Streamlining technology including financial systems & media
- Diversifying income streams, by promoting and increasing facility hire, sponsorship & funding
- Introducing annual budgets & forecasting
- Collaboration with other local organisations, building solid relationships and networks
- Creation of paid development position(s) to deliver netball development to the community
- Improving and aptly managing NM's relationship with Auckland Council

Italia leaves an outstanding legacy with our organisation and will be sorely missed. Her last day of employment will be Friday, 8th September. We wish Italia, her husband Tai and their five Tamariki all the very best with their new self employment venture.

Netball Manurewa Board
28/08/2023



Netball Northern Zone Youth Advisory Group

Netball Northern Zone are pleased to announce our first Zone Youth Advisory Group. The Netball Northern Zone Youth Advisory Group (NNZone YAG) is set up to inform and consult with Netball Northern Zone and key stakeholders on various aspects of netball in the Northern Zone and how they affect young people.

This may include, but are not limited to:

- Providing youth perspective on a range of issues at a Zone level
- Discussing any issues/needs relating directly to youth & sport in your Zone and how these can be best addressed
- Providing an opportunity for authentic youth voice and bring the NNZone YAG to life
- Providing Youth with an opportunity for leadership experience

Northern Zone is excited to have six members on the YAG currently, spanning across 6 different centres:

- | | |
|------------------------|--|
| • Jacinta Moors-Lemana | Whangarei Netball Centre |
| • Arisa Parr – Whalley | Netball North Harbour |
| • Sophia Kaifa | Auckland Netball Centre / Waitakere Netball Centre |
| • Sheila McDonald | Auckland Netball Centre |
| • Logan Assink | Howick Pakuranga Netball Centre |
| • Tyler Campbell | Waiuku Netball Centre |

We look forward to seeing what this group can achieve and will share success stories as they arise.

Waiuku Netball Centre – futureFERNs finals day

What a fabulous final day. It was fantastic to see so many young players developing their netball skills and seeing their confidence grow each week. We look forward to welcoming everyone back to Waiuku Netball Centre next year!! The effort made by so many to add tinsel and tutus amongst many other colourful extras added to the festivities. #futureFERNs #LetsPlayTheGame #fitnessfunfriendship



Howick Pakuranga Netball Centre 60th Diamond Jubilee

On behalf of the current Staff and Executive it was our pleasure and honour to welcome past and present members to Howick Pakuranga Netball Centre's 60th Diamond Jubilee. It was a fantastic opportunity to celebrate our sport within our Netball Community and reconnect with the many staff, players and volunteers that have contributed to our Centre in so many ways.

From 1963 to 2023 the Centre has seen many changes both with facilities and the way we play our game. We have a big variety of offerings of netball in the way of Walking netball, Boys netball, No Limits, futureFERNs, Player Development Programs, Representative Program, Summer League as well as our main league on a Saturday.

Covid hit and changed the world a few years ago and with the rising cost of living and lack of funding we are facing a hardship not seen in a very long time. We are not only challenged financially but are also lacking in volunteer time due to different priorities in people's lives since Covid. The 60th celebration was a timely reminder to us all as we reminisced and shared our experiences and memories at HPNC as to why Netball and our facility is important.

I know personally I have met many new friends through playing and volunteering at the Centre and have reconnected with old rivals on the court from back in my school days throughout the years. The Centre gives many of us a sense of belonging, friendships and a lifelong love of the game. To uphold and continue the legacy that those before us have left is one that everyone of us should not take for granted.

A big thank you to our past and present staff, volunteers and clubs for your continued support, time and energy with everything that you give and do for Howick Pakuranga Netball Centre.



SouthWest Zone Boys' Netball Tournament

The SouthWest Zone Boys' Netball Tournament held at the Mangere Otahuhu Netball Courts on Tuesday, 8th August, proved to be an inspiring display of resilience and skill. Rain and high winds may have tried to dampen spirits, but the boys and the umpires showed unwavering determination to make the event a success.

