



**NETBALL
NORTHERN**

ELITE PERFORMANCE PROGRAMME

Athlete Calendar

Venue West: Trust Arena, 65-67 Central Park Drive							
Venue South: Papakura and Manurewa Netball Centres							
Monday 7-9pm	Session Type	Wednesday 6.30-9pm	Session Type	Thursday TBC	Session Type	Sunday TBC	Session Type
November							
		1	Testing (Trusts Arena)			5	Testing (Bruce Pulman Park 2pm -4pm)
6	Athlete Intro (Trusts)	8	Screening & F5*** (Trusts Arena)				
13	Athlete Life 1 (Papakura NC)	15	Skills & F5*** (Trusts & Manurewa)				
20	Athlete Life 1 (Trusts)	22	Skills & F5*** (Manurewa & Off-site Conditioning)				
27	Athlete Life 2 (Papakura NC)	29	Skills & F5*** (Manurewa & Off-site Conditioning)				
December							
4	Athlete Life 2 (Trusts)	6	Skills & F5*** (Trusts & Manurewa)				
11	Athlete Life 3 (Papakura NC)	13	Skills & F5*** (Trusts & Manurewa)				
18	Athlete Life 3 (Trusts)	20	Fast 5 and Christmas Party (Trusts)				
25	Christmas Day	27	Independent Program				
January							
1	Independent Program	3	Independent Program				
8	Independent Program	10	Independent Program				
15	Athlete Life 4 (South TBC) Testing (Trusts)	17	Netball Skills and Game Play				
22	Athlete Life 4 (Trusts) Testing (South TBC); National Development Camp (19-22nd Jan)	24	Netball Skills and Game Play				
February							
29	Auckland Anniversary			1	BEKO Trials	3	BEKO Trials

*** Netball Skills & Fast5 - Will be offered at both Trusts and Manurewa Netball Centre
Note: The services and calendar content is still being finalised, but the dates are confirmed.