

A large, stylized netball is the central focus of the image. It is rendered in a dark grey color with white lines representing the panels. Overlaid on the netball are several large, semi-transparent circles in various colors: a blue one at the top left, a dark red one at the top right, a dark green one at the bottom left, and a dark blue one at the bottom right. The background is solid black.

**NETBALL NORTHERN ZONE**

**ELITE PERFORMANCE PROGRAMME**

*PREPARING INDIVIDUALS FOR THE HIGH PERFORMANCE NETBALL ENVIRONMENT*

**BEKO**



# TONIGHT

**NZEPP Selection / Non-Selection**

**BEKO Selection**

**Training Partners**

**Secondary School Athletes**

**NZEPP and BEKO fees**

**Testing 7.30pm**

**Yoyo**

**Vertical Jump**

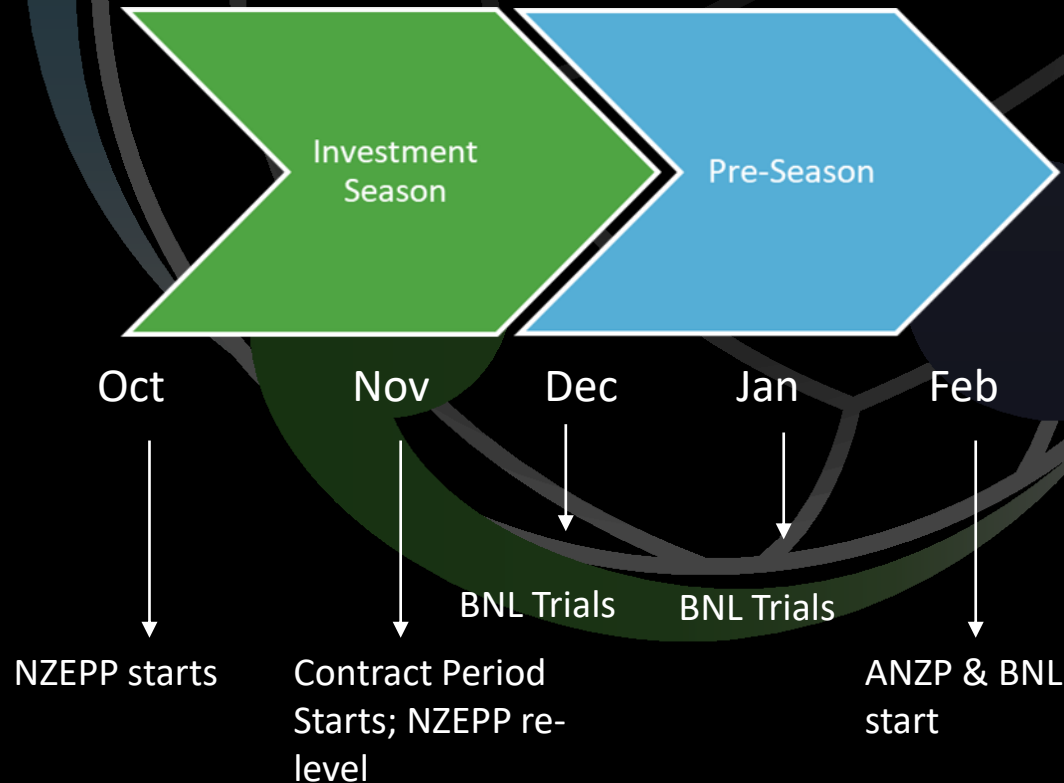


# NZEPP SELECTION/NON-SELECTION

**Block 1 – ends Nov 18**

**Block 2 – 19 Nov – 22 Dec**

**Block 3 – 7 Jan – 2 March**



# NZEPP LEVEL

ANNUAL

- Level 1 \$200
- Level 2 \$200
- Level 3 \$50

Letters by Sunday 18 November



# NZEPP QUESTIONS



A large, stylized netball is the central focus of the image. It is rendered in a dark grey color with a grid of lines representing the ball's panels. Overlaid on the netball are several large, semi-transparent circles in various colors: a blue circle at the top left, a dark red circle at the top right, a dark green circle at the bottom left, and a dark blue circle at the bottom right. The background is solid black.