This tournament brought together 12 schools from across the Mangere Otahuhu area, fostering a sense of community and sportsmanship. The Mangere Otahuhu Netball Club deserves a special thank you for generously providing their facilities and leading the umpiring efforts, ensuring a well-organized and smoothly run competition.

What stood out the most was the remarkable level of skill demonstrated by these young male athletes. The netball matches were intense, showcasing precision passes, strategic plays, and agile manoeuvres that kept the spectators on the edge of their seats. The commitment and teamwork displayed by these boys were truly commendable.

This tournament should serve as an inspiration to more boys to embrace netball and other non-traditional sports. It challenges stereotypes and encourages inclusivity in the world of sports. Despite the adverse weather, it was heartening to see these boys rise above the elements and compete with spirit and enthusiasm.



UMPIRES

Congratulations NNZ Open Champs Northern Umpires



Congratulations to the Northern Umpires, Kira Morrison and Zak Middleton from Netball North Harbour, who have been selected by Netball NZ for the 2023 NetballSmart NNZ Open Champs from 5th – 9th September in Dunedin.

We hope you have a great tournament.

Umpire Theory Passes 2023

Netball NZ provides online learning and examinations as pre-requisites for Umpire Awards. We have had a large number of umpires sitting their Zone and NZ Theory exams this year with many of them progressing to achieve their practical award as well. It's great to see so many umpires developing on their pathway.

Congratulations to the following umpires on their Theory passes.

Zone Theory Passes

Massive Congratulations to Maia Hunter who achieved 100%!

Caron O'Grady	Stacey Benioni	Dasha Galiyeva	Bridget Keen	Elysia Russell	Anna Jung
Logan Assink	Katy Taylor	Donna Kaipo	Katharine Hamilton	Emma Wilson	Murray
Alanah Vinson	Kelly Ayres	Keely Paul	June Ubritzky	Emma Mackrell	Gardiner
Pyper Buxton	Rebekah Smith	Leanna Alhasheme	Neve McErlain	Juri Lee	Maia Hunter
Rishi Kasireddy	Louisa Emile	Summer Martin	Roxanne Adams	Karen Poutai-	
Chloe Hii	Sophie Theis	Wiremu Te	Sandy McGivern-	Struginski	
Daisy Taylor	Lavinia Pile	Rongomau	Butler	Keira Webster	
Heather Cleghorn	Neha Singh	Atawhai Heta	Creole Wallace	Nicola Black	
Imogen Forrester	Nicole Jackson	Bridie McErlain	Kayla Sutton	Rebecca Taupo	
Margaret Hills	Sophie Mander	Cara Jackson	Lauren Lockwood	Daniel Bristol	
Nadija Davidson	Estelle Thompson	Saphron Rakete	Sasha Bosch	Stevie-Raye	
Samantha Holdsworth	Mia Montgomerie	Tracey Briggs	Trish Harkins	Rawaho-Ball	
Sonja Heydenrych	Alana Heswall	Aneta Kingi		Tina Ball	

New Zealand Theory Passes

Massive Congratulations to Sean McGinity who achieved 100%!

Kylie Cox	Hope Dufty
Jade Jennings	Kim Marriner
Amanda Johnson	Pearl Neighbour
Ashleigh Gilmour	Saane Abbott
Eleanor Cato	Samantha
Emily Freestone	George
Emily Kershaw	Sean McGinity
Emily Amey	Suzanne Joynt
Tania Lewis	Serena Kafalava

NZ Herald Article: An open letter from an umpire to players and supporters

It's a dark cold night as I say goodbye to my children and my husband to go and take part in netball, the sport I love. I will miss them and the guilt of not being at home with them engulfs me once more.

But I love the sport I've chosen because I know I can always improve. I'm not at the top of Everest, I don't think any athlete like me ever will be. We are forever evolving, learning, sympathising, reflecting. How could we have done better? How could we have prepared better? Did I make the right call? I wish I hadn't called that. Oh no! that was an error (I'm going to try harder next time). Such is the life of an umpire or referee in your sport.

For so many who stand on the sideline as spectators, I think most of them are too afraid to pick up a whistle for the exact reason I have outlined. That they will be ridiculed, harassed, heckled, laughed at, shouted at, or spoken about behind their backs during or after the game.

