



**NETBALL
NORTHERN**

ELITE PERFORMANCE PROGRAMME

Athlete Calendar

Venue West: AUT North Shore Campus, Trusts Arena, Unitech, Netball Waitakere, Sport Auckland					
Venue South: St Kentigerns, Manurewa, Bruce Pulman Papakura NC					
Monday 6.30pm-9.30pm	Session Type	Wednesday 6.30-9pm	Session Type	Saturday 8.30-11.00am	Session Type
August - Post Season					
	Monday		Wednesday		Saturday
		15	NZEPP Applications Open		
September - Post Season					
	Monday		Wednesday	1	Saturday/Sunday
		12	NZEPP athletes notified of application outcome		NZEPP Applications Close
24		26	Athlete Testing 1	30	Athlete Testing 1 (Sunday 30)
October - Investment Season					
	Monday		Wednesday		Saturday
Block 1 Starts					
8	Athlete Intro Evening	10	Skill Dev/Fast 5 - 1 (AUT & St Kents)		
15		17	Skill Dev/Fast 5 - 2 (Netball Waitakere & St Kents)		
22		24	Skill Dev/Fast 5 - 3 (Trusts & St Kents)		
29		31	Skill Dev/Fast 5 - 4 (Trusts - Halloween Party)		
November - Investment Season					
	Monday		Wednesday		Saturday
				3	
5		7	Skill Dev/Fast 5 - 5 (Trusts & South)		
12	Athlete Testing 2 (Trusts)	14	Skill Dev/Fast 5 - 6 (Trusts & Manurewa)	17	Athletes to be split into 3 Levels
Block 2 Starts					
19	Mental Skills 1 (PNC)	21	Skill Dev (Levels 1, 2&3); (AUT & Manurewa)	24	Game v Mystics (level 1) Skill Dev (Levels 2 & 3) (UNITEC)
26	Mental Skills 1 (Sport Auckland)	28	Skill Dev (Levels 1, 2&3); (AUT & South)		
December - Investment Season					
	Monday		Wednesday		Saturday / Sunday
				1 & 2	Skill Dev (Levels 1, 2 & 3); Sunday 2nd WBOP exchange (AUT Sat; AUT Sun)
3	Mental Skills 2 (PNC)	5	Skill Dev (Levels 1, 2&3); (AUT & Manurewa)	8	Skill Dev (Levels 1, 2 & 3) (Trusts)
10	Mental Skills 2 (Trusts)	12	Skill Dev (Levels 1, 2&3) (AUT & Manurewa)	15	Game v Mystics (level 1) Skill Dev (Levels 2 & 3) (ANC)
17		19	Skill Dev (Levels 1, 2&3) (Trusts & Manurewa)	22	NZEPP Christmas Party (AUT)
January - Pre-Season					
	Monday		Wednesday		Saturday
Block 3 Starts					
7		9	Skill Dev (Levels 1, 2 & 3) (TBC)	12	Skill Dev/ Conditioning (Levels 1, 2&3) (TBC)
14	Testing (TBC)	16	BEKO Trials (Trusts)	19	BEKO Trials (TBC)
21	BEKO Teams announced	23	Skill Dev (Levels 1, 2 & 3) (Trusts)	26	Skill Dev/ Conditioning (Levels 1, 2&3) (Trusts)
28	Auckland Anniversary	30	Skill Dev (Levels 1 2 & 3) (Trusts)		
February - Pre-Season					
	Monday		Wednesday		Saturday
				2	Skill Dev/ Conditioning (Levels 1, 2&3)

ent is still being finalised, but the dates are confirmed.