

ELITE PERFORMANCE PROGRAMME

Coach Calendar Trust Arena, 65-67 Central Park Drive Wednesday Sunday TBC Monday Thursday Session Type (Theory/Planning) Session Type Session Type Session Type ТВС 7-9pm 25 Coaches and Managers Evening Testing 1 Testing (Trusts Arena) (Bruce Pulman Park 2pm -4pm) Screening & F5*** (Trusts Arena) 6 Coach PD 1 (Trusts) 8 Note: 7.30pm - 9.30pm Coach PD 2 Skills & F5*** (Trusts & Manurewa) 13 15 Skills & F5 (Manurewa & off-site 20 Coach PD3 (Trusts) 22 conditioning) Coach PD 4 (Papakura Netball Skills & F5 (Manurewa & off-site 27 29 conditioning) 4 6 Skills & F5*** (Trusts & Manurewa) Coach PD 5 (Trusts) ANZP Coaches Chat (Papakura 11 13 Skills & F5*** (Trusts & Manurewa) Netball Centre) 18 Coach PD 6 (Trusts) 20 Fast 5 and Christmas Party (Trusts) 25 27 Independent Program Christmas Day 1 Independent Program 3 Independent Program 8 Independent Program 10 Independent Program 15 17 Netball Skills and Game Play Testing; National Development 22 24 Netball Skills and Game Play Camp (19-22nd Jan) 29 Auckland Anniversary 1 BEKO Trials 3 BEKO Trials

^{***} Netball Skills & Fast5 - Will be offered at both Trusts and Manurewa Netball Centre Note: The services and calendar content is still being finalised, but the dates are confirmed.