But hey, guess what? I'll let you in on a little secret... we are human, just like you. Have you ever made a mistake before? We strive to give 100 per cent every time, we strive to be fair and to officiate in the spirit of the game, to the best of our ability. But sometimes one or both teams believe us to have different intentions. Like we're out to rob them.

Can I let you in on another secret? We really aren't. We're there to serve our community in a task that is rarely wanted to be undertaken by a spectator. Often the most experienced player will balk at the idea of having to umpire or referee a game. Go on – ask them! I think it might scare them to think they might get it wrong.

Yet umpires and referees turn up each week with their battle armour on, mentally preparing, physically preparing... trying to fill the position of those very few willing to do so. We cop it from players, from the sideline. But the worst of it – and most tragic of all – we cop it from ourselves when we return home reflecting on the job we all volunteered to do. We are our worst critic.

We analyse everything after a game: our mistakes, from the smallest comment to the filthiest of looks. But we still turn up the following week to do it all over again.

Do you know why? Because we love the sport we've chosen. It is challenging and rewarding; we learn every time we go out on the court or field – just like the players. Each game is like a dictionary filling us with new knowledge that we can apply to our next game. How can we improve? What should we have done, or done better? And each and every time ... resolving to be better. We already know. We don't need to hear it from you.

'What happens if all umpires and referees just stop?' But sadly, I'm at the end of my tether, I don't know if I can continue; they (the players) don't like my decisions. Maybe I should stop?

But what happens if all umpires and referees just stop? What if we all put our whistles away for the very last time? What will the players do then? Who will control the game? Will the players just work it out with a friendly discussion or maybe do paper-scissors-rock over every single decision?

You may think it's just your game and the umpire or referee in that game that is affected by your comments. But it's every game after that that makes volunteers like me consider choosing another sport, a sport less conflicting, with more praise and still the same reflection and drive we all crave in sport.

Please, next time you think to provide your opinions to an umpire or referee calls, think about who you might want to control the game you play (or spectate) in one, five or 10 years time. Is it going to be you? Perhaps, because no one else dare to take the court or field as an official in your presence?

I've seen so many of us come and go. Worn down by the constant scrutiny of the players and the sideline. Don't let this weekend's appearance by officials in that game you play or watch be the last of another official to the sport we all love. Enough is enough.

Love. Support. Cherish. All those involved in the game. It's just that, a game.

NETBALLSMART

Whilst the season is drawing to a close there have been so many awesome events happening across the Zone.

NetballSmart recently attended the Field Days tournament in Whangarei and although the weather wasn't ideal all the teams were out in the rain giving their best efforts. Whangarei Netball centre set up a NetballSmart court on court 1 where teams could come and do activities, warm-ups, and recovery if needed. NetballSmart ran Mass warmups throughout the day which proved very popular for the year 7&8 teams. The first warm-up of the day had 6 teams involved which really brought the energy.

Northern Wairoa were especially keen learners, they did 3 warm-ups with us and improved each time. Seeing young athletes take control of their own warm-ups is great to see and will set them up to become great athletes in the future.

We had players coming up and asking great questions and taking the NetballSmart warm-up into their own hands. Getting young players to understand the warm-up and how it is going to reduce their chance of injury as well as improve their performance is vital.



NetballSmart is heading along to AIMS games and we can't wait to see all of the awesome warm-ups the teams are doing and chatting with the teams to educate them on becoming better athletes.

If you need any support from NetballSmart please don't hesitate to email our development officers via netballsmart@netballnorthern.co.nz

COACH

Diligent, Dedicated, Growth Mindset Coaches.

Congratulations to Luke Gillies of Pukekohe Netball Centre who has completed the Netball New Zealand Community Coach Award level 2; and congratulations to Jody McCort also of Pukekohe Netball Centre who has recently been accepted into the Netball New Zealand Performance Coach Qualification Programme! (PCQ). An outstanding achievement by both coaches!