**NETBALL NORTHERN ZONE**

**ELITE PERFORMANCE PROGRAMME**

*PREPARING INDIVIDUALS FOR THE HIGH PERFORMANCE NETBALL ENVIRONMENT*

**BEKO**



# BEKO

## What has changed?

One Pool of trialists to Two Pools of trialists

Marvels and Comets will **trial separately on the same days**



# BEKO

## Why has this changed?

2017-2018 feedback and reflection

Build teams year upon year

Navigating Auckland & Performance Readiness





# BEKO SELECTION CRITERIA

- **Part of NZEPP (ANY LEVEL)**
- **Express Interest in trialling**
- **Selection Panel determine eligibility**



# BEKO SELECTION CRITERIA

- **Contracted Training Partners**
- **Apprentice Training Partners**
- **Secondary School Aged Athletes**
- **Athletes who need exemption**
  - ANZ quarters
  - Secondary School



# BEKO SELECTION AREAS

Stage 1

Stage 2

Stage 3



# BEKO SELECTION

## STAGE 1

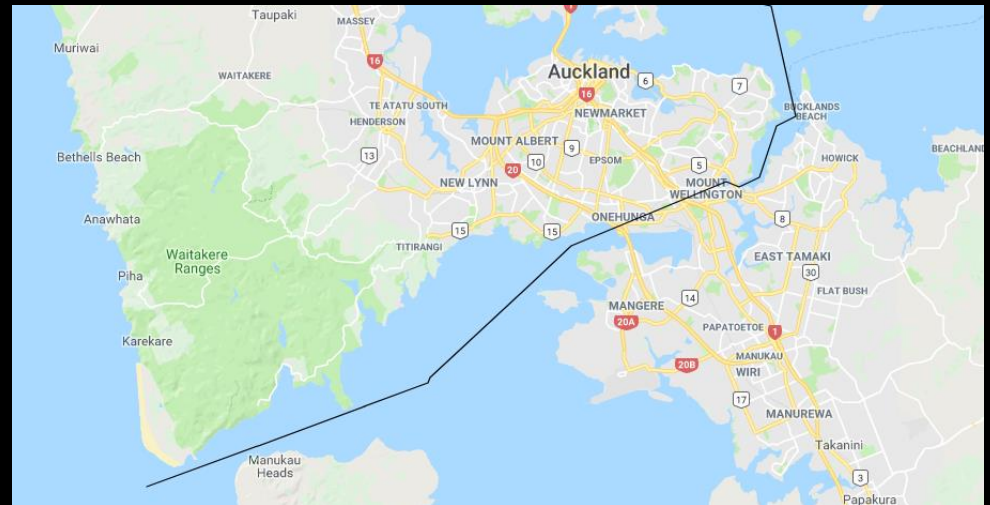
- Trials December 5
- Up to 10
- Will include TPs
- Will be named
- All continue NZEPP Training



# BEKO SELECTION

## STAGE 2

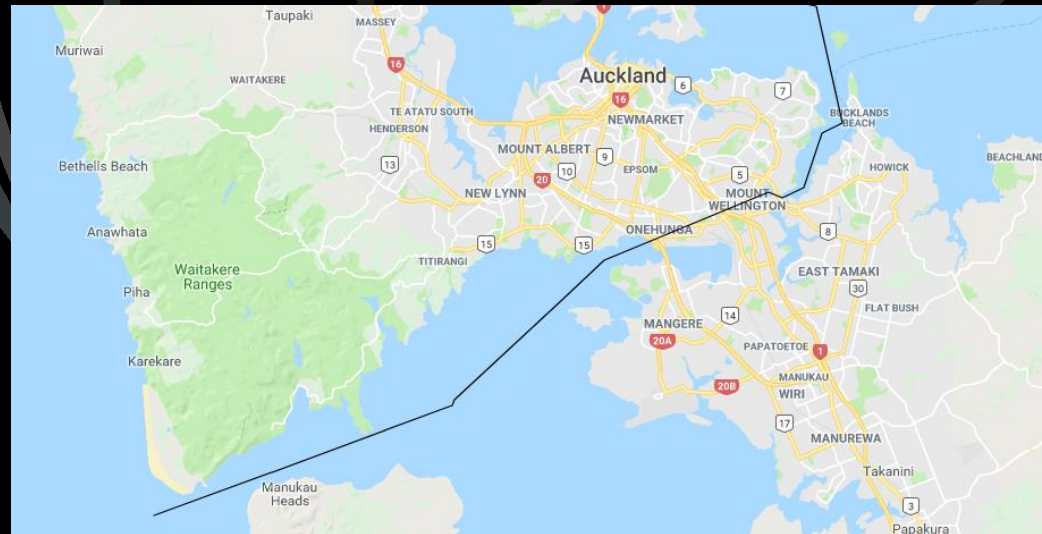
- Before 14 January
- Up to 4
- Coach initiated
- Performance Managed
- Independent Selection Panel
- Individual Consultation



# BEKO SELECTION

## STAGE 3

- Trial 16 & 19 January
- Total of: up to 16
  - Injury
  - Readiness dependent



What about the rest of us?



# WHAT DOES BEKO COST?

**\$200**



# BEKO QUESTIONS