There are two parts to achieving the NNZ Community Coach Award Level 2: You first need to complete all the CCA 1` modules both online ad practical components and include:

Player Centered Coaching, Planning, Team Culture, Shooting, Building Effective Relationships, Skills Analysis, Attack & Defence Modules

The Community Coach Award Level 2 also requires you to complete online and practical components. They include, ***Developing Physical Literacy, Introduction to Mental Skills, Through-court, Tournament Planning, Centre Pass on Attack and Defence, Circle Work, Introduction to Game Analysis, and a practical coach observation as well as the online Netball Smart and Umpire Modules.***

Learning is an ongoing process and to those coaches that want to continue to GROW, Netball New Zealand also offer the Performance Coach Award.

To apply to this programme, coaches need to have completed the NNZ CCA modules or CCQ and you are required to have completed a minimum of two observations at a competency level or higher.

Coaches also need to provide a written testimonial from a player, your Centre and be endorsed by your Zone. Without doubt it is challenging, however it is doable as Jody has proven. She has demonstrated dedication, diligence, and determination to Netball, and we are very grateful to her.

The Northern Zone is dedicated to supporting you on your coaching journey. We encourage you to take part in the various learning opportunities that are taking place around the Zone.

If you have any questions, please do not hesitate to contact us here at the Northern Zone – Auckland.coach@netballnorthern.co.nz or farnorth@netballnorthern.co.nz .

Luke Gillies in action



Mangonui Netball Centre – Coach Korero

Mangonui Netball Centre has been running Coach Korero sessions over the month of September. Estelle and Rhonda co delivered a series of workshops and to gain interest marketed the Community Coach Modules as questions to Coaches - Brilliant follow on from the Coach Developer Hui session on marketing!

- Want to connect better with your team and understand them more? - Player Centered Coaching, Team Culture, Building Effective Relationships Modules.
- Want players driving more and defensive strategies? - Attack & Defense Modules.
- Want better skills and "drills" for your team? - Skills Analysis, Shooting Modules & Teaching Games For Understanding.
- How to plan your strategies for 2024 and how to select - Planning & Selecting Modules.

This initiative has effectively gained interest and created a coach group excited to learn with like-minded individuals.

Check out some of the feedback from some coaches and well done Mangonui thinking outside of the box!!

Feedback from a coach who has attended:

"I am already recommending it to another school, of course a 10/10 An impressive course dealing with an holistic style of coaching which I do know will be beneficial for players after all it is all about the player and not me lol".

"No the thanks are from me to you and the little community coaches in our group for understanding my old skool style of coaching while walking with me to follow a pathway that empowers our players in allowing them to share in the control of being a player.

"Old coaches like me do find change hard but I do know it is for the best for our kids. We totally enjoyed our session and are totally looking forward to the next 1 with open minds and the willingness to adapt."

COACH KORERO



TUES 8TH 6:30 PM	Want to connect more with your team and understand them better?
TUES 15TH 6:30 PM	Want your players driving more and defensive strategies?
TUES 22 6:30 PM	Want better skills and drills for your team?
TUES 29TH 6:30 PM	How to plan your strategies for 2024 and how to do selections.

AUGUST

Netball Northern Zone Coach Squad

Netball Northern Zone is excited to work with 19 coaches who have been confirmed to join our new Coach Squad initiative, following submission of an Express of Interest.

Netball Northern Zone are undertaking work in the transition space with a focus on coaches. The transition space is the stepping-stone and link between community and performance. In the coaching sense it is envisaged to build an active group of coaches who are currently coaching at Premier club or Secondary School, U18 or Opens Representative, or NNL level, who aspire to higher honours, are coaching ANZ Premiership players in their club teams, or have a desire and mindset of continuous learning. The Coach Squad will help identify and establish a foundation base of coaching needs within our Zone.

This initiative extends some of the connection work this year that provided opportunities for Coaches to experience ANZP level training sessions, and engage coaches in completing the CCA1 and CCA2 Netball NZ Coach qualifications.

Community Coach Observation Workshop – February 2023



The Netball Northern Zone Coach Squad will be provided with opportunities to engage with Zone led coach sessions with MG Mystics coaching personnel, Zone led NNL level programs like the NZEPP program, Zone led Development Days and any other coaching initiatives that arise. It is envisaged the Coach Squad will provide peer to peer support and mentoring and complete a Personal Development Plan for the 2024 season.

The Coach Squad will be convened by Netball Northern Zone Coach Lead, Tania Heap, who can be contacted on auckland.coach@netballnorthern.co.nz

Rodney Netball Centre workshops

On a sunny Saturday afternoon after a busy morning of netball, 8 dedicated coaches from Rodney Netball Centre took time out of their busy lives to attend a Coaching Workshop.

These coaches ranged from newbies to experienced and enjoyed the process of sharing their own ideas and working on their own personal development in the coaching space.

We covered a typical training session, how to ask effective questions to encourage players to problem solve and think deeper. We looked at how to make training fun and engaging. We learnt several different attacking skill activities, and we had the opportunity to coach each other which proved to be lots of fun and in true netball style very competitive. We also explored how to ADAPT activities to meet the needs of our players.



Some feed back from the coaches comprised:

'Awesome workshop so many ideas to take back to our club.' *'Informative, fun and a great use of time'.* *'Fab way to look at ideas, loved it.'*

Marketing your Workshop

It's time to be innovative and creative to encourage coaches to attend. Mangonui's Korero example, Rodney's bright, informative and inviting flyer and Howick Pakuranga questioning flyer all provide some different options. These workshops, whilst marketed and delivered informally, meet the learning outcomes of CCA1 modules. This means coaches that attend actually complete the CCA module which is a great way to informally engage coaches in the Coach Framework.



If you would like to take part in a coaching workshop, please look at our monthly coach calendar, or contact your Centre direct.

Coaching Support Calendar

Includes NNZ Community Coach (CCA), Netball Smart and Foundation future Ferns Modules as well as other valuable netball workshops. Find the Netball Centre near you. **Everyone Welcome!!!**

Sport Tutor

<http://www.sporttutor.nz/netballnz>

Netball NZ (NNZ) Online Learning is designed for everyone involved in Netball including coaches, umpires, volunteers, and players. Find your favourite Netball modules and resources as well as discover new learning experiences. Explore training in leadership, injury prevention, performance enhancement, coaching tools/tips for all age groups, umpiring and more.

Northern Zone Centre Pass and Through Court - Attack & Defence

Facilitated by the Mystic's Coaches Tia Winikerei & Rob Wright

Venue: Netball Waitakere

31 – 35 Te Pai Place

Waitakere

Date: 21st October, Saturday

Time: 12pm to 2.30pm

Register link: <https://www.sporty.co.nz/viewform/253041>

Papakura Netball Centre

<https://www.papakuranetball.org.nz/>

<https://www.papakuranetball.org.nz/CoachingNetballSmart/Coaching>

Shooting & Circle Work, Building Effective Relationships

23rd September 10am to 1pm

Howick Pakuranga Netball Centre

<https://www.hpnc.org.nz/>

Lloyd Elsmore Park, 451 Pakuranga Rd, Pakuranga P: 09 534 7571

Saturday 30th September

8.30am Player Centred Coaching

10am Building Effective Relationships

11.45am Shooting

1.30pm Skills Analysis

2.30pm Selecting

Sunday 1st October

8.30am Team Culture

12pm Defence

1.45pm Planning

Auckland Netball Centre

<https://www.aucklandnetball.co.nz/>

<https://www.aucklandnetball.co.nz/coaches/futureferns-coach-workshops>

ANC, Alison Ferguson Drive, St Johns

Future FERNS Y6 Transition to 7 aside Workshop

13th September 6-7pm

CENTRE FORUM

At our last Engagement Sessions Centres indicated they would like to have a Centre Forum this year. To ensure we land on the most suitable date and valuable content please complete the survey below.

We strongly encourage all Centres to invite not just committee and staff, but key convenors and volunteers involved in the many areas of delivering netball to your communities.

<https://www.surveymonkey.com/r/FX8T83S>

The survey is open for 2 weeks closing 19th September. Thanking you all for engaging and connecting.

WITH THANKS TO OUR FUNDERS...

